

Vigorous Physical Activity Risk Factor (Defined as Phys Actv \geq 20 mins/day for \geq 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: n/r (Not Reportable) - Represents cell size restriction of unweighted count $<$ 50; n/a (Not Available) - Not asked of a subset of respondents; If a dimension value is unknown for a particular survey record, that record will not be included in the counts for that particular dimension

This report displays weighted numbers, percentages and confidence intervals for BRFSS Health Indicators. Respondents are aged 18 or older. The trend analysis page shows the trend for the selected health variable over selected years in a table and a graph. Estimated Adult Population: This number is a weighted representation of the adult population who responded to a particular question in the survey. For most questions the estimated adult population will be the entire adult population. For some secondary questions only a subset of the population was asked the question. For example, all survey participants were asked if they had diabetes, but only those who answered yes were asked if they use insulin.

For documentation on other terms and coding in this report, please go to the following links

[Click here to access DOH Race-Ethnicity coding](#)

[Click here to access BRFSS documentation](#)

[Click here to access Hawaii Data Guide](#)

[Click here to access Poverty Level methodology](#)

**For questions on this report, please contact
The Hawaii Health Data Warehouse**

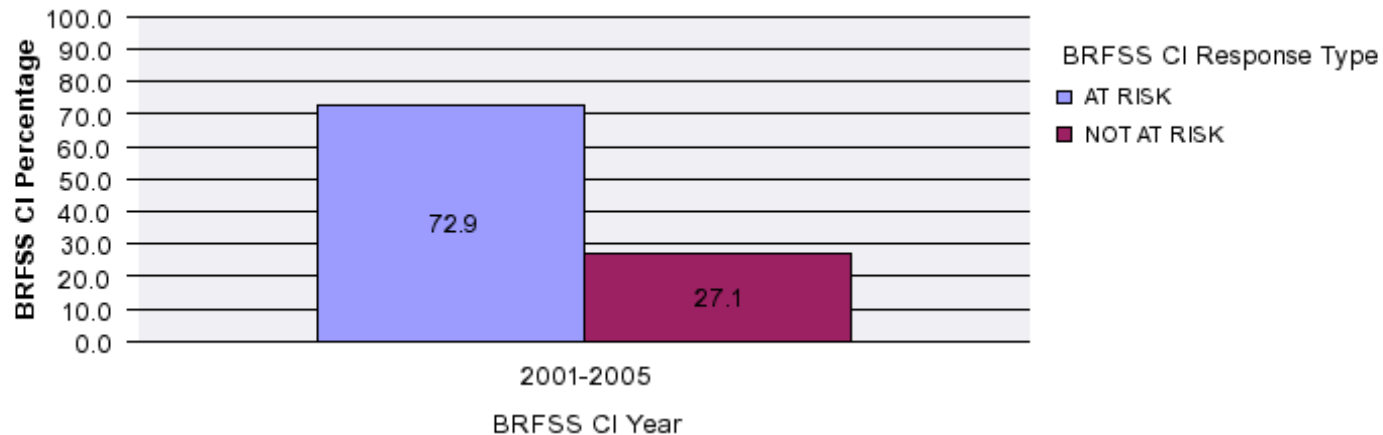
profiles@hhdw.org

(808)946-5899 x15

Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Year	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I.(95%)	#	%	C.I.(95%)	#
2001-2005	3,389,498	72.9	72.0 - 73.8	1,260,598	27.1	26.2 - 28.0	4,650,096



Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

Year Total	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
State	3,389,498	72.9	72.0 - 73.8	1,260,598	27.1	26.2 - 28.0	4,650,096

County	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	428,209	74.1	72.5 - 75.7	149,429	25.9	24.3 - 27.5	577,638
Honolulu	2,381,488	72.6	71.4 - 73.7	899,646	27.4	26.3 - 28.6	3,281,134
Kauai	155,277	74.4	72.1 - 76.6	53,485	25.6	23.4 - 27.9	208,762
Maui	347,424	71.4	69.3 - 73.5	139,012	28.6	26.5 - 30.7	486,436

Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

BRFSS Age Group	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
18-24	321,707	56.5	53.1 - 60.0	247,207	43.5	40.0 - 46.9	568,914
25-34	519,397	62.4	60.1 - 64.6	313,584	37.6	35.4 - 39.9	832,981
35-44	649,904	70.8	68.9 - 72.7	268,423	29.2	27.3 - 31.1	918,327
45-54	643,846	75.0	73.3 - 76.7	214,621	25.0	23.3 - 26.7	858,467
55-64	502,027	80.5	78.6 - 82.4	121,465	19.5	17.6 - 21.4	623,492
65-74	369,607	86.4	84.6 - 88.2	58,178	13.6	11.8 - 15.4	427,785
75+	358,145	92.2	90.7 - 93.6	30,401	7.8	6.4 - 9.3	388,546

DOH Race -Ethnicity	AT RISK	NOT AT RISK	Estimated Adult Population
---------------------	---------	-------------	----------------------------

Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Black	38,216	51.1	44.0 - 58.2	36,574	48.9	41.8 - 56.0	74,790
Chinese	281,162	80.8	77.9 - 83.6	66,912	19.2	16.4 - 22.1	348,074
Filipino	571,547	80.6	78.4 - 82.8	137,373	19.4	17.2 - 21.6	708,920
Japanese	757,506	80.6	78.9 - 82.3	182,202	19.4	17.7 - 21.1	939,708
Native Alaskan/ American Indian	17,029	71.8	62.0 - 81.6	6,686	28.2	18.4 - 38.0	23,715
Native Hawaiian	405,699	73.0	70.4 - 75.6	149,964	27.0	24.4 - 29.6	555,663
Other	85,362	62.5	57.3 - 67.8	51,147	37.5	32.2 - 42.7	136,509
Other Asian	82,235	77.0	71.2 - 82.7	24,584	23.0	17.3 - 28.8	106,819
Other Pacific Islander	79,374	73.4	63.7 - 83.0	28,800	26.6	17.0 - 36.3	108,174
White	1,042,034	65.1	63.7 - 66.5	559,148	34.9	33.5 - 36.3	1,601,182

Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

Gender	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Female	1,868,809	80.0	79.0 - 80.9	468,193	20.0	19.1 - 21.0	2,337,002
Male	1,520,689	65.7	64.3 - 67.1	792,404	34.3	32.9 - 35.7	2,313,093

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii-Hilo	127,548	75.1	72.0 - 78.1	42,358	24.9	21.9 - 28.0	169,906
Hawaii-Kona	99,712	69.0	65.8 - 72.2	44,808	31.0	27.8 - 34.2	144,520
Hawaii-N.Hawaii	87,078	73.9	70.6 - 77.1	30,789	26.1	22.9 - 29.4	117,867
Hawaii-Puna/ Kau	113,871	78.3	75.2 - 81.5	31,474	21.7	18.5 - 24.8	145,345

Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Honolulu-Aiea/ Pearl City	238,424	76.8	73.4 - 80.2	71,956	23.2	19.8 - 26.6	310,380
Honolulu-Ala Moana	121,001	78.6	74.6 - 82.5	33,040	21.4	17.5 - 25.4	154,041
Honolulu-Kaaawa/ Kahaluu/ Kaneohe	160,500	73.1	69.0 - 77.2	58,999	26.9	22.8 - 31.0	219,499
Honolulu-Kailua/ Waimanalo	169,844	71.6	67.9 - 75.4	67,286	28.4	24.6 - 32.1	237,130
Honolulu-Kaimuki/ Palolo/ Waikiki	239,533	73.1	69.7 - 76.4	88,330	26.9	23.6 - 30.3	327,863
Honolulu-Manoa/ Upper Makiki	179,280	69.5	65.4 - 73.7	78,507	30.5	26.3 - 34.6	257,787
Honolulu-Mililani/ Wahiawa	204,585	64.9	60.5 - 69.3	110,773	35.1	30.7 - 39.5	315,358
Honolulu-Nanakuli/ Waianae	116,020	77.2	71.5 - 82.9	34,260	22.8	17.1 - 28.5	150,280
Honolulu-N.Shore/ Laie	75,779	69.9	63.7 - 76.1	32,626	30.1	23.9 - 36.3	108,405

Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Honolulu-Nuuanu/ Kalihi/ Moanalua	263,715	79.3	75.9 - 82.8	68,708	20.7	17.2 - 24.1	332,423
Honolulu-Salt Lake/ Foster Village	112,904	61.9	57.0 - 66.8	69,497	38.1	33.2 - 43.0	182,401
Honolulu-Waiialae/ Kahala/ Hawaii Kai	137,446	70.4	65.9 - 74.9	57,772	29.6	25.1 - 34.1	195,218
Honolulu-Waipahu/ Kapolei/ Ewa	362,457	73.9	70.9 - 76.9	127,892	26.1	23.1 - 29.1	490,349
Kauai-Hanalei/ Kapaa	61,792	71.7	68.2 - 75.1	24,437	28.3	24.9 - 31.8	86,229
Kauai-Lihue-Waimea	93,485	76.3	73.3 - 79.3	29,047	23.7	20.7 - 26.7	122,532
Maui-Kahului	116,230	73.8	70.2 - 77.4	41,279	26.2	22.6 - 29.8	157,509
Maui-Lahaina/ Wailuku	104,577	72.5	68.3 - 76.7	39,584	27.5	23.3 - 31.7	144,161
Maui-Lanai	10,741	87.1	83.3 - 91.0	1,586	12.9	9.0 - 16.7	12,327

Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

County and Community	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Maui-Molokai	22,229	73.6	68.5 - 78.8	7,959	26.4	21.2 - 31.5	30,188
Maui-Upcountry/ Hana	93,646	65.8	61.8 - 69.9	48,604	34.2	30.1 - 38.2	142,250

Employment Status(Grouped)	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Employed	2,070,327	68.7	67.6 - 69.9	942,104	31.3	30.1 - 32.4	3,012,431
Unemployed	102,748	68.4	63.0 - 73.8	47,417	31.6	26.2 - 37.0	150,165
Student/Homemaker	340,897	71.2	68.3 - 74.1	138,086	28.8	25.9 - 31.7	478,983
Retired/Unable to work	872,700	86.8	85.6 - 88.1	132,214	13.2	11.9 - 14.4	1,004,914

Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

Education Level	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Grades 9 thru 11 (Some High School)	155,170	84.9	81.2 - 88.7	27,491	15.1	11.3 - 18.8	182,661
Grades 12 or GED (High School Grad)	1,129,821	77.2	75.6 - 78.7	333,989	22.8	21.3 - 24.4	1,463,810
College 1 to 3 years (Some College/ Tech)	983,104	70.8	69.1 - 72.4	406,328	29.2	27.6 - 30.9	1,389,432
College 4 years or more (College Grad)	1,035,174	68.1	66.7 - 69.6	483,801	31.9	30.4 - 33.3	1,518,975
Never attended school/ Only Kindergarten to Grades 8	78,726	90.8	86.8 - 94.8	7,939	9.2	5.2 - 13.2	86,665

Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

Household Income	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Less than \$10,000	135,111	79.8	76.0 - 83.7	34,138	20.2	16.3 - 24.0	169,249
\$10,000 to \$14,999	151,345	81.6	77.9 - 85.2	34,240	18.4	14.8 - 22.1	185,585
\$15,000 to \$19,999	175,024	76.4	72.4 - 80.3	54,148	23.6	19.7 - 27.6	229,172
\$20,000 to \$24,999	217,983	74.8	71.4 - 78.2	73,428	25.2	21.8 - 28.6	291,411
\$25,000 to \$34,999	338,312	72.6	69.9 - 75.2	127,848	27.4	24.8 - 30.1	466,160
\$35,000 to \$49,999	498,396	71.5	69.3 - 73.7	198,590	28.5	26.3 - 30.7	696,986
\$50,000 to \$74,999	601,700	70.5	68.2 - 72.8	251,960	29.5	27.2 - 31.8	853,660
\$75,000 or more	547,123	63.8	61.7 - 66.0	310,254	36.2	34.0 - 38.3	857,377

Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

Island	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	428,209	74.1	72.5 - 75.7	149,429	25.9	24.3 - 27.5	577,638
Kauai	155,277	74.4	72.1 - 76.6	53,485	25.6	23.4 - 27.9	208,762
Lanai	10,741	87.1	83.3 - 91.0	1,586	12.9	9.0 - 16.7	12,327
Maui	314,454	70.8	68.5 - 73.1	129,466	29.2	26.9 - 31.5	443,920
Molokai	22,229	73.6	68.5 - 78.8	7,959	26.4	21.2 - 31.5	30,188
Oahu	2,381,488	72.6	71.4 - 73.7	899,646	27.4	26.3 - 28.6	3,281,134

Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

Marital Status(Grouped)	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Other	1,050,499	67.4	65.8 - 69.1	507,318	32.6	30.9 - 34.2	1,557,817
Married	2,011,482	74.5	73.4 - 75.5	690,104	25.5	24.5 - 26.6	2,701,586
Unmarried Couple	66,664	66.8	61.0 - 72.7	33,058	33.2	27.3 - 39.0	99,722
Widowed	260,854	89.6	87.7 - 91.6	30,118	10.4	8.4 - 12.3	290,972

Vigorous Physical Activity Risk Factor (Defined as Phys Actv >= 20 mins/day for >= 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005

Poverty Level	AT RISK			NOT AT RISK			Estimated Adult Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
1-50%	159,629	78.4	74.2 - 82.5	44,097	21.6	17.5 - 25.8	203,726
51-100%	258,292	77.3	73.7 - 81.0	75,646	22.7	19.0 - 26.3	333,938
101-120%	119,636	80.6	76.4 - 84.7	28,863	19.4	15.3 - 23.6	148,499
121-130%	94,358	78.7	74.5 - 82.8	25,584	21.3	17.2 - 25.5	119,942
131-150%	107,304	71.2	65.1 - 77.3	43,406	28.8	22.7 - 34.9	150,710
151-170%	147,904	68.9	63.2 - 74.6	66,685	31.1	25.4 - 36.8	214,589
171-180%	81,257	74.1	69.3 - 79.0	28,331	25.9	21.0 - 30.7	109,588
181-185%	n/r	n/r	n/r	n/r	n/r	n/r	n/r
186+%	1,696,225	68.8	67.6 - 69.9	770,980	31.2	30.1 - 32.4	2,467,205

Vigorous Physical Activity Risk Factor (Defined as Phys Actv \geq 20 mins/day for \geq 3 days/week) by Year Total, BRFSS Age Group, County, County and Community, DOH Race-Ethnicity, Education Level, Employment Status (Grouped), Gender, Household Income, Island, Marital Status (Grouped), Poverty Level, for the Years - 2001-2005

Note: Weighted numbers(#), percentages and 95% confidence intervals . Respondents are aged 18 or older. Unknowns, Don't Know/Not Sure and Refused are excluded.; n/r (Not Reportable) - Represents cell size restriction of unweighted count < 50; n/a (Not Available) - Not asked of a particular subset of respondents

Years: 2001-2005