

Hawai'i Youth Tobacco Survey (HYTS) 2003 Questionnaire

This survey is about tobacco use. It has been developed so that you can tell us what you do that may affect your health. The information you give will be used to develop better tobacco education programs for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. NO one will know what you write. Answer the questions based on what you really do and know.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will only be used to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. Fill in the circles in the booklet completely. When you are finished, follow the instructions of the person giving you the survey.

Mahalo for your help.

THE FIRST QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOURSELF.

1. **How old are you?**
 - a. 11 years old or younger
 - b. 12 years old
 - c. 13 years old
 - d. 14 years old
 - e. 15 years old
 - f. 16 years old
 - g. 17 years old
 - h. 18 years old or older

2. **What is your sex?**
 - a. Female
 - b. Male

3. **What grade are you in?**
 - a. 6th
 - b. 7th
 - c. 8th
 - d. 9th
 - e. 10th
 - f. 11th
 - g. 12th
 - h. Ungraded or other grade

4. **How do you describe yourself? (YOU CAN CHOOSE ONE ANSWER OR MORE THAN ONE)**
 - a. American Indian or Alaskan Native
 - b. Asian
 - c. Black or African American
 - d. Hispanic or Latino
 - e. Native Hawaiian or Other Pacific Islander
 - f. White

5. **Which one of these groups BEST describes you?**
(CHOOSE ONLY ONE ANSWER)
 - a. American Indian or Alaskan Native
 - b. Asian
 - c. Black or African American
 - d. Hispanic or Latino
 - e. Native Hawaiian or Other Pacific Islander
 - f. White

THE FOLLOWING SET OF QUESTIONS IS SPECIFIC TO HAWAI'I.

6. **How do you describe yourself? (YOU CAN CHOOSE ONE ANSWER OR MORE THAN ONE)**
 - a. Black or African American
 - b. Caucasian/White
 - c. Chinese
 - d. Filipino
 - e. Hawaiian/Part Hawaiian
 - f. Japanese
 - g. Pacific Islander
 - h. Other

7. **Which one of these groups BEST describes you? (CHOOSE ONLY ONE ANSWER)**
 - a. Black or African American
 - b. Caucasian/White
 - c. Chinese
 - d. Filipino
 - e. Hawaiian/Part Hawaiian
 - f. Japanese
 - g. Pacific Islander
 - h. Other

8. **What language do you speak mainly at home? (CHOOSE ONLY ONE ANSWER)**
 - a. English
 - b. Chinese (any dialect)
 - c. Japanese
 - d. Hawaiian
 - e. Ilocano or Tagalog
 - f. Spanish
 - g. Other

9. **Which answer BEST describes where you were born?**
 - a. I was born in Hawai'i
 - b. I was born in the United States outside of Hawai'i
 - c. I was born in another country
 - d. I don't know

10. Which answer **BEST** describes where your mother was born?

- a. My mother was born in Hawai'i
- b. My mother was born in the United States outside of Hawai'i
- c. My mother was born in another country
- d. I don't know

11. Which answer **BEST** describes where your father was born?

- a. My father was born in Hawai'i
- b. My father was born in the United States outside of Hawai'i
- c. My father was born in another country
- d. I don't know

THE NEXT GROUP OF QUESTIONS ASKS ABOUT TOBACCO USE.
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Cigarette Smoking

12. Have you ever tried cigarette smoking, even one or two puffs?

- a. Yes
- b. No

13. How old were you when you smoked a whole cigarette for the first time?

- a. I have never smoked a whole cigarette
- b. 8 years old or younger
- c. 9 or 10 years old
- d. 11 or 12 years old
- e. 13 or 14 years old
- f. 15 or 16 years old
- g. 17 years old or older

14. About how many cigarettes have you smoked in your entire life?

- a. None
- b. 1 or more puffs but never a whole cigarette
- c. 1 cigarette
- d. 2 to 5 cigarettes
- e. 6 to 15 cigarettes (about ½ a pack total)
- f. 16 to 25 cigarettes (about 1 pack total)
- g. 26 to 99 cigarettes (more than 1 pack but less than 5 packs)
- h. 100 or more cigarettes (5 or more packs)

15. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?

- a. Yes
- b. No

16. During the past 30 days, on how many days did you smoke cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. all 30 days

17. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

- a. I did not smoke cigarettes during the past 30 days
- b. Less than 1 cigarette per day
- c. 1 cigarette per day
- d. 2 to 5 cigarettes per day
- e. 6 to 10 cigarettes per day
- f. 11 to 20 cigarettes per day
- g. More than 20 cigarettes per day

18. During the past 30 days, what brand of cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER)

- a. I did not smoke cigarettes during the past 30 days
- b. I do not have a usual brand
- c. Camel
- d. Marlboro
- e. Newport
- f. Virginia Slims
- g. GPC, Basic, or Doral
- h. Some other brand

19. Are the cigarettes you usually smoke menthol cigarettes?

- a. I do not smoke cigarettes
- b. Yes
- c. No

20. **During the past 30 days, what brand of menthol cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER)**

- a. I did not smoke cigarettes during the past 30 days
- b. I did not smoke menthol cigarettes during the past 30 days
- c. I do not have a usual brand
- d. Kool
- e. Salem
- f. Newport
- g. Generic Menthol
- h. Some other brand

21. **During the past 30 days, how did you usually get your cigarettes? (CHOOSE ONLY ONE ANSWER)**

- a. I did not smoke cigarettes during the past 30 days
- b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
- c. I bought them from a vending machine
- d. I gave someone else money to buy them for me
- e. I borrowed (or bummed) them from someone else
- f. A person 18 years old or older gave them to me
- g. I took them from a store or family member
- h. I got them some other way

22. **During the past 30 days, where did you buy the last pack of cigarettes you bought? (CHOOSE ONLY ONE ANSWER)**

- a. I did not buy a pack of cigarettes during the past 30 days
- b. A gas station
- c. A convenience store
- d. A grocery store
- e. A drugstore
- f. A vending machine
- g. I bought them over the Internet
- h. Other

23. **When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?**

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, I was asked to show proof of age
- c. No, I was not asked to show proof of age

24. **During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?**

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, someone refused to sell me cigarettes because of my age
- c. No, no one refused to sell me cigarettes because of my age

25. **During the past 30 days, on how many days did you smoke cigarettes on school property?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

26. **When was the last time you smoked a cigarette, even one or two puffs?**

- a. I have never smoked even one or two puffs
- b. Earlier today
- c. Not today but sometime during the past 7 days
- d. Not during the past 7 days but sometime during the past 30 days
- e. Not during the past 30 days but sometime during the past 6 months
- f. Not during the past 6 months but sometime during the past year
- g. 1 to 4 years ago
- h. 5 or more years ago

27. **How long can you go without smoking before you feel like you need a cigarette?**

- a. I have never smoked cigarettes
- b. I do not smoke now
- c. Less than an hour
- d. 1 to 3 hours
- e. More than 3 hours but less than a day
- f. A whole day
- g. Several days
- h. A week or more

28. **Do you want to stop smoking cigarettes?**

- a. I do not smoke now
- b. Yes
- c. No

29. **During the past 12 months, did you ever try to quit smoking cigarettes?**

- a. I did not smoke during the past 12 months
- b. Yes
- c. No

30. **How many times during the past 12 months have you stopped smoking for one day or longer because you were trying to quit smoking?**

- a. I have not smoked in the past 12 months
- b. I have not tried to quit
- c. 1 time
- d. 2 times
- e. 3 to 5 times
- f. 6 to 9 times
- g. 10 or more times

31. **When you last tried to quit, how long did you stay off cigarettes?**

- a. I have never smoked cigarettes
- b. I have never tried to quit
- c. Less than a day
- d. 1 to 7 days
- e. More than 7 days but less than 30 days
- f. 30 days or more but less than 6 months
- g. 6 months or more but less than a year
- h. 1 year or more

**Smokeless Tobacco:
Chewing Tobacco, Snuff, or Dip**

32. **Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?**

- a. Yes
- b. No

33. **How old were you when you used chewing tobacco, snuff, or dip for the first time?**

- a. I have never used chewing tobacco, snuff, or dip
- b. 8 years old or younger
- c. 9 or 10 years old
- d. 11 or 12 years old
- e. 13 or 14 years old
- f. 15 or 16 years old
- g. 17 years old or older

34. **During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

35. **During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

36. During the past 30 days, how did you usually get your own chewing tobacco, snuff, or dip?
(CHOOSE ONLY ONE ANSWER)
- a. I did not use chewing tobacco, snuff, or dip during the past 30 days
 - b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
 - c. I gave someone else money to buy them for me
 - d. I borrowed (or bummed) them from someone else
 - e. A person 18 years old or older gave them to me
 - f. I took them from a store or family member
 - g. I got them some other way

Cigars

37. Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?

- a. Yes
- b. No

38. How old were you when you smoked a cigar, cigarillo, or little cigar for the first time?

- a. I have never smoked a cigar, cigarillo or little cigar
- b. 8 years old or younger
- c. 9 or 10 years old
- d. 11 or 12 years old
- e. 13 or 14 years old
- f. 15 or 16 years old
- g. 17 years old or older

39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

40. During the past 30 days, how did you usually get your own cigars, cigarillos, or little cigars?
(CHOOSE ONLY ONE ANSWER)

- a. I did not smoke cigars, cigarillos, or little cigars during the past 30 days
- b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
- c. I gave someone else money to buy them for me
- d. I borrowed (or bummed) them from someone else
- e. A person 18 years old or older gave them to me
- f. I took them from a store or family member
- g. I got them some other way

Pipe

41. During the past 30 days, on how many days did you smoke tobacco in a pipe?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

THE NEXT QUESTIONS ARE ABOUT BIDIS (OR "BEEDIES") AND KRETEKS (ALSO CALLED "CLOVE CIGARETTES").
BIDIS are small brown cigarettes from India consisting of tobacco wrapped in a leaf tied with a thread.
KRETEKS are cigarettes containing tobacco and clove extract.

42. Have you ever tried smoking any of the following?

- a. Bidis
- b. Kreteks
- c. I have tried both bidis and kreteks
- d. I have never smoked bidis or Kreteks

43. During the past 30 days, on how many days did you smoke bidis?
- a. 0 days
 - b. 1 or 2 days
 - c. 3 to 5 days
 - d. 6 to 9 days
 - e. 10 to 19 days
 - f. 20 to 29 days
 - g. All 30 days

THE NEXT QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO.

44. Do you think that you will try a cigarette soon?
- a. I have already tried smoking cigarettes
 - b. Yes
 - c. No
45. Do you think you will smoke a cigarette at anytime during the next year?
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
46. Do you think you will be smoking cigarettes 5 years from now?
- a. I definitely will
 - b. I probably will
 - c. I probably will not
 - d. I definitely will not
47. If one of your best friends offered you a cigarette, would you smoke it?
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
48. Have your parents or guardians ever told you not to smoke cigarettes?
- a. Yes, only my father (male guardian)
 - b. Yes, only my mother (female guardian)
 - c. Yes, both my father and mother (male and female guardians)
 - d. No

49. In the past 12 months, how often have your parents or guardians discussed the dangers of tobacco use with you?
- a. Never
 - b. Rarely
 - c. Sometimes
 - d. Often
 - e. Very often
50. Do you think people can get addicted to using tobacco just like they can get addicted to using cocaine or heroin?
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
51. Out of 100 students in your state, at your grade level, how many do you think smoke cigarettes?
- a. 0-10
 - b. 11-20
 - c. 21-30
 - d. 31-40
 - e. 41-50
 - f. 51 or more
52. Do you think young people who smoke cigarettes have more friends?
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
53. Do you think smoking cigarettes makes young people look cool or fit in?
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
54. Do you think young people risk harming themselves if they smoke from 1 - 5 cigarettes per day?
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not

55. Do you think it is safe to smoke for only a year or two, as long as you quit after that?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

56. Do you think you would be able to quit smoking cigarettes now if you wanted to?

- a. I do not smoke now
- b. Yes
- c. No

57. In the past 12 months, has a doctor or someone in a doctor's office talked to you about the danger of tobacco use?

- a. I have not visited a doctor's office in the past 12 months
- b. Yes
- c. No

58. In the past 12 months, has a dentist or someone in a dentist's office talked to you about the danger of tobacco use?

- a. I have not visited a dentist's office in the past 12 months
- b. Yes
- c. No

59. Have you ever participated in a program to help you quit using tobacco?

- a. I have never used tobacco
- b. Yes
- c. No

60. During this school year, were you taught in any of your classes about the dangers of tobacco use?

- a. Yes
- b. No
- c. Not sure

61. During this school year, were you taught in any of your classes the reasons why people your age smoke cigarettes?

- a. Yes
- b. No
- c. Not sure

62. During this school year, were you taught in any of your classes that most people your age do not smoke cigarettes?

- a. Yes
- b. No
- c. Not sure

63. During this school year, did you practice ways to say NO to tobacco in any of your classes (for example by role-playing)?

- a. Yes
- b. No
- c. Not sure

64. As far as you know, do any teachers or other school employees smoke on your school's campus?

- a. Yes
- b. No
- c. Not sure

THE NEXT QUESTIONS ASK ABOUT EVENTS YOU MAY HAVE ATTENDED OR WHAT YOU HAVE SEEN ON TV, AT THE MOVIES, OR ON THE INTERNET.

65. During the past 12 months, have you participated in any community activities to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?

- a. Yes
- b. No
- c. I did not know about any activities

66. During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking?

- a. Not in the past 30 days
- b. 1-3 times in the past 30 days
- c. 1-3 times per week
- d. Daily or almost daily
- e. More than once a day

67. During the past 30 days, did you see or hear any anti-tobacco advertising on any of the following?
(YOU CAN CHOOSE ONE ANSWER OR MORE THAN ONE)

- a. Advertising on walls or on kiosks, shopping centers, or malls
- b. TV ads
- c. Radio ads
- d. Aloha Stadium
- e. The Bus
- f. Parking lots
- g. On-screen ads in movie theaters
- h. Print ads (Sassy, Honolulu Weekly)

68. When you watch TV or go to movies, how often do you see actors using tobacco?

- a. I don't watch TV or go to movies
- b. Most of the time
- c. Some of the time
- d. Hardly ever
- e. Never

69. When you watch TV, how often do you see athletes using tobacco?

- a. I don't watch TV
- b. Most of the time
- c. Some of the time
- d. Hardly ever
- e. Never

70. When you are using the Internet, how often do you see ads for tobacco products?

- a. I don't use the Internet
- b. Most of the time
- c. Some of the time
- d. Hardly ever
- e. Never

SOME TOBACCO COMPANIES MAKE ITEMS LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS, HATS, JACKETS, AND SUNGLASSES THAT PEOPLE CAN BUY OR RECEIVE FREE.

71. During the past 12 months, did you buy or receive anything that has a tobacco company name or picture on it?

- a. Yes
- b. No

72. When you go to a convenience store, Mom & Pop store, or gas station, how often do you see advertisements for cigarettes, chewing tobacco, or snuff on items like sporting gear, t-shirts, hats, sunglasses, lighters, or ashtrays that have tobacco names or pictures on them?

- a. I never go to convenience stores, Mom & Pop stores, or gas stations
- b. A lot
- c. Sometimes
- d. Never

73. Would you ever use or wear something that has a tobacco company name or picture on it such as a lighter, t-shirt, hat, or sunglasses?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO TOBACCO USE

74. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 or 4 days
- d. 5 or 6 days
- e. 7 days

75. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 or 4 days
- d. 5 or 6 days
- e. 7 days

76. Do you think the smoke from other people's cigarettes is harmful to you?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

77. Does anyone who lives with you now smoke cigarettes?

- a. Yes
- b. No

78. Does anyone who lives with you now use chewing tobacco, snuff, or dip?

- a. Yes
- b. No

79. How many of your four closest friends smoke cigarettes?

- a. None
- b. One
- c. Two
- d. Three
- e. Four
- f. Not sure

80. How many of your four closest friends use chewing tobacco, snuff, or dip?

- a. None
- b. One
- c. Two
- d. Three
- e. Four
- f. Not sure

THE FOLLOWING 8 QUESTIONS ASK ABOUT YOUR RELATIONSHIP WITH YOUR FAMILY. MARK THE WORD THAT BEST DESCRIBES HOW YOU FEEL ABOUT EACH SENTENCE BELOW.

81. My parent/guardian asks me if I've gotten my homework done.

- a. **YES!**
- b. yes
- c. no
- d. **NO!**

82. When I am not at home, one of my parents/guardians knows where I am and who I am with.

- a. **YES!**
- b. yes
- c. no
- d. **NO!**

83. My parent/guardian would know if I didn't come home on time.

- a. **YES!**
- b. yes
- c. no
- d. **NO!**

84. My parent/guardian wants me to call if I'm going to be late getting home.

- a. **YES!**
- b. yes
- c. no
- d. **NO!**

85. The rules in my family are clear.

- a. **YES!**
- b. yes
- c. no
- d. **NO!**

86. My family has clear rules about alcohol and drug use.

- a. **YES!**
- b. yes
- c. no
- d. **NO!**

87. I share my thoughts and feelings with my family.

- a. YES!
- b. yes
- c. no
- d. NO!

88. I enjoy spending time with my family.

- a. YES!
- b. yes
- c. no
- d. NO!

THE FOLLOWING 4 QUESTIONS ASK YOU TO THINK BACK OVER THE PAST YEAR IN SCHOOL.

89. In the past year, how often do you feel that the school work you were assigned was meaningful and important?

- a. Never
- b. Rarely
- c. Sometimes
- d. Often
- e. Almost always

90. In the past year, how often did you enjoy being in school?

- a. Never
- b. Rarely
- c. Sometimes
- d. Often
- e. Almost always

91. In the past year, how often did you hate being in school?

- a. Never
- b. Rarely
- c. Sometimes
- d. Often
- e. Almost always

92. In the past year, how often did you try to do your best work in school?

- a. Never
- b. Rarely
- c. Sometimes
- d. Often
- e. Almost always

THE FOLLOWING 3 QUESTIONS ASK ABOUT YOUR EXPERIENCES IN SCHOOL.

93. How interesting are most of your classes to you?

- a. Very interesting
- b. Quite interesting
- c. Fairly interesting
- d. Slightly dull
- e. Very dull

94. How important do you think the things you are learning in school are going to be for you later in life?

- a. Very important
- b. Quite important
- c. Fairly important
- d. Slightly important
- e. Not at all important

95. Is there at least one teacher in your school that you can go to if you have a problem?

- a. Yes
- b. No