

# Hawai'i Youth Tobacco Survey (HYTS) 2009 Questionnaire

This survey is about tobacco use. This is NOT a test! It has been developed so that you can tell us what you do that may affect your health. It will help us **develop better tobacco education programs** for young people like you.

DO NOT WRITE YOUR NAME ON THE SURVEY. Your answers will be kept private. **No one will know what you write.** Answer the questions based on what you really think or do.

Taking part in this survey is voluntary. Your grades will not be affected and no one will ever know your answers. If you are not comfortable answering a question, just leave it blank.

The questions about your background will only be used to describe the types of students completing this survey. **The information will not be used to find out your name.** No names will ever be reported.

Make sure to read every question on the survey. Be as honest as you can with your answers. **Use the pencil provided to fill in the circles completely.** When you are finished, sit quietly and follow the instructions of the person giving you the survey.

Mahalo for your help.



**THE FIRST QUESTIONS ASK FOR SOME  
BACKGROUND INFORMATION ABOUT YOU.**

1. How old are you?
  - a. 11 years old or younger
  - b. 12 years old
  - c. 13 years old
  - d. 14 years old
  - e. 15 years old
  - f. 16 years old
  - g. 17 years old
  - h. 18 years old or older
  
2. What is your gender?
  - a. Female
  - b. Male
  
3. What grade are you in?
  - a. 6th
  - b. 7th
  - c. 8th
  - d. 9th
  - e. 10th
  - f. 11th
  - g. 12th
  - h. Ungraded or other grade
  
4. How do you describe yourself?  
(YOU CAN CHOOSE ONE ANSWER OR MORE  
THAN ONE)
  - a. American Indian or Alaskan Native
  - b. Asian
  - c. Black or African American
  - d. Hispanic or Latino
  - e. Native Hawaiian or Other Pacific Islander
  - f. White
  
5. Which one of these groups BEST describes  
you? (CHOOSE ONLY ONE ANSWER)
  - a. American Indian or Alaskan Native
  - b. Asian
  - c. Black or African American
  - d. Hispanic or Latino
  - e. Native Hawaiian or Other Pacific Islander
  - f. White

**THE NEXT QUESTIONS ARE SPECIFIC TO  
HAWAII'.**

6. How do you describe yourself?  
(YOU CAN CHOOSE ONE ANSWER OR MORE  
THAN ONE)
  - a. Black or African American
  - b. Caucasian/White
  - c. Chinese
  - d. Filipino
  - e. Hawaiian/Part Hawaiian
  - f. Japanese
  - g. Pacific Islander
  - h. Other
  
7. Which one of these groups BEST describes  
you? (CHOOSE ONLY ONE ANSWER)
  - a. Black or African American
  - b. Caucasian/White
  - c. Chinese
  - d. Filipino
  - e. Hawaiian/Part Hawaiian
  - f. Japanese
  - g. Pacific Islander
  - h. Other
  
8. What language do you speak mainly at home?  
(CHOOSE ONLY ONE ANSWER)
  - a. English
  - b. Chinese (any dialect)
  - c. Japanese
  - d. Hawaiian
  - e. Ilocano or Tagalog
  - f. Spanish
  - g. Other
  
9. Which answer BEST describes where you  
were born?
  - a. I was born in Hawai'i
  - b. I was born in the United States outside of  
Hawai'i
  - c. I was born in another country
  - d. I don't know
  
10. Which answer BEST describes where your  
mother was born?
  - a. My mother was born in Hawai'i
  - b. My mother was born in the United States  
outside of Hawai'i
  - c. My mother was born in another country
  - d. I don't know

**11. Which answer BEST describes where your father was born?**

- a. My father was born in Hawai'i
- b. My father was born in the United States outside of Hawai'i
- c. My father was born in another country
- d. I don't know

**12. During the last 4 weeks, about how much money did you have each week to spend any way you want to?**

- a. None
- b. Less than \$1
- c. \$1 to \$5
- d. \$6 to \$10
- e. \$11 to \$20
- f. \$21 to \$50
- g. More than \$50

**THE NEXT GROUP OF QUESTIONS ASKS ABOUT TOBACCO USE.**

<b>Cigarette Smoking</b>
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**13. Have you ever tried cigarette smoking, even one or two puffs?**

- a. Yes
- b. No

**14. How old were you when you smoked a whole cigarette for the first time?**

- a. I have never smoked a whole cigarette
- b. 8 years old or younger
- c. 9 or 10 years old
- d. 11 or 12 years old
- e. 13 or 14 years old
- f. 15 or 16 years old
- g. 17 years old or older

**15. About how many cigarettes have you smoked in your entire life?**

- a. None
- b. 1 or more puffs but never a whole cigarette
- c. 1 cigarette
- d. 2 to 5 cigarettes
- e. 6 to 15 cigarettes (about ½ a pack total)
- f. 16 to 25 cigarettes (about 1 pack total)
- g. 26 to 99 cigarettes (more than 1 pack but less than 5 packs)
- h. 100 or more cigarettes (5 or more packs)

**16. During the past 30 days, on how many days did you smoke cigarettes?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

**17. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?**

- a. I did not smoke cigarettes during the past 30 days
- b. Less than 1 cigarette per day
- c. 1 cigarette per day
- d. 2 to 5 cigarettes per day
- e. 6 to 10 cigarettes per day
- f. 11 to 20 cigarettes per day
- g. More than 20 cigarettes per day

**18. During the past 30 days, what brand of cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER)**

- a. I did not smoke cigarettes during the past 30 days
- b. I do not have a usual brand
- c. Camel
- d. Marlboro
- e. Newport
- f. Virginia Slims
- g. GPC, Basic, or Doral
- h. Some other brand

**19. Are the cigarettes you usually smoke menthol cigarettes?**

- a. I do not smoke cigarettes
- b. Yes
- c. No

**20. During the past 30 days, what brand of menthol cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER)**

- a. I did not smoke cigarettes during the past 30 days
- b. I did not smoke menthol cigarettes during the past 30 days
- c. I do not have a usual brand
- d. Kool
- e. Marlboro Menthol
- f. Newport or Salem
- g. Generic Menthol, for example, USA
- h. Some other brand

**21. During the past 30 days, how did you usually get your own cigarettes? (CHOOSE ONLY ONE ANSWER)**

- a. I did not smoke cigarettes during the past 30 days
- b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
- c. I bought them from a vending machine
- d. I gave someone else money to buy them for me
- e. I borrowed (or bummed) them from someone else
- f. A person 18 years old or older gave them to me
- g. I took them from a store or family member
- h. I got them some other way

**22. During the past 30 days, where did you buy the last pack of cigarettes you bought? (CHOOSE ONLY ONE ANSWER)**

- a. I did not buy a pack of cigarettes during the past 30 days
- b. A gas station
- c. A convenience store
- d. A grocery store
- e. A drugstore
- f. A vending machine
- g. I bought them over the Internet
- h. Other

**23. When you buy cigarettes, do you usually buy them individually, by the pack, or by the carton?**

- a. I do not buy cigarettes
- b. Individually (loose cigarettes)
- c. By the pack
- d. By the carton

**24. During the past 30 days did you buy any cigarettes from a lunch wagon or manapua truck vendor?**

- a. I did not buy any cigarettes in the past 30 days
- b. Yes
- c. No

**25. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?**

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, someone refused to sell me cigarettes because of my age
- c. No, no one refused to sell me cigarettes because of my age

**26. In the area where you live, do you know of any places that sell single or loose cigarettes?**

- a. Yes
- b. No

**27. During the past 30 days, on how many days did you smoke cigarettes on school property?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

**28. When was the last time you smoked a cigarette, even one or two puffs?**

- a. I have never smoked even one or two puffs
- b. Earlier today
- c. Not today but sometime during the past 7 days
- d. Not during the past 7 days but sometime during the past 30 days
- e. Not during the past 30 days but sometime during the past 6 months
- f. Not during the past 6 months but sometime during the past year
- g. 1 to 4 years ago
- h. 5 or more years ago

**29. How long can you go without smoking before you feel like you need a cigarette?**

- a. I have never smoked cigarettes
- b. I do not smoke now
- c. Less than an hour
- d. 1 to 3 hours
- e. More than 3 hours but less than a day
- f. A whole day
- g. Several days
- h. A week or more

**30. Do you want to stop smoking cigarettes?**

- a. I do not smoke now
- b. Yes
- c. No

**31. During the past 12 months, did a doctor, dentist, nurse, or other health professional ask you if you smoke?**

- a. Yes
- b. No
- c. Don't know / not sure

**32. During the past 12 months, did a doctor, dentist, nurse, or other health professional advise you not to smoke?**

- a. Yes
- b. No
- c. Don't know / not sure

**33. Has a doctor or nurse ever told you that you have asthma?**

- a. Yes
- b. No
- c. Not sure

**34. Do you still have asthma?**

- a. I have never had asthma
- b. Yes
- c. No
- d. Not sure

**35. How many times during the past 12 months have you stopped smoking for one day or longer because you were trying to quit smoking?**

- a. I have not smoked in the past 12 months
- b. I have not tried to quit
- c. 1 time
- d. 2 times
- e. 3 to 5 times
- f. 6 to 9 times
- g. 10 or more times

**36. When you last tried to quit, how long did you stay off cigarettes?**

- a. I have never smoked cigarettes
- b. I have never tried to quit
- c. Less than a day
- d. 1 to 7 days
- e. More than 7 days but less than 30 days
- f. 30 days or more but less than 6 months
- g. 6 months or more but less than a year
- h. 1 year or more

<b>Smokeless Tobacco: Chewing Tobacco, Snuff, or Dip</b>
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**37. Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Bechnut, Skoal, Skoal Bandits, or Copenhagen?**

- a. Yes
- b. No

**38. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

**39. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

**Betel Nut and Tobacco**

**40. Have you ever chewed betel nut with tobacco?**

- a. Yes
- b. No

**41. During the past 30 days, on how many days did you chew betel nut with tobacco?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

**Cigars**

**42. Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?**

- a. Yes
- b. No

**43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

**Pipes**

**44. During the past 30 days, on how many days did you smoke tobacco in a pipe?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

**THE NEXT QUESTIONS ARE ABOUT BIDIS (OR "BEEDIES") AND KRETEKS (ALSO CALLED "CLOVE CIGARETTES"). BIDIS are small brown cigarettes from India consisting of tobacco wrapped in a leaf tied with a thread. KRETEKS are cigarettes containing tobacco and clove extract.**

**45. Have you ever tried smoking any of the following?**

- a. Bidis
- b. Kreteks
- c. I have tried both bidis and kreteks
- d. I have never smoked bidis or kreteks

**46. During the past 30 days, on how many days did you smoke bidis?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

**THE NEXT QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO.**

**47. Do you think that you will try a cigarette soon?**

- a. I have already tried smoking cigarettes
- b. Yes
- c. No

**48. Do you think you will smoke a cigarette at anytime during the next year?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**49. If one of your best friends offered you a cigarette, would you smoke it?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**50. In the past 12 months, how often have your parents or guardians discussed the dangers of tobacco use with you?**

- a. Never
- b. Rarely
- c. Sometimes
- d. Often
- e. Very often

**51. Out of 100 students in Hawai'i, at your grade level, how many do you think smoke cigarettes?**

- a. 0–10
- b. 11–20
- c. 21–30
- d. 31–40
- e. 41–50
- f. 51 or more

**52. Do you think young people who smoke cigarettes have more friends?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**53. Do you think smoking cigarettes makes young people look cool or fit in?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**54. Have you ever participated in a program to help you quit using tobacco?**

- a. I have never used tobacco
- b. Yes
- c. No

**55. How would you prefer getting information on smoking or tobacco use?**

- a. In person
- b. Over the telephone
- c. From written handouts or brochures
- d. On the internet

**56. During this school year, were you taught in any of your classes about the dangers of tobacco use?**

- a. Yes
- b. No
- c. Not sure

**57. During this school year, did you practice ways to say NO to tobacco in any of your classes (for example by role-playing)?**

- a. Yes
- b. No
- c. Not sure

**THE NEXT QUESTIONS ASK ABOUT EVENTS YOU MAY HAVE ATTENDED OR WHAT YOU HAVE SEEN ON TV, AT THE MOVIES, OR ON THE INTERNET.**

**58. During the past 12 months, have you participated in any community activities to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?**

- a. Yes
- b. No
- c. I did not know about any activities

**59. Have you heard of REAL, Hawai'i's Youth Against Tobacco?**

- a. Yes
- b. No
- c. Not sure



**60. Are you a member of REAL?**

- a. Yes
- b. No
- c. Not sure

**61. During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking?**

- a. Not in the past 30 days
- b. 1–3 times in the past 30 days
- c. 1–3 times per week
- d. Daily or almost daily
- e. More than once a day

**62. During the past 30 days, did you see or hear any anti-tobacco advertising on any of the following?  
(YOU CAN CHOOSE ONE ANSWER OR MORE THAN ONE)**

- a. Advertising on walls or on kiosks, shopping centers, or malls
- b. TV ads
- c. Radio ads
- d. Aloha Stadium
- e. A bus
- f. Parking lots
- g. On-screen ads in movie theaters
- h. Print ads (e.g., Sassy, Honolulu Weekly)

**63. When you watch TV or go to movies, how often do you see actors using tobacco?**

- a. I don't watch TV or go to movies
- b. Most of the time
- c. Some of the time
- d. Hardly ever
- e. Never

**SOME TOBACCO COMPANIES MAKE ITEMS LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS, HATS, JACKETS, AND SUNGLASSES THAT PEOPLE CAN BUY OR RECEIVE FREE.**

**64. When you go to a convenience store, Mom & Pop store, or gas station, how often do you see advertisements for cigarettes, chewing tobacco, or snuff on items like sporting gear, t-shirts, hats, sunglasses, lighters, or ashtrays that have tobacco names or pictures on them?**

- a. I never go to convenience stores, Mom & Pop stores, or gas stations
- b. A lot
- c. Sometimes
- d. Never

**65. Would you ever use or wear something that has a tobacco company name or picture on it such as a lighter, t-shirt, hat, or sunglasses?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO TOBACCO USE.**

**66. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?**

- a. 0 days
- b. 1 or 2 days
- c. 3 or 4 days
- d. 5 or 6 days
- e. 7 days

**67. Which of these best describes the rules about smoking inside the house where you live? Smoking is...**

- a. Never allowed inside my home
- b. Allowed only at some times or in some places
- c. Always allowed inside my home

**68. Which of the following best describes the rules about smoking inside the vehicle you drive or ride in the most? Smoking is...**

- a. Never allowed inside the vehicle
- b. Sometimes allowed inside the vehicle
- c. Always allowed inside the vehicle

**69. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?**

- a. 0 days
- b. 1 or 2 days
- c. 3 or 4 days
- d. 5 or 6 days
- e. 7 days

**70. What do you think employers should do about smoking in indoor areas in places where people work? Employer should...**

- a. Never allow smoking in places where people work
- b. Allow smoking only at some times or in some places
- c. Always allow smoking in places where people work

**71. Which of these best describes smoking where you work? Smoking is...**

- a. I do not have a job
- b. Never allowed where I work
- c. Allowed but only at some times or in some places
- d. Always allowed where I work

**72. On how many of the past 7 days did you breathe the smoke from someone who was smoking in the place where you work?**

- a. I do not have a job
- b. I have a job but did not work in the past 7 days
- c. 0 days
- d. 1 to 3 days
- e. 4 to 6 days
- f. all 7 days

**73. Now think about indoor public places such as malls, movie theaters, clubs, or restaurants. Which of these best describes what you think about smoking in indoor public places? Smoking should...**

- a. Never be allowed in indoor public places
- b. Be allowed in indoor public places but only at some times or in some areas
- c. Always be allowed in indoor public places

**74. Do you think the smoke from other people's cigarettes is harmful to you?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**75. How many of your four closest friends smoke cigarettes?**

- a. None
- b. One
- c. Two
- d. Three
- e. Four
- f. Not sure

**This completes the survey.  
Thank you very much for your time.**