

Physical Activity Levels by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a subset of respondents; If a dimension value is unknown for a particular survey record, that record will not be included in the counts for that particular dimension

This report displays weighted numbers, percentages and confidence intervals for BRFSS Health Indicators. Respondents are aged 18 or older. The trend analysis page shows the trend for the selected health variable over selected years in a table and a graph. Estimated Adult Population: This number is a weighted representation of the adult population who responded to a particular question in the survey. For most questions the estimated adult population will be the entire adult population. For some secondary questions only a subset of the population was asked the question. For example, all survey participants were asked if they had diabetes, but only those who answered yes were asked if they use insulin.

For documentation on other terms and coding in this report, please go to the following links

[Click here to access DOH Race-Ethnicity coding](#)

[Click here to access BRFSS documentation](#)

[Click here to access Hawaii Data Guide](#)

[Click here to access Poverty Level methodology](#)

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The Hawaii Health Data Warehouse**

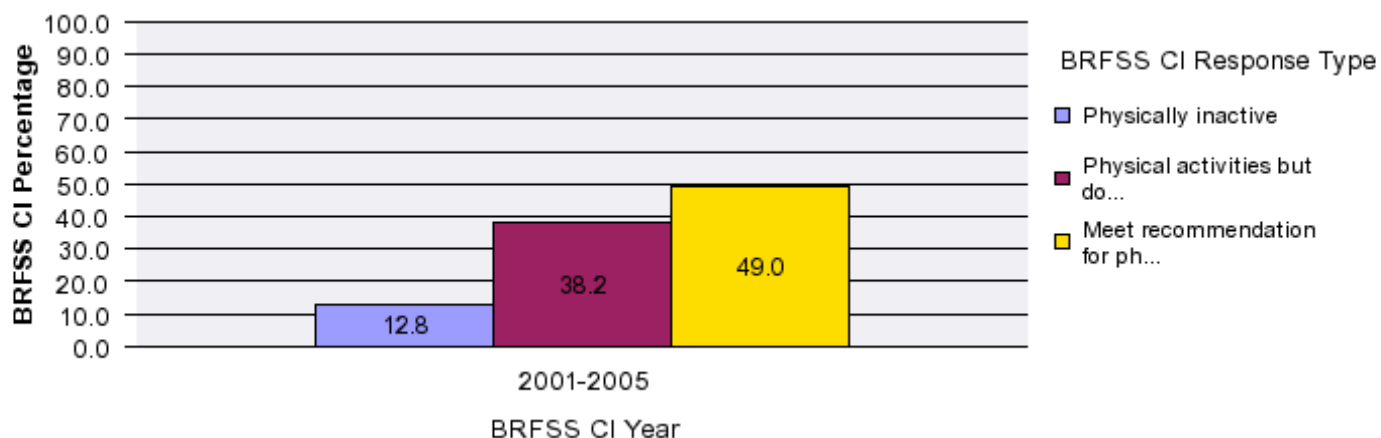
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Physical Activity Levels by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Year	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#
2001-2005	590,992	12.8	12.2 - 13.5	1,761,664	38.2	37.3 - 39.1	2,257,275	49.0	48.0 - 49.9	4,609,931



Physical Activity Levels by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

Year Total	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
State	590,992	12.8	12.2 - 13.5	1,761,664	38.2	37.3 - 39.1	2,257,275	49.0	48.0 - 49.9	4,609,931

County	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	71,152	12.6	11.4 - 13.7	216,653	38.2	36.5 - 40.0	279,056	49.2	47.4 - 51.0	566,861
Honolulu	414,883	12.7	11.9 - 13.6	1,253,737	38.5	37.3 - 39.7	1,588,559	48.8	47.5 - 50.0	3,257,179
Kauai	25,631	12.3	10.7 - 13.9	81,880	39.4	36.9 - 41.9	100,362	48.3	45.7 - 50.8	207,873
Maui	60,969	12.6	11.1 - 14.1	175,317	36.3	34.2 - 38.4	247,151	51.1	48.9 - 53.4	483,437

Physical Activity Levels by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

BRFSS Age Group	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
18-24	50,376	8.9	7.0 - 10.9	184,410	32.7	29.5 - 35.9	329,474	58.4	55.0 - 61.8	564,260
25-34	76,883	9.3	7.9 - 10.6	314,924	37.9	35.6 - 40.2	438,551	52.8	50.5 - 55.2	830,358
35-44	100,435	11.0	9.7 - 12.3	361,626	39.6	37.6 - 41.7	450,171	49.3	47.2 - 51.5	912,232
45-54	112,071	13.2	11.7 - 14.6	336,000	39.4	37.5 - 41.4	403,668	47.4	45.4 - 49.4	851,739
55-64	93,065	15.1	13.4 - 16.8	246,900	40.0	37.7 - 42.4	276,519	44.9	42.5 - 47.2	616,484
65-74	66,881	15.8	13.4 - 18.2	157,063	37.1	34.4 - 39.8	199,364	47.1	44.2 - 50.0	423,308
75+	86,730	22.8	20.1 - 25.4	148,733	39.0	36.2 - 41.9	145,432	38.2	35.3 - 41.1	380,895

DOH Race -Ethnicity	Physically inactive	Physical activities but doesn't meet recommended	Meet recommendation for physical activity	Estimated Adult Population
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Physical Activity Levels by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

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Years: 2001-2005

	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Black	6,858	9.2	5.3 - 13.1	21,523	29.0	22.5 - 35.4	45,957	61.8	55.0 - 68.7	74,338
Chinese	53,223	15.3	12.7 - 18.0	143,872	41.5	38.0 - 44.9	149,803	43.2	39.7 - 46.7	346,898
Filipino	110,591	15.8	13.7 - 17.8	307,500	43.8	41.0 - 46.7	283,176	40.4	37.6 - 43.1	701,267
Japanese	134,021	14.4	12.9 - 15.8	405,400	43.5	41.5 - 45.5	393,167	42.2	40.1 - 44.2	932,588
Native Alaskan/ American Indian	3,142	13.2	5.5 - 20.9	8,923	37.6	24.0 - 51.1	11,696	49.2	36.5 - 61.9	23,761
Native Hawaiian	69,571	12.7	10.8 - 14.5	203,494	37.0	34.4 - 39.7	276,662	50.3	47.5 - 53.2	549,727
Other	17,736	13.1	9.5 - 16.7	45,130	33.4	28.2 - 38.5	72,452	53.5	48.2 - 58.9	135,318
Other Asian	16,377	15.4	10.6 - 20.3	44,249	41.7	34.4 - 49.0	45,509	42.9	35.8 - 49.9	106,135
Other Pacific Islander	24,140	22.6	15.9 - 29.3	36,048	33.7	25.5 - 42.0	46,694	43.7	34.3 - 53.1	106,882
White	148,727	9.4	8.6 - 10.2	534,039	33.6	32.3 - 35.0	904,385	57.0	55.6 - 58.4	1,587,151

Physical Activity Levels by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

Gender	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Female	317,054	13.8	12.9 - 14.6	951,270	41.3	40.0 - 42.5	1,037,422	45.0	43.8 - 46.2	2,305,746
Male	273,938	11.9	10.9 - 12.8	810,394	35.2	33.8 - 36.6	1,219,853	52.9	51.5 - 54.4	2,304,185

County and Community	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii-Hilo	22,756	13.6	11.4 - 15.8	68,158	40.7	37.5 - 43.9	76,497	45.7	42.4 - 49.0	167,411
Hawaii-Kona	14,928	10.5	8.3 - 12.6	52,657	36.9	33.6 - 40.2	75,122	52.6	49.2 - 56.1	142,707
Hawaii-N.Hawaii	12,278	10.5	8.4 - 12.6	47,385	40.5	36.8 - 44.2	57,371	49.0	45.2 - 52.8	117,034
Hawaii-Puna/ Kau	21,190	15.2	12.4 - 17.9	48,454	34.7	30.9 - 38.5	70,066	50.2	46.3 - 54.0	139,710

Physical Activity Levels by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

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Years: 2001-2005

County and Community	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Honolulu-Aiea/ Pearl City	38,793	12.6	9.6 - 15.6	133,272	43.4	39.4 - 47.4	134,854	43.9	39.9 - 48.0	306,919
Honolulu-Ala Moana	26,635	17.3	13.3 - 21.3	64,016	41.7	36.3 - 47.0	62,977	41.0	36.0 - 46.0	153,628
Honolulu-Kaaawa/ Kahaluu/ Kaneohe	27,920	12.8	9.1 - 16.4	86,459	39.5	34.7 - 44.3	104,565	47.8	42.9 - 52.6	218,944
Honolulu-Kailua/ Waimanalo	22,370	9.5	7.0 - 12.0	86,580	36.8	32.7 - 40.9	126,535	53.7	49.5 - 58.0	235,485
Honolulu-Kaimuki/ Palolo/ Waikiki	45,477	14.0	11.6 - 16.4	115,171	35.5	32.0 - 39.0	164,088	50.5	46.9 - 54.2	324,736
Honolulu-Manoa/ Upper Makiki	27,568	10.8	8.3 - 13.4	94,930	37.3	33.3 - 41.3	131,819	51.8	47.6 - 56.1	254,317
Honolulu-Mililani/ Wahiawa	32,797	10.5	8.3 - 12.7	111,833	35.8	31.8 - 39.8	167,701	53.7	49.4 - 57.9	312,331
Honolulu-Nanakuli/ Waianae	28,087	18.9	14.0 - 23.8	56,416	38.0	31.7 - 44.3	63,939	43.1	36.5 - 49.6	148,442
Honolulu-N.Shore/ Laie	10,734	9.9	6.1 - 13.7	38,478	35.5	29.1 - 42.0	59,067	54.6	47.9 - 61.2	108,279

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Years: 2001-2005

County and Community	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Honolulu-Nuuanu/ Kalihi/ Moanalua	56,794	17.2	14.0 - 20.5	131,047	39.8	35.9 - 43.6	141,625	43.0	39.0 - 47.0	329,466
Honolulu-Salt Lake/ Foster Village	14,528	8.0	5.3 - 10.7	65,446	36.0	30.9 - 41.1	101,955	56.0	50.9 - 61.2	181,929
Honolulu-Waiialae/ Kahala/ Hawaii Kai	19,760	10.2	6.9 - 13.4	75,888	39.0	34.6 - 43.5	98,856	50.8	46.1 - 55.5	194,504
Honolulu-Waipahu/ Kapolei/ Ewa	63,419	13.0	10.6 - 15.3	194,203	39.8	36.4 - 43.2	230,578	47.2	43.8 - 50.7	488,200
Kauai-Hanalei/ Kapaa	9,110	10.6	8.4 - 12.8	31,590	36.8	33.1 - 40.5	45,158	52.6	48.8 - 56.4	85,858
Kauai-Lihue-Waimea	16,521	13.5	11.3 - 15.8	50,290	41.2	37.9 - 44.6	55,204	45.2	41.9 - 48.6	122,015
Maui-Kahului	20,400	13.1	10.3 - 15.9	59,744	38.3	34.1 - 42.4	75,999	48.7	44.3 - 53.0	156,143
Maui-Lahaina/ Wailuku	21,537	15.0	11.8 - 18.2	48,391	33.7	29.8 - 37.7	73,492	51.2	46.9 - 55.5	143,420
Maui-Lanai	1,340	10.8	7.3 - 14.2	6,373	51.1	44.8 - 57.5	4,750	38.1	31.9 - 44.3	12,463

Physical Activity Levels by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

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Years: 2001-2005

County and Community	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Maui-Molokai	3,820	12.7	9.2 - 16.2	9,804	32.6	27.2 - 38.1	16,438	54.7	49.0 - 60.3	30,062
Maui-Upcountry/ Hana	13,871	9.8	7.8 - 11.8	51,005	36.1	32.5 - 39.7	76,471	54.1	50.3 - 57.9	141,347

Employment Status(Grouped)	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Employed	335,238	11.2	10.4 - 12.0	1,165,191	38.9	37.7 - 40.1	1,494,154	49.9	48.7 - 51.1	2,994,583
Unemployed	21,486	14.4	10.9 - 18.0	49,918	33.6	28.3 - 38.9	77,344	52.0	46.4 - 57.5	148,748
Student/Homemaker	46,734	9.9	8.1 - 11.7	181,347	38.3	35.2 - 41.4	244,941	51.8	48.6 - 55.0	473,022
Retired/Unable to work	187,038	18.9	17.3 - 20.5	363,602	36.7	34.9 - 38.5	439,335	44.4	42.5 - 46.3	989,975

Physical Activity Levels by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

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Years: 2001-2005

Education Level	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Grades 9 thru 11 (Some High School)	40,591	22.5	18.0 - 26.9	68,528	37.9	32.9 - 43.0	71,460	39.6	34.7 - 44.4	180,579
Grades 12 or GED (High School Grad)	223,956	15.5	14.2 - 16.7	566,231	39.1	37.3 - 40.8	659,164	45.5	43.7 - 47.3	1,449,351
College 1 to 3 years (Some College/ Tech)	157,312	11.4	10.3 - 12.6	521,826	37.9	36.2 - 39.7	696,021	50.6	48.8 - 52.4	1,375,159
College 4 years or more (College Grad)	141,143	9.3	8.4 - 10.3	573,255	37.9	36.4 - 39.4	797,282	52.7	51.2 - 54.3	1,511,680
Never attended school/ Only Kindergarten to Grades 8	25,561	30.2	23.8 - 36.5	29,606	35.0	29.1 - 40.8	29,537	34.9	28.9 - 40.8	84,704

Physical Activity Levels by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

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Years: 2001-2005

Household Income	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Less than \$10,000	36,770	22.1	18.5 - 25.7	57,360	34.5	30.1 - 38.9	72,103	43.4	38.8 - 47.9	166,233
\$10,000 to \$14,999	30,709	16.7	13.6 - 19.8	67,127	36.6	32.3 - 40.8	85,798	46.7	42.3 - 51.2	183,634
\$15,000 to \$19,999	33,941	14.9	11.6 - 18.3	78,589	34.6	30.4 - 38.8	114,529	50.4	46.0 - 54.9	227,059
\$20,000 to \$24,999	45,855	15.9	13.0 - 18.8	93,854	32.5	29.0 - 36.1	148,793	51.6	47.6 - 55.5	288,502
\$25,000 to \$34,999	58,112	12.6	10.6 - 14.6	175,463	38.0	35.0 - 41.0	228,145	49.4	46.4 - 52.5	461,720
\$35,000 to \$49,999	78,388	11.3	9.7 - 12.9	260,985	37.6	35.3 - 40.0	354,394	51.1	48.6 - 53.5	693,767
\$50,000 to \$74,999	96,742	11.4	9.8 - 13.1	325,700	38.4	36.1 - 40.8	424,893	50.1	47.7 - 52.6	847,335
\$75,000 or more	73,102	8.6	7.3 - 9.9	306,009	35.9	33.8 - 38.1	472,966	55.5	53.3 - 57.7	852,077

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Years: 2001-2005

Island	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	71,152	12.6	11.4 - 13.7	216,653	38.2	36.5 - 40.0	279,056	49.2	47.4 - 51.0	566,861
Kauai	25,631	12.3	10.7 - 13.9	81,880	39.4	36.9 - 41.9	100,362	48.3	45.7 - 50.8	207,873
Lanai	1,340	10.8	7.3 - 14.2	6,373	51.1	44.8 - 57.5	4,750	38.1	31.9 - 44.3	12,463
Maui	55,809	12.7	11.1 - 14.2	159,140	36.1	33.8 - 38.4	225,962	51.2	48.8 - 53.7	440,911
Molokai	3,820	12.7	9.2 - 16.2	9,804	32.6	27.2 - 38.1	16,438	54.7	49.0 - 60.3	30,062
Oahu	414,883	12.7	11.9 - 13.6	1,253,737	38.5	37.3 - 39.7	1,588,559	48.8	47.5 - 50.0	3,257,179

Physical Activity Levels by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

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Years: 2001-2005

Marital Status(Grouped)	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Other	182,098	11.8	10.7 - 12.9	552,141	35.7	34.1 - 37.4	810,383	52.5	50.7 - 54.2	1,544,622
Married	333,549	12.4	11.6 - 13.3	1,062,190	39.6	38.4 - 40.8	1,285,372	47.9	46.7 - 49.2	2,681,111
Unmarried Couple	10,197	10.3	5.4 - 15.2	37,698	38.0	31.8 - 44.2	51,290	51.7	45.3 - 58.1	99,185
Widowed	65,148	22.9	19.6 - 26.1	109,635	38.5	35.2 - 41.7	110,230	38.7	35.4 - 41.9	285,013

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Years: 2001-2005

Poverty Level	Physically inactive			Physical activities but doesn't meet recommended			Meet recommendation for physical activity			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
1-50%	40,828	20.4	16.9 - 23.9	67,046	33.5	29.0 - 37.9	92,531	46.2	41.4 - 50.9	200,405
51-100%	52,498	15.8	12.6 - 19.0	121,633	36.7	32.6 - 40.7	157,698	47.5	43.3 - 51.8	331,829
101-120%	23,608	16.2	11.7 - 20.7	55,208	37.9	32.0 - 43.8	66,862	45.9	40.0 - 51.8	145,678
121-130%	18,155	15.3	11.9 - 18.7	45,159	38.0	33.1 - 42.9	55,386	46.7	41.7 - 51.6	118,700
131-150%	14,672	9.8	6.8 - 12.7	57,537	38.3	31.8 - 44.8	78,027	51.9	45.4 - 58.5	150,236
151-170%	30,503	14.4	10.7 - 18.1	60,770	28.6	23.9 - 33.4	120,995	57.0	51.6 - 62.4	212,268
171-180%	12,315	11.4	8.0 - 14.7	45,952	42.4	36.3 - 48.4	50,212	46.3	40.4 - 52.2	108,479
181-185%	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r
186+%	261,040	10.6	9.8 - 11.5	911,782	37.2	36.0 - 38.4	1,278,504	52.2	50.9 - 53.4	2,451,326

Physical Activity Levels by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005