

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: n/r (Not Reportable) - Represents cell size restriction of unweighted count  $<$  50; n/a (Not Available) - Not asked of a subset of respondents; If a dimension value is unknown for a particular survey record, that record will not be included in the counts for that particular dimension*

*This report displays weighted numbers, percentages and confidence intervals for BRFSS Health Indicators. Respondents are aged 18 or older. The trend analysis page shows the trend for the selected health variable over selected years in a table and a graph. Estimated Adult Population: This number is a weighted representation of the adult population who responded to a particular question in the survey. For most questions the estimated adult population will be the entire adult population. For some secondary questions only a subset of the population was asked the question. For example, all survey participants were asked if they had diabetes, but only those who answered yes were asked if they use insulin.*

**For documentation on other terms and coding in this report, please go to the following links**

[Click here to access DOH Race-Ethnicity coding](#)

[Click here to access BRFSS documentation](#)

[Click here to access Hawaii Data Guide](#)

[Click here to access Poverty Level methodology](#)

**For questions on this report, please contact  
The Hawaii Health Data Warehouse**

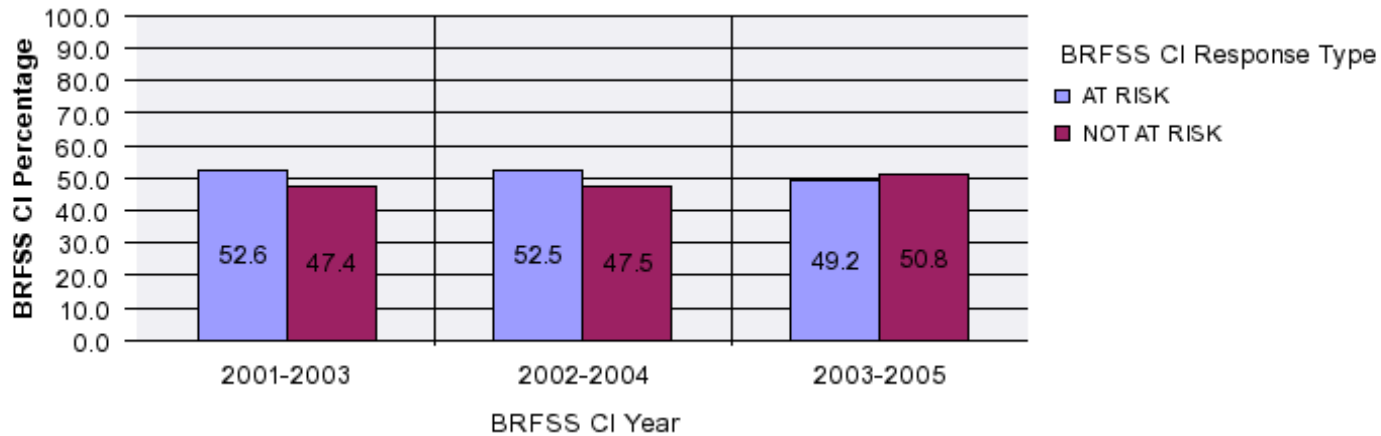
[profiles@hhdw.org](mailto:profiles@hhdw.org)

**(808)946-5899 x15**

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

Year	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I.(95%)	#	%	C.I.(95%)	#
2001-2003	1,461,048	52.6	51.5 - 53.7	1,316,538	47.4	46.3 - 48.5	2,777,586
2002-2004	1,452,972	52.5	51.2 - 53.9	1,312,707	47.5	46.1 - 48.8	2,765,679
2003-2005	1,365,477	49.2	47.9 - 50.5	1,410,836	50.8	49.5 - 52.1	2,776,313



**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

Year Total	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
State	1,461,048	52.6	51.5 - 53.7	1,316,538	47.4	46.3 - 48.5	2,777,586

County	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	171,517	52.2	50.1 - 54.3	156,969	47.8	45.7 - 49.9	328,486
Honolulu	1,025,166	52.6	51.2 - 54.1	922,682	47.4	45.9 - 48.8	1,947,848
Kauai	68,151	54.9	51.9 - 58.0	55,966	45.1	42.0 - 48.1	124,117
Maui	147,028	51.2	48.6 - 53.8	140,111	48.8	46.2 - 51.4	287,139

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

BRFSS Age Group	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
18-24	139,793	40.8	37.1 - 44.4	203,181	59.2	55.6 - 62.9	342,974
25-34	246,796	49.2	46.6 - 51.8	254,663	50.8	48.2 - 53.4	501,459
35-44	283,060	50.7	48.3 - 53.1	274,956	49.3	46.9 - 51.7	558,016
45-54	280,231	54.9	52.6 - 57.2	230,450	45.1	42.8 - 47.4	510,681
55-64	209,929	58.1	55.1 - 61.0	151,670	41.9	39.0 - 44.9	361,599
65-74	146,370	56.4	53.0 - 59.7	113,334	43.6	40.3 - 47.0	259,704
75+	145,814	64.6	61.3 - 67.8	79,923	35.4	32.2 - 38.7	225,737

DOH Race -Ethnicity	AT RISK	NOT AT RISK	Estimated Adult Population
---------------------	---------	-------------	----------------------------

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Black</b>	16,164	34.7	26.9 - 42.6	30,395	65.3	57.4 - 73.1	46,559
<b>Chinese</b>	138,847	57.3	53.4 - 61.1	103,673	42.7	38.9 - 46.6	242,520
<b>Filipino</b>	252,796	61.4	58.3 - 64.5	158,957	38.6	35.5 - 41.7	411,753
<b>Japanese</b>	332,512	60.8	58.4 - 63.2	214,628	39.2	36.8 - 41.6	547,140
<b>Native Alaskan/ American Indian</b>	5,594	42.8	28.5 - 57.2	7,473	57.2	42.8 - 71.5	13,067
<b>Native Hawaiian</b>	169,611	53.4	50.2 - 56.6	147,818	46.6	43.4 - 49.8	317,429
<b>Other</b>	35,932	43.9	37.2 - 50.5	45,943	56.1	49.5 - 62.8	81,875
<b>Other Asian</b>	37,540	58.1	50.5 - 65.7	27,084	41.9	34.3 - 49.5	64,624
<b>Other Pacific Islander</b>	34,675	62.8	53.7 - 71.8	20,575	37.2	28.2 - 46.3	55,250
<b>White</b>	429,236	43.8	42.2 - 45.5	550,176	56.2	54.5 - 57.8	979,412

**Moderate Physical Activity Risk Factor (Mod Phys Actv >= 30 mins/day for >= 5 days/week or Vig Actv for >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

Gender	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Female	804,514	58.1	56.7 - 59.5	579,410	41.9	40.5 - 43.3	1,383,924
Male	656,535	47.1	45.5 - 48.8	737,128	52.9	51.2 - 54.5	1,393,663

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii-Hilo	55,559	55.4	51.5 - 59.4	44,652	44.6	40.6 - 48.5	100,211
Hawaii-Kona	43,887	49.3	45.3 - 53.3	45,118	50.7	46.7 - 54.7	89,005
Hawaii-N.Hawaii	35,705	51.0	46.3 - 55.7	34,290	49.0	44.3 - 53.7	69,995
Hawaii-Puna/ Kau	36,366	52.5	48.0 - 57.0	32,908	47.5	43.0 - 52.0	69,274

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Honolulu-Aiea/ Pearl City	104,296	57.8	53.1 - 62.6	76,106	42.2	37.4 - 46.9	180,402
Honolulu-Ala Moana	52,044	57.6	52.0 - 63.1	38,382	42.4	36.9 - 48.0	90,426
Honolulu-Kaaawa/ Kahaluu/ Kaneohe	64,398	51.3	45.7 - 56.9	61,053	48.7	43.1 - 54.3	125,451
Honolulu-Kailua/ Waimanalo	76,403	52.1	47.2 - 57.0	70,291	47.9	43.0 - 52.8	146,694
Honolulu-Kaimuki/ Palolo/ Waikiki	105,868	52.4	48.3 - 56.6	96,135	47.6	43.4 - 51.7	202,003
Honolulu-Manoa/ Upper Makiki	88,284	53.3	48.4 - 58.1	77,482	46.7	41.9 - 51.6	165,766
Honolulu-Mililani/ Wahiawa	89,448	48.4	43.6 - 53.1	95,503	51.6	46.9 - 56.4	184,951
Honolulu-Nanakuli/ Waianae	48,268	59.9	52.5 - 67.3	32,323	40.1	32.7 - 47.5	80,591
Honolulu-N.Shore/ Laie	32,082	47.2	39.4 - 54.9	35,952	52.8	45.1 - 60.6	68,034

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Honolulu-Nuuanu/ Kalihi/ Moanalua	118,796	59.2	54.7 - 63.7	81,892	40.8	36.3 - 45.3	200,688
Honolulu-Salt Lake/ Foster Village	49,137	42.2	36.6 - 47.7	67,425	57.8	52.3 - 63.4	116,562
Honolulu-Waiialae/ Kahala/ Hawaii Kai	60,528	51.4	45.9 - 57.0	57,136	48.6	43.0 - 54.1	117,664
Honolulu-Waipahu/ Kapolei/ Ewa	135,616	50.5	46.5 - 54.5	133,004	49.5	45.5 - 53.5	268,620
Kauai-Hanalei/ Kapaa	26,438	50.9	46.2 - 55.5	25,517	49.1	44.5 - 53.8	51,955
Kauai-Lihue-Waimea	41,713	57.8	53.8 - 61.8	30,449	42.2	38.2 - 46.2	72,162
Maui-Kahului	46,557	50.3	45.0 - 55.7	45,967	49.7	44.3 - 55.0	92,524
Maui-Lahaina/ Wailuku	44,362	52.2	47.4 - 56.9	40,693	47.8	43.1 - 52.6	85,055
Maui-Lanai	5,549	63.4	55.4 - 71.5	3,199	36.6	28.5 - 44.6	8,748



**Moderate Physical Activity Risk Factor (Mod Phys Actv >= 30 mins/day for >= 5 days/week or Vig Actv for >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Maui-Molokai	9,144	48.2	41.4 - 55.0	9,834	51.8	45.0 - 58.6	18,978
Maui-Upcountry/ Hana	41,417	50.6	46.3 - 55.0	40,419	49.4	45.0 - 53.7	81,836

Employment Status(Grouped)	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Employed	919,506	50.9	49.5 - 52.2	888,524	49.1	47.8 - 50.5	1,808,030
Unemployed	52,592	49.7	43.8 - 55.7	53,179	50.3	44.3 - 56.2	105,771
Student/Homemaker	147,828	52.5	48.9 - 56.2	133,648	47.5	43.8 - 51.1	281,476
Retired/Unable to work	340,143	58.6	56.4 - 60.9	239,881	41.4	39.1 - 43.6	580,024

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

Education Level	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Grades 9 thru 11 (Some High School)	67,576	59.9	54.2 - 65.5	45,332	40.1	34.5 - 45.8	112,908
Grades 12 or GED (High School Grad)	507,622	55.9	53.9 - 57.8	400,792	44.1	42.2 - 46.1	908,414
College 1 to 3 years (Some College/ Tech)	414,525	50.9	48.9 - 53.0	399,680	49.1	47.0 - 51.1	814,205
College 4 years or more (College Grad)	429,413	48.8	47.0 - 50.7	449,884	51.2	49.3 - 53.0	879,297
Never attended school/ Only Kindergarten to Grades 8	37,857	68.4	61.8 - 74.9	17,511	31.6	25.1 - 38.2	55,368

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

Household Income	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Less than \$10,000	74,535	59.6	54.7 - 64.5	50,531	40.4	35.5 - 45.3	125,066
\$10,000 to \$14,999	69,892	53.0	48.0 - 58.1	61,919	47.0	41.9 - 52.0	131,811
\$15,000 to \$19,999	67,169	50.4	45.0 - 55.8	66,069	49.6	44.2 - 55.0	133,238
\$20,000 to \$24,999	78,092	47.7	42.8 - 52.6	85,673	52.3	47.4 - 57.2	163,765
\$25,000 to \$34,999	125,063	50.1	46.6 - 53.5	124,747	49.9	46.5 - 53.4	249,810
\$35,000 to \$49,999	199,123	49.5	46.7 - 52.3	203,481	50.5	47.7 - 53.3	402,604
\$50,000 to \$74,999	193,792	50.0	47.1 - 52.8	194,015	50.0	47.2 - 52.9	387,807
\$75,000 or more	185,476	44.3	41.5 - 47.0	233,441	55.7	53.0 - 58.5	418,917

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

Island	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	171,517	52.2	50.1 - 54.3	156,969	47.8	45.7 - 49.9	328,486
Kauai	68,151	54.9	51.9 - 58.0	55,966	45.1	42.0 - 48.1	124,117
Lanai	5,549	63.4	55.4 - 71.4	3,199	36.6	28.6 - 44.6	8,748
Maui	132,335	51.0	48.2 - 53.8	127,078	49.0	46.2 - 51.8	259,413
Molokai	9,144	48.2	41.4 - 55.0	9,834	51.8	45.0 - 58.6	18,978
Oahu	1,025,166	52.6	51.2 - 54.1	922,682	47.4	45.9 - 48.8	1,947,848

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

Marital Status(Grouped)	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Other	462,745	48.5	46.6 - 50.4	491,505	51.5	49.6 - 53.4	954,250
Married	858,373	53.8	52.4 - 55.3	736,093	46.2	44.7 - 47.6	1,594,466
Unmarried Couple	25,699	50.8	42.6 - 59.0	24,873	49.2	41.0 - 57.4	50,572
Widowed	114,231	64.1	60.4 - 67.7	64,067	35.9	32.3 - 39.6	178,298

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

Poverty Level	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
1-50%	75,693	56.6	51.4 - 61.8	58,016	43.4	38.2 - 48.6	133,709
51-100%	109,653	52.9	48.0 - 57.8	97,480	47.1	42.2 - 52.0	207,133
101-120%	29,181	52.1	43.9 - 60.2	26,854	47.9	39.8 - 56.1	56,035
121-130%	45,498	52.6	47.0 - 58.1	41,078	47.4	41.9 - 53.0	86,576
131-150%	44,683	51.4	44.2 - 58.5	42,266	48.6	41.5 - 55.8	86,949
151-170%	32,057	43.0	36.4 - 49.5	42,543	57.0	50.5 - 63.6	74,600
171-180%	53,409	51.8	46.2 - 57.5	49,625	48.2	42.5 - 53.8	103,034
181-185%	n/r	n/r	n/r	n/r	n/r	n/r	n/r
186+%	602,966	47.7	46.2 - 49.2	661,201	52.3	50.8 - 53.8	1,264,167

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2001-2003**

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2002-2004**

Year Total	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
State	1,452,972	52.5	51.2 - 53.9	1,312,707	47.5	46.1 - 48.8	2,765,679

County	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	179,849	51.9	49.4 - 54.4	166,599	48.1	45.6 - 50.6	346,448
Honolulu	1,019,159	52.5	50.7 - 54.2	923,314	47.5	45.8 - 49.3	1,942,473
Kauai	65,803	53.3	49.8 - 56.7	57,712	46.7	43.3 - 50.2	123,515
Maui	150,528	52.5	49.4 - 55.6	136,199	47.5	44.4 - 50.6	286,727



**Moderate Physical Activity Risk Factor (Mod Phys Actv >= 30 mins/day for >= 5 days/week or Vig Actv for >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2002-2004**

BRFSS Age Group	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
18-24	149,590	43.6	38.9 - 48.3	193,451	56.4	51.7 - 61.1	343,041
25-34	245,929	49.4	46.1 - 52.6	252,349	50.6	47.4 - 53.9	498,278
35-44	280,874	51.2	48.3 - 54.2	267,343	48.8	45.8 - 51.7	548,217
45-54	277,883	53.9	51.1 - 56.6	238,065	46.1	43.4 - 48.9	515,948
55-64	204,320	57.0	53.8 - 60.3	153,976	43.0	39.7 - 46.2	358,296
65-74	136,058	54.1	50.1 - 58.0	115,650	45.9	42.0 - 49.9	251,708
75+	148,710	63.7	59.7 - 67.6	84,815	36.3	32.4 - 40.3	233,525

DOH Race -Ethnicity	AT RISK	NOT AT RISK	Estimated Adult Population
---------------------	---------	-------------	----------------------------

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2002-2004**

	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Black</b>	15,829	41.5	31.6 - 51.3	22,358	58.5	48.7 - 68.4	38,187
<b>Chinese</b>	131,075	55.2	50.8 - 59.6	106,405	44.8	40.4 - 49.2	237,480
<b>Filipino</b>	262,973	62.1	58.4 - 65.8	160,521	37.9	34.2 - 41.6	423,494
<b>Japanese</b>	323,838	59.8	57.0 - 62.7	217,472	40.2	37.3 - 43.0	541,310
<b>Native Alaskan/ American Indian</b>	7,678	54.6	36.1 - 73.1	6,388	45.4	26.9 - 63.9	14,066
<b>Native Hawaiian</b>	160,786	50.2	46.1 - 54.2	159,748	49.8	45.8 - 53.9	320,534
<b>Other</b>	33,335	47.9	40.2 - 55.5	36,305	52.1	44.5 - 59.8	69,640
<b>Other Asian</b>	33,050	55.9	45.4 - 66.3	26,113	44.1	33.7 - 54.6	59,163
<b>Other Pacific Islander</b>	37,658	60.0	45.5 - 74.4	25,150	40.0	25.6 - 54.5	62,808
<b>White</b>	433,047	44.9	43.0 - 46.9	530,476	55.1	53.1 - 57.0	963,523

**Moderate Physical Activity Risk Factor (Mod Phys Actv >= 30 mins/day for >= 5 days/week or Vig Actv for >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2002-2004**

Gender	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Female	782,652	56.3	54.6 - 58.0	607,380	43.7	42.0 - 45.4	1,390,032
Male	670,320	48.7	46.7 - 50.8	705,326	51.3	49.2 - 53.3	1,375,646

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii-Hilo	55,042	53.7	49.1 - 58.2	47,476	46.3	41.8 - 50.9	102,518
Hawaii-Kona	41,424	48.9	44.2 - 53.6	43,268	51.1	46.4 - 55.8	84,692
Hawaii-N.Hawaii	35,230	50.7	45.3 - 56.0	34,320	49.3	44.0 - 54.7	69,550
Hawaii-Puna/ Kau	48,153	53.7	48.4 - 59.0	41,535	46.3	41.0 - 51.6	89,688

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2002-2004**

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Honolulu-Aiea/ Pearl City	103,249	58.0	52.4 - 63.6	74,754	42.0	36.4 - 47.6	178,003
Honolulu-Ala Moana	59,532	62.1	55.4 - 68.7	36,361	37.9	31.3 - 44.6	95,893
Honolulu-Kaaawa/ Kahaluu/ Kaneohe	66,992	52.6	45.8 - 59.4	60,421	47.4	40.6 - 54.2	127,413
Honolulu-Kailua/ Waimanalo	62,363	44.9	39.2 - 50.7	76,380	55.1	49.3 - 60.8	138,743
Honolulu-Kaimuki/ Palolo/ Waikiki	101,042	52.7	47.7 - 57.7	90,690	47.3	42.3 - 52.3	191,732
Honolulu-Manoa/ Upper Makiki	74,708	47.3	41.7 - 53.0	83,092	52.7	47.0 - 58.3	157,800
Honolulu-Mililani/ Wahiawa	88,556	47.0	40.9 - 53.1	99,934	53.0	46.9 - 59.1	188,490
Honolulu-Nanakuli/ Waianae	49,410	56.0	47.1 - 64.9	38,882	44.0	35.1 - 52.9	88,292
Honolulu-N.Shore/ Laie	31,541	50.0	40.7 - 59.2	31,577	50.0	40.8 - 59.3	63,118

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2002-2004**

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Honolulu-Nuuanu/ Kalihi/ Moanalua	116,508	58.9	53.5 - 64.3	81,444	41.1	35.7 - 46.5	197,952
Honolulu-Salt Lake/ Foster Village	48,830	42.3	35.5 - 49.1	66,604	57.7	50.9 - 64.5	115,434
Honolulu-Waiialae/ Kahala/ Hawaii Kai	60,036	51.9	45.3 - 58.4	55,703	48.1	41.6 - 54.7	115,739
Honolulu-Waipahu/ Kapolei/ Ewa	156,392	55.1	50.2 - 60.0	127,472	44.9	40.0 - 49.8	283,864
Kauai-Hanalei/ Kapaa	24,696	48.3	43.1 - 53.5	26,442	51.7	46.5 - 56.9	51,138
Kauai-Lihue-Waimea	41,107	56.8	52.2 - 61.4	31,271	43.2	38.6 - 47.8	72,378
Maui-Kahului	52,063	57.6	52.0 - 63.3	38,282	42.4	36.7 - 48.0	90,345
Maui-Lahaina/ Wailuku	44,827	53.4	47.0 - 59.8	39,119	46.6	40.2 - 53.0	83,946
Maui-Lanai	5,116	67.4	58.8 - 76.0	2,474	32.6	24.0 - 41.2	7,590

**Moderate Physical Activity Risk Factor (Mod Phys Actv >= 30 mins/day for >= 5 days/week or Vig Actv for >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2002-2004**

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Maui-Molokai	9,635	48.0	40.5 - 55.5	10,442	52.0	44.5 - 59.5	20,077
Maui-Upcountry/ Hana	38,887	45.9	40.5 - 51.2	45,882	54.1	48.8 - 59.5	84,769

Employment Status(Grouped)	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Employed	920,119	51.4	49.7 - 53.0	870,618	48.6	47.0 - 50.3	1,790,737
Unemployed	48,725	48.1	41.0 - 55.2	52,600	51.9	44.8 - 59.0	101,325
Student/Homemaker	150,074	51.2	46.9 - 55.4	143,282	48.8	44.6 - 53.1	293,356
Retired/Unable to work	332,195	57.5	54.9 - 60.2	245,360	42.5	39.8 - 45.1	577,555

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2002-2004**

Education Level	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Grades 9 thru 11 (Some High School)	64,912	61.8	55.1 - 68.4	40,180	38.2	31.6 - 44.9	105,092
Grades 12 or GED (High School Grad)	498,072	56.3	53.8 - 58.7	386,963	43.7	41.3 - 46.2	885,035
College 1 to 3 years (Some College/ Tech)	419,902	50.9	48.5 - 53.4	404,582	49.1	46.6 - 51.5	824,484
College 4 years or more (College Grad)	436,170	48.4	46.3 - 50.6	464,206	51.6	49.4 - 53.7	900,376
Never attended school/ Only Kindergarten to Grades 8	31,549	68.4	60.7 - 76.1	14,586	31.6	23.9 - 39.3	46,135

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2002-2004**

Household Income	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Less than \$10,000	57,898	55.7	49.9 - 61.5	46,061	44.3	38.5 - 50.1	103,959
\$10,000 to \$14,999	61,102	53.5	47.7 - 59.3	53,089	46.5	40.7 - 52.3	114,191
\$15,000 to \$19,999	70,968	50.7	44.6 - 56.9	68,972	49.3	43.1 - 55.4	139,940
\$20,000 to \$24,999	84,191	50.4	45.1 - 55.8	82,722	49.6	44.2 - 54.9	166,913
\$25,000 to \$34,999	141,354	51.3	47.0 - 55.7	133,932	48.7	44.3 - 53.0	275,286
\$35,000 to \$49,999	204,868	50.4	46.9 - 53.9	201,792	49.6	46.1 - 53.1	406,660
\$50,000 to \$74,999	269,935	49.4	46.1 - 52.8	276,014	50.6	47.2 - 53.9	545,949
\$75,000 or more	225,427	45.0	41.8 - 48.2	275,263	55.0	51.8 - 58.2	500,690



**Moderate Physical Activity Risk Factor (Mod Phys Actv >= 30 mins/day for >= 5 days/week or Vig Actv for >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2002-2004**

Island	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	179,849	51.9	49.4 - 54.4	166,599	48.1	45.6 - 50.6	346,448
Kauai	65,803	53.3	49.8 - 56.7	57,712	46.7	43.3 - 50.2	123,515
Lanai	5,116	67.4	58.8 - 76.0	2,474	32.6	24.0 - 41.2	7,590
Maui	135,776	52.4	49.0 - 55.8	123,282	47.6	44.2 - 51.0	259,058
Molokai	9,635	48.0	40.5 - 55.5	10,442	52.0	44.5 - 59.5	20,077
Oahu	1,019,159	52.5	50.7 - 54.2	923,314	47.5	45.8 - 49.3	1,942,473

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2002-2004**

Marital Status(Grouped)	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Other	448,971	48.9	46.5 - 51.3	468,818	51.1	48.7 - 53.5	917,789
Married	857,413	53.5	51.8 - 55.2	745,364	46.5	44.8 - 48.2	1,602,777
Unmarried Couple	33,924	52.4	44.2 - 60.7	30,776	47.6	39.3 - 55.8	64,700
Widowed	112,664	62.4	58.1 - 66.8	67,750	37.6	33.2 - 41.9	180,414

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2002-2004**

Poverty Level	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>1-50%</b>	65,129	51.0	44.9 - 57.0	62,680	49.0	43.0 - 55.1	127,809
<b>51-100%</b>	109,708	53.4	47.7 - 59.0	95,920	46.6	41.0 - 52.3	205,628
<b>101-120%</b>	46,998	62.7	53.9 - 71.6	27,928	37.3	28.4 - 46.1	74,926
<b>121-130%</b>	46,774	54.7	48.7 - 60.7	38,752	45.3	39.3 - 51.3	85,526
<b>131-150%</b>	38,877	46.0	36.0 - 55.9	45,685	54.0	44.1 - 64.0	84,562
<b>151-170%</b>	57,162	47.0	38.7 - 55.2	64,581	53.0	44.8 - 61.3	121,743
<b>171-180%</b>	36,593	55.9	48.1 - 63.7	28,882	44.1	36.3 - 51.9	65,475
<b>186+%</b>	714,502	48.0	46.2 - 49.8	773,418	52.0	50.2 - 53.8	1,487,920

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**

Year Total	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
State	1,365,477	49.2	47.9 - 50.5	1,410,836	50.8	49.5 - 52.1	2,776,313

County	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	170,659	48.5	46.0 - 50.9	181,522	51.5	49.1 - 54.0	352,181
Honolulu	973,577	49.5	47.8 - 51.2	993,918	50.5	48.8 - 52.2	1,967,495
Kauai	61,542	49.3	45.7 - 52.8	63,346	50.7	47.2 - 54.3	124,888
Maui	137,452	47.2	44.0 - 50.3	153,907	52.8	49.7 - 56.0	291,359

**Moderate Physical Activity Risk Factor (Mod Phys Actv >= 30 mins/day for >= 5 days/week or Vig Actv for >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**

BRFSS Age Group	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
18-24	134,642	39.6	34.8 - 44.4	205,024	60.4	55.6 - 65.2	339,666
25-34	222,341	45.1	41.7 - 48.5	270,676	54.9	51.5 - 58.3	493,017
35-44	271,910	50.4	47.4 - 53.4	267,518	49.6	46.6 - 52.6	539,428
45-54	261,301	50.5	47.7 - 53.3	256,529	49.5	46.7 - 52.3	517,830
55-64	200,650	53.0	49.9 - 56.1	177,778	47.0	43.9 - 50.1	378,428
65-74	126,658	50.0	46.1 - 53.9	126,632	50.0	46.1 - 53.9	253,290
75+	137,775	58.1	54.1 - 62.1	99,386	41.9	37.9 - 45.9	237,161

DOH Race -Ethnicity	AT RISK	NOT AT RISK	Estimated Adult Population
---------------------	---------	-------------	----------------------------

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**

	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Black</b>	16,306	40.1	30.4 - 49.8	24,366	59.9	50.2 - 69.6	40,672
<b>Chinese</b>	123,499	55.2	50.5 - 59.8	100,415	44.8	40.2 - 49.5	223,914
<b>Filipino</b>	250,628	58.0	54.2 - 61.7	181,795	42.0	38.3 - 45.8	432,423
<b>Japanese</b>	309,587	55.7	52.9 - 58.5	246,051	44.3	41.5 - 47.1	555,638
<b>Native Alaskan/ American Indian</b>	8,706	59.2	42.2 - 76.3	5,997	40.8	23.7 - 57.8	14,703
<b>Native Hawaiian</b>	143,471	45.5	41.5 - 49.5	171,832	54.5	50.5 - 58.5	315,303
<b>Other</b>	38,432	49.7	42.6 - 56.8	38,893	50.3	43.2 - 57.4	77,325
<b>Other Asian</b>	30,906	53.8	43.0 - 64.7	26,493	46.2	35.3 - 57.0	57,399
<b>Other Pacific Islander</b>	33,860	52.6	39.0 - 66.2	30,560	47.4	33.8 - 61.0	64,420
<b>White</b>	397,029	41.4	39.5 - 43.4	561,498	58.6	56.6 - 60.5	958,527

**Moderate Physical Activity Risk Factor (Mod Phys Actv >= 30 mins/day for >= 5 days/week or Vig Actv for >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**

Gender	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Female	728,672	52.3	50.6 - 54.0	664,789	47.7	46.0 - 49.4	1,393,461
Male	636,805	46.1	44.0 - 48.1	746,047	53.9	51.9 - 56.0	1,382,852

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii-Hilo	50,790	50.0	45.4 - 54.6	50,744	50.0	45.4 - 54.6	101,534
Hawaii-Kona	37,427	45.0	40.2 - 49.8	45,755	55.0	50.2 - 59.8	83,182
Hawaii-N.Hawaii	35,432	49.9	44.8 - 55.1	35,528	50.1	44.9 - 55.2	70,960
Hawaii-Puna/ Kau	47,010	48.7	43.6 - 53.8	49,495	51.3	46.2 - 56.4	96,505

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Honolulu-Aiea/ Pearl City	98,415	54.9	49.3 - 60.6	80,759	45.1	39.4 - 50.7	179,174
Honolulu-Ala Moana	56,780	60.5	53.5 - 67.4	37,148	39.5	32.6 - 46.5	93,928
Honolulu-Kaaawa/ Kahaluu/ Kaneohe	72,402	51.8	45.4 - 58.2	67,305	48.2	41.8 - 54.6	139,707
Honolulu-Kailua/ Waimanalo	55,842	40.3	34.5 - 46.0	82,894	59.7	54.0 - 65.5	138,736
Honolulu-Kaimuki/ Palolo/ Waikiki	92,890	49.5	44.4 - 54.7	94,664	50.5	45.3 - 55.6	187,554
Honolulu-Manoa/ Upper Makiki	58,006	40.6	34.8 - 46.4	84,928	59.4	53.6 - 65.2	142,934
Honolulu-Mililani/ Wahiawa	83,789	43.3	37.5 - 49.0	109,795	56.7	51.0 - 62.5	193,584
Honolulu-Nanakuli/ Waianae	52,507	55.6	46.8 - 64.4	41,918	44.4	35.6 - 53.2	94,425
Honolulu-N.Shore/ Laie	28,455	44.0	34.9 - 53.0	36,278	56.0	47.0 - 65.1	64,733



**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Honolulu-Nuuanu/ Kalihi/ Moanalua	107,285	53.7	48.1 - 59.2	92,677	46.3	40.8 - 51.9	199,962
Honolulu-Salt Lake/ Foster Village	47,160	43.0	35.8 - 50.2	62,521	57.0	49.8 - 64.2	109,681
Honolulu-Waiialae/ Kahala/ Hawaii Kai	51,308	46.0	39.3 - 52.7	60,211	54.0	47.3 - 60.7	111,519
Honolulu-Waipahu/ Kapolei/ Ewa	168,738	54.2	49.5 - 58.8	142,820	45.8	41.2 - 50.5	311,558
Kauai-Hanalei/ Kapaa	22,250	43.9	38.7 - 49.1	28,432	56.1	50.9 - 61.3	50,682
Kauai-Lihue-Waimea	39,292	53.0	48.2 - 57.7	34,913	47.0	42.3 - 51.8	74,205
Maui-Kahului	50,520	53.4	47.7 - 59.1	44,085	46.6	40.9 - 52.3	94,605
Maui-Lahaina/ Wailuku	40,344	47.0	40.7 - 53.2	45,579	53.0	46.8 - 59.3	85,923
Maui-Lanai	3,682	59.6	50.4 - 68.8	2,498	40.4	31.2 - 49.6	6,180

**Moderate Physical Activity Risk Factor (Mod Phys Actv >= 30 mins/day for >= 5 days/week or Vig Actv for >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Maui-Molokai	7,007	39.8	31.8 - 47.8	10,601	60.2	52.2 - 68.2	17,608
Maui-Upcountry/ Hana	35,900	41.2	35.9 - 46.6	51,143	58.8	53.4 - 64.1	87,043

Employment Status(Grouped)	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Employed	881,520	49.0	47.3 - 50.7	917,614	51.0	49.3 - 52.7	1,799,134
Unemployed	31,292	41.1	32.7 - 49.4	44,934	58.9	50.6 - 67.3	76,226
Student/Homemaker	124,943	43.8	39.4 - 48.2	160,139	56.2	51.8 - 60.6	285,082
Retired/Unable to work	325,906	53.1	50.6 - 55.6	287,764	46.9	44.4 - 49.4	613,670

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**

Education Level	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Grades 9 thru 11 (Some High School)	63,489	59.6	52.9 - 66.4	42,991	40.4	33.6 - 47.1	106,480
Grades 12 or GED (High School Grad)	433,621	52.6	50.0 - 55.2	391,057	47.4	44.8 - 50.0	824,678
College 1 to 3 years (Some College/ Tech)	397,873	47.9	45.4 - 50.3	432,976	52.1	49.7 - 54.6	830,849
College 4 years or more (College Grad)	438,846	45.5	43.5 - 47.6	524,628	54.5	52.4 - 56.5	963,474
Never attended school/ Only Kindergarten to Grades 8	29,228	62.6	53.7 - 71.5	17,474	37.4	28.5 - 46.3	46,702

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**

Household Income	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Less than \$10,000	49,276	53.4	47.1 - 59.7	43,010	46.6	40.3 - 52.9	92,286
\$10,000 to \$14,999	54,024	51.9	45.6 - 58.2	49,994	48.1	41.8 - 54.4	104,018
\$15,000 to \$19,999	70,622	48.7	42.9 - 54.5	74,431	51.3	45.5 - 57.1	145,053
\$20,000 to \$24,999	90,564	49.6	44.6 - 54.7	91,891	50.4	45.3 - 55.4	182,455
\$25,000 to \$34,999	149,519	50.2	46.1 - 54.4	148,083	49.8	45.6 - 53.9	297,602
\$35,000 to \$49,999	211,211	48.9	45.5 - 52.3	220,578	51.1	47.7 - 54.5	431,789
\$50,000 to \$74,999	294,878	49.5	46.3 - 52.7	300,998	50.5	47.3 - 53.7	595,876
\$75,000 or more	262,274	44.3	41.4 - 47.1	330,319	55.7	52.9 - 58.6	592,593

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**

Island	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	170,659	48.5	46.0 - 50.9	181,522	51.5	49.1 - 54.0	352,181
Kauai	61,542	49.3	45.8 - 52.8	63,346	50.7	47.2 - 54.2	124,888
Lanai	3,682	59.6	50.4 - 68.8	2,498	40.4	31.2 - 49.6	6,180
Maui	126,763	47.4	44.0 - 50.8	140,807	52.6	49.2 - 56.0	267,570
Molokai	7,007	39.8	31.8 - 47.8	10,601	60.2	52.2 - 68.2	17,608
Oahu	973,577	49.5	47.8 - 51.2	993,918	50.5	48.8 - 52.2	1,967,495

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**

Marital Status(Grouped)	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Other	414,154	45.6	43.2 - 48.1	493,680	54.4	51.9 - 56.8	907,834
Married	821,603	50.6	48.9 - 52.3	803,210	49.4	47.7 - 51.1	1,624,813
Unmarried Couple	30,013	44.1	35.8 - 52.4	38,044	55.9	47.6 - 64.2	68,057
Widowed	99,707	56.8	52.4 - 61.2	75,902	43.2	38.8 - 47.6	175,609

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**

Poverty Level	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
1-50%	63,144	51.0	44.6 - 57.4	60,618	49.0	42.6 - 55.4	123,762
51-100%	106,964	51.4	45.8 - 57.0	101,233	48.6	43.0 - 54.2	208,197
101-120%	60,054	56.5	49.3 - 63.7	46,229	43.5	36.3 - 50.7	106,283
121-130%	38,536	54.1	47.3 - 60.9	32,709	45.9	39.1 - 52.7	71,245
131-150%	40,554	45.4	35.8 - 55.0	48,839	54.6	45.0 - 64.2	89,393
151-170%	71,649	43.4	37.0 - 49.8	93,465	56.6	50.2 - 63.0	165,114
171-180%	19,729	55.0	42.6 - 67.3	16,173	45.0	32.7 - 57.4	35,902
181-185%	n/r	n/r	n/r	n/r	n/r	n/r	n/r
186+%	781,739	47.6	46.0 - 49.3	859,448	52.4	50.7 - 54.0	1,641,187

**Moderate Physical Activity Risk Factor (Mod Phys Actv  $\geq$  30 mins/day for  $\geq$  5 days/week or Vig Actv for  $\geq$  20 mins/day for  $\geq$  3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2003, 2002-2004, 2003-2005**

*Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents*

**Years: 2003-2005**