

## 2007

# Behavioral Risk Factor Surveillance System Questionnaire

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## **Behavioral Risk Factor Surveillance System 2007 Questionnaire**

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# Interviewer's Script

information abo with assistance	calling for the <u>(health department)</u> . My name is <u>(name)</u> . We are gathering out the health of <u>(state)</u> residents. This project is conducted by the health department of the Centers for Disease Control and Prevention. Your telephone number has been ally, and I would like to ask some questions about health and health practices.
Is this <u>(phon</u>	te number) ?  If "no,"  Thank you very much, but I seem to have dialed the wrong number. It's possible that you number may be called at a later time. STOP
Is this a private	residence?  If "no,"  Thank you very much, but we are only interviewing private residences. STOP
Is this a cellula	r telephone?
Read only if n	ecessary: "By cellular telephone we mean a telephone that is mobile and usable outside of your neighborhood".
	If "yes," Thank you very much, but we are only interviewing land line telephones and private residences. STOP
	omly select one adult who lives in your household to be interviewed. How many members old, including yourself, are 18 years of age or older?
	Number of adults
	If "1," Are you the adult?
	If "yes," Then you are the person I need to speak with. Enter 1 man or 1 woman below (Ask gender if necessary). Go to page 5.
	If "no," Is the adult a man or a woman? Enter 1 man or 1 woman below. May I speak with [fill in (him/her) from previous question]? Go to "correct respondent" on the next page.
How many of the	nese adults are men and how many are women?
	Number of men
	Number of women
The person in y	your household that I need to speak with is
	If "you," go to page 4



## To the correct respondent:

HELLO, I am calling for the <u>(health department)</u>. My name is <u>(name)</u>. We are gathering information about the health of <u>(state)</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.



## **Core Sections**

I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions, I will provide a telephone number for you to call to get more information.

## Section 1: Health Status

**1.1** Would you say that in general your health is—

(73)

## Please read:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair

Or

5 Poor

## Do not read:

- 7 Don't know / Not sure
- 9 Refused

## Section 2: Healthy Days — Health-Related Quality of Life

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

(74 - 75)

- Number of days
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused



2.2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

(76-77)

- \_ \_ Number of days
- 8 8 None [If Q2.1 and Q2.2 = 88 (None), go to next section]
- 7 7 Don't know / Not sure
- 9 9 Refused
- 2.3 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(78-79)

- \_ Number of days
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

## Section 3: Health Care Access

3.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

(80)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- **3.2** Do you have one person you think of as your personal doctor or health care provider?

If "No," ask: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"

(81)

- 1 Yes, only one
- 2 More than one
- 3 No
- 7 Don't know / Not sure
- 9 Refused
- 3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

(82)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



3.4 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

(83)

- 1 Within past year (anytime less than 12 months ago)
- Within past 2 years (1 year but less than 2 years ago)
- Within past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago
- 7 Don't know / Not sure
- 8 Never
- 9 Refused

## Section 4: Exercise

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(84)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Section 5: Diabetes

5.1 Have you ever been told by a doctor that you have diabetes?

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

If respondent says pre-diabetes or borderline diabetes, use response code 4.

(85)

- 1 Yes
- 2 Yes, but female told only during pregnancy
- 3 No
- 4 No, pre-diabetes or borderline diabetes
- 7 Don't know / Not sure
- 9 Refused



## Section 6: Hypertension Awareness

Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?

(86)

## If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

- 1 Yes
- Yes, but female told only during pregnancy
  No
  Told borderline high or pre-hypertensive
  Don't know / Not sure

  [Go to next section]
  [Go to next section]
  [Go to next section]
- 9 Refused [Go to next section]
- 6.2 Are you currently taking medicine for your high blood pressure?

(87)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Section 7: Cholesterol Awareness

**7.1** Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked?

(88)

- 1 Yes
- 2 No [Go to next section]
  7 Don't know / Not sure [Go to next section]
  9 Refused [Go to next section]
- 7.2 About how long has it been since you last had your blood cholesterol checked?

(89)

## Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

## Do not read:

- 7 Don't know / Not sure
- 9 Refused



7.3 Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high? (90)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Section 8: Cardiovascular Disease Prevalence

Now I would like to ask you some questions about cardiovascular disease.

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes", "No", or you're "Not sure."

**8.1** (Ever told) you had a heart attack, also called a myocardial infarction?

(91)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**8.2** (Ever told) you had angina or coronary heart disease?

(92)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**8.3** (Ever told) you had a stroke?

(93)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



## Section 9: Asthma

9.1 Have you ever been told by a doctor, nurse, or other health professional that you had asthma?

(94)

- 1 Yes
- 2 No [Go to next section]
- 7 Don't know / Not sure [Go to next section]
- 9 Refused [Go to next section]
- 9.2 Do you still have asthma?

(95)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Section 10: Immunization

10.1 A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot?

(96)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- Refused
- 10.2 During the past 12 months, have you had a flu vaccine that was sprayed in your nose? The flu vaccine sprayed in the nose is also called FluMist™.

(97)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- 10.3 A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?
  - (98)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



Have you EVER received the hepatitis B vaccine? The hepatitis B vaccine is completed after the third shot is given.

(99)

## INTERVIEWER NOTE: Response is "Yes" only if respondent has received the entire series of three shots.

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

The next question is about behaviors related to Hepatitis B.

Please tell me if ANY of these statements is true for YOU. Do NOT tell me WHICH statement or statements are true for you, just if ANY of them are:

You have hemophilia and have received clotting factor concentrate

You have had sex with a man who has had sex with other men, even just one time

You have taken street drugs by needle, even just one time

You traded sex for money or drugs, even just one time

You have tested positive for HIV

You have had sex (even just one time) with someone who would answer "yes" to any of these statements

You had more than two sex partners in the past year

Are any of these statements true for you?

(100)

- 1 Yes, at least one statement is true
- 2 No, none of these statements is true
- 7 Don't know / Not sure
- 9 Refused

## Section 11: Tobacco Use

**11.1** Have you smoked at least 100 cigarettes in your entire life?

(101)

## NOTE: 5 packs = 100 cigarettes

- 1 Yes
- 2 No [Go to next section]
  7 Don't know / Not sure [Go to next section]
  9 Refused [Go to next section]



11.2	Do you	ı now smoke cigarettes e	very day, some days, or not at all?	(102)
	1 2 3 7 9	Every day Some days Not at all Don't know/Not sure Refused	[Go to next section] [Go to next section] [Go to next section]	
11.3		the past 12 months, havere trying to quit smoking	e you stopped smoking for one day or longer be ?	ecause (103)
	1 2 7 9	Yes No Don't know / Not sure Refused		
Section 12	: Dem	nographics		
12.1	What is	s your age?		(104-105)
	 0 7 0 9	Code age in years Don't know / Not sure Refused		
12.2	Are yo	u Hispanic or Latino?		(106)
	1 2 7 9	Yes No Don't know / Not sure Refused		(106)
12.3	Which	one or more of the follow	ring would you say is your race? (107-112)	
	(Chec	k all that apply)		
	Please	e read:		
	1 2 3 4 5	White Black or African Americ Asian Native Hawaiian or Oth American Indian or Alas	er Pacific Islander	
	Or			
	6	Other [specify]		



## Do not read:

- 8 No additional choices
- 7 Don't know / Not sure
- 9 Refused

12.4	Which	n one of these groups would you say best represents your race?	(113
	1 2 3 4 5 6	White Black or African American Asian Native Hawaiian or Other Pacific Islander American Indian or Alaska Native Other [specify]	
	Do no	ot read:	
	7 9	Don't know / Not sure Refused	
12.5	the reginal	you ever served on active duty in the United States Armed Forces, either gular military or in a National Guard or military reserve unit? Active duty dele training for the Reserves or National Guard, but DOES include activationale, for the Persian Gulf War.	oes not
			(114
	1 2 7 9	Yes No Don't know / Not sure Refused	
12.6	Are yo	ou?	(115
	Pleas	e read:	
	1 2 3 4 5	Married Divorced Widowed Separated Never married	
	Or		
	6	A member of an unmarried couple	

Do not read:

Refused



12.7 How many children less than 18 years of age live in your household?

(116-117)

- \_ \_ Number of children
- 8 8 None
- 9 9 Refused
- **12.8** What is the highest grade or year of school you completed?

(118)

## Read only if necessary:

- 1 Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years or more (College graduate)

## Do not read:

9 Refused

**12.9** Are you currently...?

(119)

## Please read:

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for more than 1 year
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired

#### Or

8 Unable to work

## Do not read:

9 Refused



## 12.10 Is your annual household income from all sources—

## If respondent refuses at ANY income level, code '99' (Refused)

## Read only if necessary:

- 0 4 Less than \$25,000 **If "no," ask 05; if "yes," ask 03** (\$20,000 to less than \$25,000)
- 0 3 Less than \$20,000 **If "no," code 04; if "yes," ask 02** (\$15,000 to less than \$20,000)
- 0 2 Less than \$15,000 **If "no," code 03; if "yes," ask 01** (\$10,000 to less than \$15,000)
- 0 1 Less than \$10,000 If "no," code 02
- 0 5 Less than \$35,000 **If "no," ask 06** (\$25,000 to less than \$35,000)
- 0 6 Less than \$50,000 **If "no," ask 07** (\$35,000 to less than \$50,000)
- 0 7 Less than \$75,000 **If "no," code 08** (\$50,000 to less than \$75,000)
- 0 8 \$75,000 or more

#### Do not read:

- 7 7 Don't know / Not sure
- 9 9 Refused
- **12.11** About how much do you weigh without shoes?

(122-125)

Note: If respondent answers in metrics, put "9" in column 122.

## Round fractions up

\_\_\_ Weight (pounds/kilograms)

7 7 7 7 Don't know / Not sure (go to 12.15)

9 9 9 9 Refused

**12.12** About how tall are you without shoes?

(126-129)

Note: If respondent answers in metrics, put "9" in column 126.

## **Round fractions down**

\_\_/\_ Height
(f t / inches/meters/centimeters)
7 7 7 7 Don't know / Not sure

9 9 9 9 Refused



12.13 How much did you weigh a year ago? [If you were pregnant a year ago, how much did you weigh before your pregnancy?]

(130-133)

Note: If respondent answers in metrics, put "9" in column 130.

## Round fractions up

\_\_\_\_ Weight (pounds/kilograms)

7 7 7 7 Don't know / Not sure

9 9 9 9 Refused

## CATI note: Subtract weight one year ago from current weight. If weight is same, skip Q12.14.

- **12.14** Was the change between your current weight and your weight a year ago intentional? (134)
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- **12.15** What county do you live in?

(135-137)

\_ \_ \_ FIPS county code 7 7 7 Don't know / Not sure

9 9 9 Refused

**12.16** What is your ZIP Code where you live?

(138-142)

ZIP Code

77777 Don't know / Not sure

9 9 9 9 Refused

Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.

(143)

1 Yes

2 No [Go to Q12.19]

7 Don't know / Not sure [Go to Q12.19]

9 Refused [Go to Q12.19]



12.18	How m	any of these tele	ephone numbers	are residential numbers? (144	4)
	<del>7</del> 9	Residential tele Don't know / No Refused	ephone numbers ot sure	[6 = 6 or more]	
12.19	week o			usehold been without telephone service for 1 ons of telephone service because of weather or (14)	5)
	1 2 7 9	Yes No Don't know / No Refused	ot sure		
12.20	Indicat	te sex of respon	ndent. Ask only	v if necessary.	6)
	1 2	Male Female	[Go to next se	ction] is 45 years old or older, go to next section]	
12.21	To you	r knowledge, are	you now pregna	ant? (147	7)
	1 2 7 9	Yes No Don't know / No Refused	ot sure		
Section 13	: Alco	hol Consum	ption		
13.1	_	the past 30 days r, wine, a malt be	•	at least one drink of any alcoholic beverage suc?	
	1 2 7 9	Yes No Don't know / No Refused	ot sure	[Go to next section] [Go to next section] [Go to next section]	
13.2		the past 30 days		s per week or per month did you have at least (149-15	1)
	7 7 7	Days per week Days in past 30 No drinks in past Don't know / No Refused	) days st 30 days	[Go to next section]	



One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

(152-153)

- Number of drinks
- 7 7 Don't know / Not sure
- 9 9 Refused
- 13.4 Considering all types of alcoholic beverages, how many times during the past 30 days did you have X [CATI X = 5 for men, X = 4 for women] or more drinks on an occasion?

  (154-155)
  - \_ \_ Number of times
  - 8 8 None
  - 7 7 Don't know / Not sure
  - 9 9 Refused
- During the past 30 days, what is the largest number of drinks you had on any occasion? (156-157)
  - \_ \_ Number of drinks
  - 7 7 Don't know / Not sure
  - 9 9 Refused

## Section 14: Disability

The following questions are about health problems or impairments you may have.

Are you limited in any way in any activities because of physical, mental, or emotional problems?

(158)

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused
- Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

(159)

Include occasional use or use in certain circumstances.

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused



## Section 15: Arthritis Burden

The next questions refer to the joints in your body. Please do **NOT** include the back or neck.

During the past 30 days, have you had symptoms of pain, aching, or stiffness in or around a joint?

(160)

- 1 Yes
- 2 No [Go to Q15.4]
- 7 Don't know / Not sure [Go to Q15.4]
- 9 Refused [Go to Q15.4]
- **15.2** Did your joint symptoms first begin more than 3 months ago?

(161)

- 1 Yes
- 2 No [Go to Q15.4]
- 7 Don't know / Not sure [Go to Q15.4]
- 9 Refused [Go to Q15.4]
- **15.3** Have you ever seen a doctor or other health professional for these joint symptoms?

(162)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

(163)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## **INTERVIEWER NOTE:** Arthritis diagnoses include:

- rheumatism, polymyalgia rheumatica
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- carpal tunnel syndrome, tarsal tunnel syndrome
- · joint infection, Reiter's syndrome
- ankylosing spondylitis; spondylosis
- rotator cuff syndrome
- connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)

CATI note: If either Q15.2 = 1 (Yes) or Q.15.4 = 1 (Yes); continue. Otherwise, go to next section.



Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?

(164)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

INTERVIEWER NOTE: If a respondent question arises about medication, then the interviewer should reply: "Please answer the question based on how you are when you are taking any of the medications or treatments you might use."

## Section 16: Fruits and Vegetables

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods **you** eat. Include all foods **you** eat, both at home and away from home.

**16.1** How often do you drink fruit juices such as orange, grapefruit, or tomato?

(165-167)

- 1 \_ \_ Per day
- 2 \_ \_ Per week
- 3 \_ \_ Per month
- 4 \_ \_ Per year
- 555 Never
- 777 Don't know / Not sure
- 999 Refused
- **16.2** Not counting juice, how often do you eat fruit?

(168-170)

- 1 \_ \_ Per day
- 2 Per week
- 3 \_ \_ Per month
- 4 \_ \_ Per year
- 555 Never
- 777 Don't know / Not sure
- 999 Refused
- **16.3** How often do you eat green salad?

(171-173)

- 1 \_ \_ Per day
- 2 Per week
- 3 Per month
- 4 Per year
- 555 Never
- 777 Don't know / Not sure
- 999 Refused



**16.4** How often do you eat potatoes not including French fries, fried potatoes, or potato chips? (174-176)

- 1 \_ \_ Per day
- 2 Per week
- 3 Per month
- 4 \_ \_ Per year
- 555 Never
- 777 Don't know / Not sure
- 999 Refused
- **16.5** How often do you eat carrots?

(177-179)

- 1 \_ \_ Per day
- 2 Per week
- 3 Per month
- 4 \_ \_ Per year
- 555 Never
- 777 Don't know / Not sure
- 999 Refused
- Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? (Example: A serving of vegetables at both lunch and dinner would be two servings.)

  (180-182)
  - 1 \_ \_ Per day
  - 2 Per week
  - 3 \_ \_ Per month
  - 4 \_ \_ Per year
  - 555 Never
  - 777 Don't know / Not sure
  - 999 Refused

## Section 17: Physical Activity

CATI note: If Core Q12.9 = 1 (employed for wages) or 2 (self-employed) then continue. Otherwise, Go to Q17.2.

When you are at work, which of the following best describes what you do? Would you say— (183)

If respondent has multiple jobs, include all jobs.

#### Please read:

- 1 Mostly sitting or standing
- 2 Mostly walking
- 3 Mostly heavy labor or physically demanding work

## Do not read:

- 7 Don't know / Not sure
- 9 Refused



#### Please read:

We are interested in two types of physical activity - vigorous and moderate. Vigorous activities cause large increases in breathing or heart rate while moderate activities cause small increases in breathing or heart rate.

Now, thinking about the moderate activities you do **[fill in "when you are not working" if "employed" or self-employed"]** in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes some increase in breathing or heart rate?

(184)

1 Yes

2	No	[Go to Q17.5]
7	Don't know / Not sure	[Go to Q17.5]
9	Refused	[Go to Q17.5]

17.3 How many days per week do you do these moderate activities for at least 10 minutes at a time?

(185-186)

- \_\_ Days per week
- 8 8 Do not do any moderate physical activity for at least 10 minutes

at a time? [Go to Q17.5]

- 7 7 Don't know / Not sure [Go to Q17.5] 9 9 Refused [Go to Q17.5]
- On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

(187-189)

- \_:\_ \_ Hours and minutes per day
- 777 Don't know / Not sure
- 999 Refused
- Now, thinking about the vigorous activities you do [fill in "when you are not working" if "employed" or "self-employed"] in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

(190)

- 1 Yes
- No [Go to next section]
   Don't know / Not sure [Go to next section]
   Refused [Go to next section]



17.6 How many days per week do you do these vigorous activities for at least 10 minutes at a time?

(191-192)

\_\_ Days per week

8 8 Do not do any vigorous physical activity for at least 10 minutes

at a time [Go to next section]

7 7 Don't know / Not sure [Go to next section]
9 9 Refused [Go to next section]

On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

(193-195)

\_:\_\_ Hours and minutes per day 7 7 7 Don't know / Not sure

999 Refused

## Section 18: HIV/AIDS

## CATI note: If respondent is 65 years old or older, go to next section.

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

(196)

1 Yes

No [Go to next section]
Don't know / Not Sure [Go to next section]
Refused [Go to next section]

**18.2** Not including blood donations, in what month and year was your last HIV test?

(197-202)

NOTE: If response is before January 1985, code "Don't know."

CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

\_\_/\_\_ Code month and year 77/7777 Don't know / Not sure 99/9999 Refused



Where did you have your last HIV test — at a private doctor or HMO office, at a counseling and testing site, at a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else?

(203-204)

- 0 1 Private doctor or HMO office
- 0 2 Counseling and testing site
- 0 3 Hospital
- 0 4 Clinic
- 0 5 Jail or prison (or other correctional facility)
- 0 6 Drug treatment facility
- 0 7 At home
- 08 Somewhere else
- 7 7 Don't know/Not sure
- 9 9 Refused

CATI note: Ask Q.18.4; if Q.18.2 = within last 12 months. Otherwise, go to next section.

18.4 Was it a rapid test where you could get your results within a couple of hours?

(205)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Section 19: Emotional Support and Life Satisfaction

The next two questions are about emotional support and your satisfaction with life.

19.1 How often do you get the social and emotional support you need?

INTERVIEWER NOTE: If asked, say "please include support from any source".

(206)

## Please read:

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never

## Do not read:

- 7 Don't know / Not sure
- 9 Refused



19.2 In general, how satisfied are you with your life?

(207)

#### Please read:

- 1 Very satisfied
- 2 Satisfied
- 3 Dissatisfied
- 4 Very dissatisfied

#### Do not read:

- 7 Don't know / Not sure
- 9 Refused

## Section 20: Gastrointestinal Disease

Now I would like to ask you some questions about diarrhea that you may have experienced and about medical care you sought for your diarrheal illness.

20.1 In the past 30 days, did you have diarrhea that began within the 30 day period? *Diarrhea* is defined as 3 or more loose stools or bowel movements in a 24-hour period.

(208)

- 1 Yes
- 2 No [Go to Core closing statement]
  7 Don't know / Not sure [Go to Core closing statement]
  9 Refused [Go to Core closing statement]
- **20.2** Did you visit a doctor, nurse or other health professional for this diarrheal illness?

**Note:** Do not answer "Yes" if you just had telephone contact with a health professional.

(209)

- 1 Yes
- No [Go to Core closing statement]
   Don't know / Not sure
   Refused [Go to Core closing statement]
- When you visited your health care professional, did you provide a stool sample for testing?

(210)

- 1 Yes
- No [Go to Core closing statement]
   Don't know / Not sure
   Refused [Go to Core closing statement]



# Core Closing Statement or Transition to Modules and/or State-Added Questions

## **Closing statement**

## Please read:

That is my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.

Or

Transition to modules and/or state-added questions

## Please read:

Finally, I have just a few questions left about some other health topics.



## **Optional Modules**

## Module 1: Random Child Selection

CATI note: If Core Q12.7 = 88, or 99 (no children under age 18 in the household, or refused), go to next module.

If Core Q12.7 = 1, Interviewer please read: "Previously, you indicated there was one child age 17 or younger in your household. I would like to ask you some questions about that child." [Go to Q1]

If Core Q12.7 is >1 and Core Q12.7 does not equal 88 or 99, Interviewer please read: "Previously, you indicated there were [number] children age 17 or younger in your household. Think about those [number] children in order of their birth, from oldest to youngest. The oldest child is the first child and the youngest child is the last." Please include children with the same birth date, including twins, in the order of their birth.

CATI INSTRUCTION: RANDOMLY SELECT ONE OF THE CHILDREN. This is the "Xth" child. Please substitute "Xth" child's number in all questions below.

#### **INTERVIEWER PLEASE READ:**

I have some additional questions about one specific child. The child I will be referring to is the "Xth" **[CATI: please fill in correct number]** child in your household. All following questions about children will be about the "Xth" **[CATI: please fill in]** child."

**1.** What is the birth month and year of the "**Xth**" child?

(226-231)

\_\_/\_\_ Code month and year 77/7777 Don't know / Not sure 9 9/ 9 9 9 9 Refused

CATI INSTRUCTION: Calculate the child's age in months (CHLDAGE1=0 to 216) and also in years (CHLDAGE2=0 to 17) based on the interview date and the birth month and year using a value of 15 for the birth day. If the selected child is < 12 months old enter the calculated months in CHLDAGE1 and 0 in CHLDAGE2. If the child is  $\geq$  12 months enter the calculated months in CHLDAGE1 and set CHLDAGE2=Truncate (CHLDAGE1/12).

**2.** Is the child a boy or a girl?

(232)

- 1 Boy
- 2 Girl
- 9 Refused



3.	Is the	child Hispanic or Latino?	(233)
	1 2 7 9	Yes No Don't know / Not sure Refused	
4.	Which	one or more of the following would you say is the race of the child?	(234-239)
	[Chec	k all that apply]	
	Please	e read:	
	1 2 3 4 5	White Black or African American Asian Native Hawaiian or Other Pacific Islander American Indian, Alaska Native	
	Or		
	6	Other [specify]	
	Do no	t read:	
	8 7 9	No additional choices Don't know / Not sure Refused	
CATI note: If	more th	an one response to Q4, continue. Otherwise, go to Q6.	
5.	Which	one of these groups would you say best represents the child's race?	(240)
	1 2 3 4 5 6 7 9	White Black or African American Asian Native Hawaiian or Other Pacific Islander American Indian, Alaska Native Other Don't know / Not sure Refused	



SAQ1. Which one or more of the following would you say is the ethnicity of the child?

(Allow up to 6 choices meaning 12 columns)

(401-412)

- 1 Caucasian (includes European, German, Irish, Italian, English)
- 2 Hawaiian
- 3 Chinese
- 4 Filipino
- 5 Japanese
- 6 Korean
- 7 Samoan
- 8 Black
- 9 American Indian/ Alaska Native/ Eskimo/ Inuit
- 10 Vietnamese
- 11 Asian Indian
- 12 Portuguese
- 13 Guamanian/Chamorro
- 14 Puerto Rican
- 15 Mexican
- 16 Tongan
- 17 Laotian
- 18 Cambodian
- 19 Malaysian
- 20 Fijian
- 21 Micronesian
- 22 Other Asian (specify) Record the specified in **SAQ1\_22** (allow 20: 413-432)
- 23 Other (specify) Record the specified in **SAQ1\_22** (allow 20: 413-432)

## Do not read

- 24 Don't know/ Not sure
- 25 Refuse
- 26 No additional choices

**SAQ2.** Which one of these groups would you say best the child's ethnicity? (433-434)

- 1 Caucasian (includes European, German, Irish, Italian, English)
- 2 Hawaiian
- 3 Chinese
- 4 Filipino
- 5 Japanese
- 6 Korean
- 7 Samoan
- 8 Black
- 9 American Indian/ Alaska Native/ Eskimo/ Inuit
- 10 Vietnamese
- 11 Asian Indian
- 12 Portuguese
- 13 Guamanian/Chamorro
- 14 Puerto Rican
- 15 Mexican
- 16 Tongan
- 17 Laotian
- 18 Cambodian
- 19 Malaysian
- 20 Fijian
- 21 Micronesian



Other Asian (specify) Record the specified in **SAQ2\_22** (allow 15: 435-449)
Other (specify) Record the specified in **SAQ2\_22** (allow 15: 435-449)

Do not read

- 24 Don't know/ Not sure
- 25 Refuse
- 26 No additional choices
- **6.** How are you related to the child?

(241)

## Please read:

- 1 Parent (include biologic, step, or adoptive parent)
- 2 Grandparent
- 3 Foster parent or guardian
- 4 Sibling (include biologic, step, and adoptive sibling)
- 5 Other relative
- 6 Not related in any way

#### Do not read:

- 7 Don't know / Not sure
- 9 Refused

## Module 2: Childhood Asthma Prevalence

CATI note: If response to Core Q12.7 = 88 (None) or 99 (Refused), go to next module.

- 1. Has a doctor, nurse or other health professional EVER said that the child has asthma? (242)
  - 1 Yes
  - 2 No [Go to next module]
  - 7 Don't know / Not sure **[Go to next module]**
  - 9 Refused [Go to next module]
- **2.** Does the child still have asthma?

(243)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



## Module 3: Diabetes

## To be asked following Core Q5.1; if response is "Yes" (code = 1)

1. How old were you when you were told you have diabetes?

(244-245)

- Code age in years [97 = 97 and older]
- 9 8 Don't know / Not sure
- 9 9 Refused
- 2. Are you now taking insulin?

(246)

- Yes 1
- 2 No
- 9 Refused
- 3. Are you now taking diabetes pills?

(247)

- Yes 1
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- 4. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

(248-250)

- Times per day
- Times per week
- Times per month
- 3 \_ \_ \_ 4 \_ \_ 8 8 8 Times per year
- Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused



5.	About how often do you check your feet for any sores or irritations? Include times when
	checked by a family member or friend, but do NOT include times when checked by a
	health professional.

(251-253)

1	Times per day
2	Times per week
3	Times per month
4	Times per year
5 5 5	No feet
8 8 8	Never
777	Don't know / Not sure
9 9 9	Refused

6. Have you ever had any sores or irritations on your feet that took more than four weeks to heal?

(254)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- Refused
- 7. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

(255-256)

- Number of times [76 = 76 or more]
- -8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused
- 8. A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

(257-258)

- Number of times [76 = 76 or more]
- 8 8
- 9 8 Never heard of "A one C" test
- 7 7 Don't know / Not sure
- 9 9 Refused

## CATI note: If Q5 = 555 (No feet), go to Q10.

9. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

(259-260)

- Number of times [76 = 76 or more]
- 8 8 None
- 7 7 Don't know / Not sure
- Refused 9 9



When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

(261)

## Read only if necessary:

- 1 Within the past month (anytime less than 1 month ago)
- Within the past year (1 month but less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 4 2 or more years ago

## Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused
- 11. Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

(262)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- **12.** Have you ever taken a course or class in how to manage your diabetes yourself?

(263)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Module 9: Women's Health

## CATI note: If respondent is male, go to the next module.

The next questions are about breast and cervical cancer.

**1.** A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?

(312)

- 1 Yes
- 2 No [Go to Q3]
- 7 Don't know / Not sure [Go to Q3]
- 9 Refused [Go to Q3]



**2.** How long has it been since you had your last mammogram?

(313)

## Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago

## Do not read:

- 7 Don't know / Not sure
- 9 Refused
- A clinical breast exam is when a doctor, nurse, or other health professional feels the breasts for lumps. Have you ever had a clinical breast exam?

(314)

- 1 Yes
- 2 No [Go to Q5]
- 7 Don't know / Not sure [Go to Q5]
- 9 Refused [Go to Q5]
- **4.** How long has it been since your last breast exam?

(315)

## Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 or more years ago

## Do not read:

- 7 Don't know / Not sure
- 9 Refused
- **5.** A Pap test is a test for cancer of the cervix. Have you ever had a Pap test?

(316)

- 1 Yes
- 2 No [Go to Q7]
- 7 Don't know / Not Sure [Go to Q7]
- 9 Refused [Go to Q7]



6. How long has it been since you had your last Pap test?

(317)

## Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago

## Do not read:

- 7 Don't know / Not sure
- 9 Refused

CATI note: If response to Core Q12.21 = 1 (is pregnant); then go to next module.

**7.** Have you had a hysterectomy?

(318)

Read only if necessary: A hysterectomy is an operation to remove the uterus (womb).

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Module 10: Prostate Cancer Screening

CATI note: If respondent is ≤39 years of age, or is female, go to next module.

Now, I will ask you some questions about prostate cancer screening.

1. A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test?

(319)

- 1 Yes
- 2 No [Go to Q3]
- 7 Don't Know / Not Sure [Go to Q3]
- 9 Refused [Go to Q3]



2. How long has it been since you had your last PSA test?

(320)

## Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years)
- 3 Within the past 3 years (2 years but less than 3 years)
- 4 Within the past 5 years (3 years but less than 5 years)
- 5 5 or more years ago

## Do not read:

- 7 Don't know
- 9 Refused
- A digital rectal exam is an exam in which a doctor, nurse, or other health professional places a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam?

(321)

- 1 Yes
- 2 No [Go to Q5]
  7 Don't know / Not sure [Go to Q5]
  9 Refused [Go to Q5]
- **4.** How long has it been since your last digital rectal exam?

(322)

## Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years)
- Within the past 3 years (2 years but less than 3 years)
- 4 Within the past 5 years (3 years but less than 5 years)
- 5 or more years ago

#### Do not read:

- 7 Don't know / Not sure
- 9 Refused
- **5.** Have you ever been told by a doctor, nurse, or other health professional that you had prostate cancer?

(323)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



## Module 11: Colorectal Cancer Screening

## CATI note: If respondent is <49 years of age, go to next module.

1. A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?

(324)

- 1 Yes
- 2 No [Go to Q3]
- 7 Don't know / Not sure [Go to Q3]
- 9 Refused [Go to Q3]

2. How long has it been since you had your last blood stool test using a home kit?

(325)

## Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

## Do not read:

- 7 Don't know / Not sure
- 9 Refused
- 3. Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?

(326)

- 1 Yes
- No [Go to next module]
   Don't know / Not sure [Go to next module]
- 9 Refused [Go to next module]
- 4. For a sigmoidoscopy, a flexible tube is inserted into the rectum to look for problems. A colonoscopy is similar, but uses a longer tube, and you are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test. Was your MOST RECENT examination called a sigmoidoscopy or a colonoscopy?

(327)

- 1 Sigmoidoscopy
- 2 Colonoscopy
- 3 Something else
- 7 Don't know / Not sure
- 9 Refused



**5.** How long has it been since you had your last sigmoidoscopy or colonoscopy?

(328)

## Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 Within the past 10 years (5 years but less than 10 years ago)
- 5 10 or more years ago

## Do not read:

- 7 Don't know / Not sure
- 9 Refused

## Module 16: Mental Illness and Stigma

Now, I am going to ask you some questions about how you have been feeling during the past 30 days. ..

1. About how often during the past 30 days did you feel **nervous** — would you say **all** of the time, **most** of the time, **some** of the time, **a little** of the time, or **none** of the time?

(358)

- 1 All
- 2 Most
- 3 Some
- 4 A little
- 5 None
- 7 Don't know / Not sure
- 9 Refused
- 2. During the past 30 days, about how often did you feel **hopeless all** of the time, **most** of the time, **some** of the time, **a little** of the time, or **none** of the time?

(359)

- 1 All
- 2 Most
- 3 Some
- 4 A little
- 5 None
- 7 Don't know / Not sure
- 9 Refused



3.	During	g the past 30 days, about how often did you feel <b>restless</b> or <b>fidgety</b> ?	رر
	[If ned	cessary: all, most, some, a little, or none of the time?]	(222)
	1 2 3 4 5 7	All Most Some A little None Don't know / Not sure Refused	(360)
4.		g the past 30 days, about how often did you feel <b>so depressed</b> that nothing coyou up?	ould
	[If ned	cessary: all, most, some, a little, or none of the time?]	(361)
	1 2 3 4 5 7 9	All Most Some A little None Don't know / Not sure Refused	
5.	During	g the past 30 days, about how often did you feel that <b>everything was an effo</b>	r <b>t</b> ?
	[If ned	cessary: all, most, some, a little, or none of the time?]	(362)
	1 2 3 4 5 7 9	All Most Some A little None Don't know / Not sure Refused	
6.	During	g the past 30 days, about how often did you feel worthless?	
	[If ned	cessary: all, most, some, a little, or none of the time?]	(363)
	1 2 3 4	All Most Some A little	

5 7

9

None

Refused

Don't know / Not sure



The next question asks if any type of mental health condition or emotional problem has recently kept you from doing your work or other usual activities.

**7.** During the past 30 days, for about how many days did a mental health condition or emotional problem **keep you from doing** your work or other usual activities?

(364 - 365)

- \_ Number of days
- 88 None
- 7 7 Don't know / Not sure
- 99 Refused

**INTERVIEWER NOTE**: If asked, "usual activities" includes housework, self-care, caregiving, volunteer work, attending school, studies, or recreation.

**8.** Are you now taking medicine or receiving treatment from a doctor or other health professional for any type of mental health condition or emotional problem?

(366)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

These next questions ask about peoples' attitudes toward mental illness and its treatment. How much do you **agree** or **disagree** with these statements about people with mental illness...

9. Treatment can help people with mental illness lead normal lives. Do you **–agree** slightly or strongly, or **disagree** slightly or strongly?

(367)

## Read only if necessary:

- 1 Agree strongly
- 2 Agree slightly
- 3 Neither agree nor disagree
- 4 Disagree slightly
- 5 Disagree strongly

## Do not read:

- 7 Don't know / Not sure
- 9 Refused
- **10.** People are generally caring and sympathetic to people with mental illness. Do you **agree** slightly or strongly, or **disagree** slightly or strongly?

(368)

## Read only if necessary:

- 1 Agree strongly
- 2 Agree slightly
- 3 Neither agree nor disagree



- 4 Disagree slightly
- 5 Disagree strongly

## Do not read:

- 7 Don't know / Not sure
- 9 Refused

**INTERVIEWER NOTE:** If asked for the purpose of Q9 or Q10: say: "answers to these questions will be used by health planners to help understand public attitudes about mental illness and its treatment and to help guide health education programs".

**Island saq.** What island do you live on?

(581)

- 1 Oahu
- 2 Hawaii
- 3 Kauai
- 4 Maui
- 5 Molokai
- 6 Lanai



**SAQ**. Which one or more of the following would you say is your ethnicity? (Allow up to 6 choices meaning 12 columns) (582-593)

- 1 Caucasian (includes European, German, Irish, Italian, English)
- 2 Hawaiian
- 3 Chinese
- 4 Filipino
- 5 Japanese
- 6 Korean
- 7 Samoan
- 8 Black
- 9 American Indian/ Alaska Native/ Eskimo/ Inuit
- 10 Vietnamese
- 11 Asian Indian
- 12 Portuguese
- 13 Guamanian/Chamorro
- 14 Puerto Rican
- 15 Mexican
- 16 Tongan
- 17 Laotian
- 18 Cambodian
- 19 Malaysian
- 20 Fijian
- 21 Micronesian
- 22 Other Asian (specify) Record the specified in **SAQ4\_22** (allow 20: 594-613)
- 23 Other (specify) Record the specified in **SAQ4\_22** (allow 20: 594-613)

#### Do not read

- 24 Don't know/ Not sure
- 25 Refuse
- 26 No additional choices
- **SAQ**. Which one of these groups would you say best represents your ethnicity? (614-615)
  - 1 Caucasian (includes European, German, Irish, Italian, English)
  - 2 Hawaiian
  - 3 Chinese
  - 4 Filipino
  - 5 Japanese
  - 6 Korean
  - 7 Samoan
  - 8 Black
  - 9 American Indian/ Alaska Native/ Eskimo/ Inuit
  - 10 Vietnamese
  - 11 Asian Indian
  - 12 Portuguese
  - 13 Guamanian/Chamorro
  - 14 Puerto Rican
  - 15 Mexican
  - 16 Tongan
  - 17 Laotian
  - 18 Cambodian
  - 19 Malaysian



20 Fijian

21 Micronesian

Other Asian (specify) Record the specified in **SAQ5\_22** allow 15: 616-630)
Other (specify) Record the specified in **SAQ5\_22** allow 15: 616-630)

Do not read

24 Don't know/ Not sure

25 Refuse

26 No additional choices

## [Questions about Smoking Cessation]

<u>CATI Note</u>: If Core Q11.2= 3(Not at all); continue. If Core Q11.2= 1(every day) or 2(some days); ⇒Go to SAQ13. If Core Q11.2= 7, 9 (Don't know, Refused); ⇒Go to the closing statement.

Previously you said you have smoked cigarettes:

smq12 About how long has it been since you last smoked cigarettes?

(637-638)

## Read only if necessary:

0 1	Within the past month (anytime less than 1 month ago)	[Go to SAQ13]
0 2	Within the past 3 months (1 month but less than 3 months ago)	[Go to SAQ13]
0 3	Within the past 6 months (3 months but less than 6 months ago)	[Go to SAQ13]
0 4	Within the past year (6 months but less than 1 year ago)	[Go to SAQ13]
0 5	Within the past 5 years (1 year but less than 5 years ago)	[Go to the closing statement]
06	Within the past 10 years (5 years but less than 10 years ago)	[Go to the closing statement]
0 7	10 or more years ago	[Go to the closing statement]

## DO NOT READ

77	Don't know / Not sure	[Go to the closing statement]
99	Refused	[Go to the closing statement]

CATI Note: If response to SMQ12= 01, 02, 03, or 04; or if Core Q11.2= 1 or 2; continue.

The next questions are about interactions you might have had with a doctor, nurse, or other health professional.

**smq13** In the last 12 months, how many times have you seen a doctor, nurse or other health professional to get any kind of care for yourself? (639-640)

Number of times [01-76]

8 8 None

[Go to the closing statement]

7 7 Don't know / Not sure

9 9 Refused

smq14 In the last 12 months, on how many visits were you advised to quit smoking by a doctor or other health provider? (641-642)

Number of visits [01-76]

88 None

7 7 Don't know / Not sure

99 Refused



**smq15** On how many visits did your doctor, nurse or other health professional recommend or discuss medication to assist you with quitting smoking, such as nicotine gum, patch, nasal spray, inhaler, lozenge, or prescription medication such as Wellbutrin/Zyban/Bupropion? (643-644)

(Pronunciation: Well BYOU trin/ZEYE ban/byou PRO pee on)

- \_\_ Number of visits [01-76]
- 88 None
- 7 7 Don't know / Not sure
- 9 9 Refused

**smq16** On how many visits did your doctor or health provider recommend or discuss methods and strategies other than medication to assist you with quitting smoking? (645-646)

- \_ Number of visits [01-76]
- 88 None
- 7 7 Don't know / Not sure
- 9 9 Refused