# Hawai'i Youth Tobacco Survey (HYTS) 2005 Questionnaire

This survey is about tobacco use. It has been developed so that you can tell us what you do that may affect your health. The information you give will be used to develop better tobacco education programs for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. NO one will know what you write. Answer the questions based on what you really do and know.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will only be used to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. Fill in the circles on the answer sheet completely. When you are finished, follow the instructions of the person giving you the survey.

Mahalo for your help.

# THE FIRST QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOURSELF.

#### 1. How old are you?

- a. 11 years old or younger
- b. 12 years old
- c. 13 years old
- d. 14 years old
- e. 15 years old
- f. 16 years old
- g. 17 years old
- h. 18 years old or older

#### 2. What is your sex?

- a. Female
- b. Male

#### 3. What grade are you in?

- a. 6th
- b. 7th
- c. 8th
- d. 9th
- e. 10th
- f. 11th
- g. 12th
- h. Ungraded or other grade

#### 4. How do you describe yourself? (YOU CAN CHOOSE ONE ANSWER <u>OR</u> MORE THAN ONE)

- a. American Indian or Alaskan Native
- b. Asian
- c. Black or African American
- d. Hispanic or Latino
- e. Native Hawaiian or Other Pacific Islander
- f. White

#### Which one of these groups <u>BEST</u> describes you? (CHOOSE ONLY <u>ONE</u> ANSWER)

- a. American Indian or Alaskan Native
- b. Asian
- c. Black or African American
- d. Hispanic or Latino
- e. Native Hawaiian or Other Pacific Islander
- f. White

## THE NEXT QUESTIONS ARE SPECIFIC TO HAWAI'I.

# 6. How do you describe yourself? (YOU CAN CHOOSE ONE ANSWER OR MORE THAN ONE)

- a. Black or African American
- b. Caucasian/White
- c. Chinese
- d. Filipino
- e. Hawaiian/Part Hawaiian
- f. Japanese
- g. Pacific Islander
- h. Other

### 7. Which one of these groups <u>BEST</u> describes you? (CHOOSE ONLY <u>ONE</u> ANSWER)

- a. Black or African American
- b. Caucasian/White
- c. Chinese
- d. Filipino
- e. Hawaiian/Part Hawaiian
- f. Japanese
- g. Pacific Islander
- h. Other

#### 8. What language do you speak mainly at home? (CHOOSE ONLY ONE ANSWER)

- a. English
- b Chinese (any dialect)
- c. Japanese
- d. Hawaiian
- e. Ilocano or Tagalog
- f. Spanish
- g. Other

#### 9. Which answer <u>BEST</u> describes where you were born?

- a. I was born in Hawai'i
- b. I was born in the United States outside of Hawai'i
- c. I was born in another country
- d. I don't know

#### 10. Which answer <u>BEST</u> describes where your mother was born?

- a. My mother was born in Hawai'i
- My mother was born in the United States outside of Hawai'i
- c. My mother was born in another country
- d. I don't know

#### 11. Which answer <u>BEST</u> describes where your father was born?

- a. My father was born in Hawai'i
- My father was born in the United States outside of Hawai'i
- c. My father was born in another country
- d. I don't know

#### 12. Has a doctor or nurse ever told you that you have asthma?

- a. Yes
- b. No
- c. Not sure

#### 13. During the past 12 months, have you had an episode of asthma or an asthma attack?

- a. I do not have asthma
- No, I have asthma, but I have not had an episode of asthma or an asthma attack during the past 12 months
- c. Yes, I have had an episode of asthma or an asthma attack during the past 12 months
- d. Not sure

## THE NEXT GROUP OF QUESTIONS ASKS ABOUT TOBACCO USE.

#### **Cigarette Smoking**

## 14. Have you ever tried cigarette smoking, even one or two puffs?

- a. Yes
- b. No

## 15. How old were you when you smoked a whole cigarette for the first time?

- a. I have never smoked a whole cigarette
- b. 8 years old or younger
- c. 9 or 10 years old
- d. 11 or 12 years old
- e. 13 or 14 years old
- f. 15 or 16 years old
- g. 17 years old or older

#### 16. About how many cigarettes have you smoked in your entire life?

- a. None
- b. 1 or more puffs but never a whole cigarette
- c. 1 cigarette
- d. 2 to 5 cigarettes
- e. 6 to 15 cigarettes (about ½ a pack total)
- f. 16 to 25 cigarettes (about 1 pack total)
- g. 26 to 99 cigarettes (more than 1 pack but less than 5 packs)
- h. 100 or more cigarettes (5 or more packs)

#### 17. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?

- a. Yes
- b. No

## 18. During the past 30 days, on how many days did you smoke cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 daysf. 20 to 29 days
- g. All 30 days

# 19. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

- a. I did not smoke cigarettes during the past 30 days
- b. Less than 1 cigarette per day
- c. 1 cigarette per day
- d. 2 to 5 cigarettes per day
- e. 6 to 10 cigarettes per day
- f. 11 to 20 cigarettes per day
- g. More than 20 cigarettes per day

# 20. During the past 30 days, what brand of cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER)

- a. I did not smoke cigarettes during the past 30 days
- b. I do not have a usual brand
- c. Camel
- d. Marlboro
- e. Newport
- f. Virginia Slims
- g. GPC, Basic, or Doral
- h. Some other brand

#### 21. Are the cigarettes you usually smoke menthol cigarettes?

- a. I do not smoke cigarettes
- b. Yes
- c. No

#### 22. During the past 30 days, what brand of menthol cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER)

- a. I did not smoke cigarettes during the past 30 days
- b. I did not smoke menthol cigarettes during the past 30 days
- c. I do not have a usual brand
- d. Kool
- e. Salem
- f. Newport
- g. Generic Menthol
- h. Some other brand

# 23. During the past 30 days, how did you usually get your cigarettes? (CHOOSE ONLY ONE ANSWER)

- I did not smoke cigarettes during the past 30 days
- b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
- c. I bought them from a vending machine
- d. I gave someone else money to buy them for me
- e. I borrowed (or bummed) them from someone else
- f. A person 18 years old or older gave them to me
- g. I took them from a store or family member
- h. I got them some other way

# 24. When you buy cigarettes, do you usually buy them individually, by the pack or by the carton?

- a. I do not buy cigarettes
- b. Individually (loose cigarettes)
- c. By the pack
- d. By the carton

# 25. During the past 30 days, where did you buy the last <u>pack</u> of cigarettes you bought? (CHOOSE ONLY ONE ANSWER)

- I did not buy a pack of cigarettes during the past 30 days
- b. A gas station
- c. A convenience store
- d. A grocery store
- e. A drugstore
- f. A vending machine
- g. I bought them over the Internet
- h. Other

## 26. During the past 30 days did you buy <u>any</u> cigarettes from a lunch wagon or manapua truck vendor?

- a. I did not buy any cigarettes in the past 30 days
- b. Yes
- c. No

# 27. When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, I was asked to show proof of age
- c. No, I was not asked to show proof of age

# 28. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, someone refused to sell me cigarettes because of my age
- c. No, no one refused to sell me cigarettes because of my age

## 29. During the past 30 days, on how many days did you smoke cigarettes on school property?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

#### 30. When was the last time you smoked a cigarette, even one or two puffs?

- a. I have never smoked even one or two puffs
- b. Earlier today
- Not today but sometime during the past 7 days
- d. Not during the past 7 days but sometime during the past 30 days
- e. Not during the past 30 days but sometime during the past 6 months
- Not during the past 6 months but sometime during the past year
- g. 1 to 4 years ago
- h. 5 or more years ago

#### 31. How long can you go without smoking before you feel like you need a cigarette?

- a. I have never smoked cigarettes
- b. I do not smoke now
- c. Less than an hour
- d. 1 to 3 hours
- e. More than 3 hours but less than a day
- f. A whole day
- g. Several days
- h. A week or more

#### 32. Do you want to stop smoking cigarettes?

- a. I do not smoke now
- b. Yes
- c. No

#### 33. During the past 12 months, did you ever try to quit smoking cigarettes?

- a. I did not smoke during the past 12 months
- b. Yes
- c. No

# 34. How many times during the past 12 months have you stopped smoking for one day or longer because you were trying to quit smoking?

- a. I have not smoked in the past 12 months
- b. I have not tried to quit
- c. 1 time
- d. 2 times
- e. 3 to 5 times
- f. 6 to 9 times
- a. 10 or more times

#### 35. When you last tried to quit, how long did you stay off cigarettes?

- a. I have never smoked cigarettes
- b. I have never tried to quit
- c. Less than a day
- d. 1 to 7 days
- e. More than 7 days but less than 30 days
- f. 30 days or more but less than 6 months
- g. 6 months or more but less than a year
- h. 1 year or more

#### Smokeless Tobacco: Chewing Tobacco, Snuff, or Dip

- 36. Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?
  - a. Yes
  - b. No
- 37. How old were you when you used chewing tobacco, snuff, or dip for the first time?
  - I have never used chewing tobacco, snuff, or dip
  - b. 8 years old or younger
  - c. 9 or 10 years old
  - d. 11 or 12 years old
  - e. 13 or 14 years old
  - f. 15 or 16 years old
  - g. 17 years old or older
- 38. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?
  - a. 0 days
  - b. 1 or 2 days
  - c. 3 to 5 days
  - d. 6 to 9 days
  - e. 10 to 19 days f. 20 to 29 days
  - g. All 30 days

- 39. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?
  - a. 0 days
  - b. 1 or 2 days
  - c. 3 to 5 days
  - d. 6 to 9 days
  - e. 10 to 19 days
  - f. 20 to 29 days
  - g. All 30 days
- 40. During the past 30 days, how did you usually get your own chewing tobacco, snuff, or dip? (CHOOSE ONLY <u>ONE</u> ANSWER)
  - a. I did not use chewing tobacco, snuff, or dip during the past 30 days
  - b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
  - I gave someone else money to buy them for me
  - d. I borrowed (or bummed) them from someone else
  - e. A person 18 years old or older gave them to me
  - f. I took them from a store or family member
  - g. I got them some other way

#### Cigars

- 41. Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?
  - a. Yes
  - b. No
- 42. How old were you when you smoked a cigar, cigarillo, or little cigar for the first time?
  - a. I have never smoked a cigar, cigarillo or little cigar
  - b. 8 years old or younger
  - c. 9 or 10 years old
  - d. 11 or 12 years old
  - e. 13 or 14 years old
  - f. 15 or 16 years old
  - g. 17 years old or older

- 43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?
  - a 0 days
  - b. 1 or 2 days
  - c. 3 to 5 days
  - d. 6 to 9 days
  - e. 10 to 19 days
  - f. 20 to 29 days
  - g. All 30 days
- 44. During the past 30 days, how did you usually get your own cigars, cigarillos, or little cigars? (CHOOSE ONLY ONE ANSWER)
  - a. I did not smoke cigars, cigarillos, or little cigars during the past 30 days
  - b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
  - c. I gave someone else money to buy them for me
  - d. I borrowed (or bummed) them from someone else
  - e. A person 18 years old or older gave them to me
  - f. I took them from a store or family member
  - g. I got them some other way

#### **Pipes**

- 45. During the past 30 days, on how many days did you smoke tobacco in a pipe?
  - a. 0 days
  - b. 1 or 2 days
  - c. 3 to 5 days
  - d. 6 to 9 days
  - e. 10 to 19 days
  - f. 20 to 29 days
  - g. All 30 days

# THE NEXT QUESTIONS ARE ABOUT BIDIS (OR "BEEDIES") AND KRETEKS (ALSO CALLED "CLOVE CIGARETTES").

BIDIS are small brown cigarettes from India consisting of tobacco wrapped in a leaf tied with a thread.

KRETEKS are cigarettes containing tobacco and clove extract.

### 46. Have you ever tried smoking any of the following?

- a. Bidis
- b. Kreteks
- c. I have tried both bidis and kreteks
- d. I have never smoked bidis or kreteks

#### 47. During the past 30 days, on how many days did you smoke bidis?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

## THE NEXT QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO.

#### 48. Do you think that you will try a cigarette soon?

- a. I have already tried smoking cigarettes
- b. Yes
- c. No

### 49. Do you think you will smoke a cigarette at anytime during the next year?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

## 50. Do you think you will be smoking cigarettes 5 years from now?

- a. I definitely will
- b. I probably will
- c. I probably will not
- d. I definitely will not

### 51. If one of your best friends offered you a cigarette, would you smoke it?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

## 52. Have your parents or guardians ever told you not to smoke cigarettes?

- a. Yes, only my father (male guardian)
- b. Yes, only my mother (female guardian)
- c. Yes, both my father and mother (male and female guardians)
- d. No

# 53. In the past 12 months, how often have your parents or guardians discussed the dangers of tobacco use with you?

- a. Never
- b. Rarely
- c. Sometimes
- d. Often
- e. Very often

# 54. Do you think people can get addicted to using tobacco just like they can get addicted to using cocaine or heroin?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

# 55. Out of 100 students in Hawaii, <u>at your grade</u> <u>level</u>, how many do you think smoke cigarettes?

- a. 0-10
- b. 11-20
- c. 21-30
- d. 31-40
- e. 41-50
- f. 51 or more

### 56. Do you think young people who smoke cigarettes have more friends?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

- 57. Do you think smoking cigarettes makes young people look cool or fit in?
  - a. Definitely yes
  - b. Probably yes
  - c. Probably not
  - d. Definitely not
- 58. Do you think young people risk harming themselves if they smoke from 1 5 cigarettes per day?
  - a. Definitely yes
  - b. Probably yes
  - c. Probably not
  - d. Definitely not
- 59. Do you think it is safe to smoke for only a year or two, as long as you quit after that?
  - a. Definitely yes
  - b. Probably yes
  - c. Probably not
  - d. Definitely not
- 60. Do you think you would be able to quit smoking cigarettes now if you wanted to?
  - a. I do not smoke now
  - b. Yes
  - c. No
- 61. In the past 12 months, has a doctor or someone in a doctor's office talked to you about the danger of tobacco use?
  - a. I have not visited a doctor's office in the past 12 months
  - b. Yes
  - c. No
- 62. In the past 12 months, has a dentist or someone in a dentist's office talked to you about the danger of tobacco use?
  - a. I have not visited a dentist's office in the past 12 months
  - b. Yes
  - c. No

- 63. In the area where you live, do you know of any places that sell single or loose cigarettes?
  - a Yes
  - b. No
- 64. Have you ever participated in a program to help you quit using tobacco?
  - a. I have never used tobacco
  - b. Yes
  - c. No
- 65. During the past 12 months, were you taught in any of your classes about the dangers of tobacco use?
  - a. Yes
  - b. No
  - c. Not sure
- 66. During the past 12 months, were you taught in any of your classes the reasons why people your age smoke cigarettes?
  - a. Yes
  - b. No
  - c. Not sure
- 67. During the past 12 months, were you taught in any of your classes that most people your age do not smoke cigarettes?
  - a. Yes
  - b. No
  - c. Not sure
- 68. During the past 12 months, did you practice ways to say NO to tobacco in any of your classes (for example by role-playing)?
  - a. Yes
  - b. No
  - c. Not sure
- 69. As far as you know, do any teachers or other school employees smoke on your school's campus?
  - a. Yes
  - b. No
  - c. Not sure

# THE NEXT QUESTIONS ASK ABOUT EVENTS YOU MAY HAVE ATTENDED OR WHAT YOU HAVE SEEN ON TV, AT THE MOVIES, OR ON THE INTERNET.

- 70. During the past 12 months, have you participated in any community activities to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?
  - a. Yes
  - b. No
  - c. I did not know about any activities
- 71. During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking?
  - a. Not in the past 30 days
  - b. 1-3 times in the past 30 days
  - c. 1-3 times per week
  - d. Daily or almost daily
  - e. More than once a day
- 72. During the past 30 days, did you see or hear any anti-tobacco advertising on any of the following? (YOU CAN CHOOSE ONE ANSWER <u>OR</u> MORE THAN ONE)
  - Advertising on walls or on kiosks, shopping centers, or malls
  - b. TV ads
  - c. Radio ads
  - d. Aloha Stadium
  - e. The Bus
  - f. Parking lots
  - g. On-screen ads in movie theaters
  - h. Print ads (Sassy, Honolulu Weekly)
- 73. When you watch TV or go to movies, how often do you see actors using tobacco?
  - a. I don't watch TV or go to movies
  - b. Most of the time
  - c. Some of the time
  - d. Hardly ever
  - e. Never

- 74. When you watch TV, how often do you see athletes using tobacco?
  - a. I don't watch TV
  - b. Most of the time
  - c. Some of the time
  - d. Hardly ever
  - e. Never
- 75. When you are using the Internet, how often do you see ads for tobacco products?
  - a. I don't use the Internet
  - b. Most of the time
  - c. Some of the time
  - d. Hardly ever
  - e. Never

SOME TOBACCO COMPANIES MAKE ITEMS LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS, HATS, JACKETS, AND SUNGLASSES THAT PEOPLE CAN BUY OR RECEIVE FREE.

- 76. During the past 12 months, did you buy or receive anything that has a tobacco company name or picture on it?
  - a. Yes
  - b. No
- 77. When you go to a convenience store, Mom & Pop store, or gas station, how often do you see advertisements for cigarettes, chewing tobacco, or snuff on items like sporting gear, t-shirts, hats, sunglasses, lighters, or ashtrays that have tobacco names or pictures on them?
  - a. I never go to convenience stores, Mom & Pop stores, or gas stations
  - b. A lot
  - c. Sometimes
  - d. Never
- 78. Would you ever use or wear something that has a tobacco company name or picture on it such as a lighter, t-shirt, hat, or sunglasses?
  - a. Definitely yes
  - b. Probably yes
  - c. Probably not
  - d. Definitely not

## THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO TOBACCO USE.

- 79. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?
  - a. 0 days
  - b. 1 or 2 days
  - c. 3 or 4 days
  - d. 5 or 6 days
  - e. 7 days
- 80. During the past 7 days, on how many days did someone smoke cigarette inside your home?
  - a. 0 days
  - b. 1 or 2 days
  - c. 3 or 4 days
  - d. 5 or 6 days
  - e. 7 days
- 81. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?
  - a. 0 days
  - b. 1 or 2 days
  - c. 3 or 4 days
  - d. 5 or 6 days
  - e. 7 days
- 82. Do you think the smoke from other people's cigarettes is harmful to you?
  - a. Definitely yes
  - b. Probably yes
  - c. Probably not
  - d. Definitely not
- 83. Does anyone who lives with you now smoke cigarettes?
  - a. Yes
  - b. No
- 84. Does anyone who lives with you now use chewing tobacco, snuff, or dip?
  - a. Yes
  - b. No

## 85. How many of your four closest friends smoke cigarettes?

- a. None
- b. One
- c. Two
- d. Three
- e. Four
- f. Not sure

### 86. How many of your four closest friends use chewing tobacco, snuff, or dip?

- a. None
- b. One
- c. Two
- d. Three
- e. Four
- f. Not sure

#### 87. Which statement best describes the rules about smoking inside your home?

- Smoking is not allowed anywhere inside my home
- Smoking is allowed in some places or at some times
- c. Smoking is allowed anywhere inside my home
- There are no rules about smoking inside my home

This completes the survey.

Thank you very much for your time.