

Phys act - met aerobic and muscle strengthening recommendations, for the State of Hawaii, for the Year(s) - 2011, 2013

Phys act - met aerobic and muscle strengthening recommendations, by State, County, Island, Community, BRFSS Age Group, DOH Race-Ethnicity, Gender, Education Level, Employment Status (Grouped), Household Income, Poverty Level, Marital Status (Grouped), Married, Health Care Coverage, for the Year(s) - 2011, 2013

The trend analysis report shows the values for the selected health variable in table and graph form. Due to the addition of cell phones to the survey and changes in the weighting methodology, results from 2011 and forward cannot be trended with data from prior years. Estimated Population: This number is a weighted representation of the population who responded to a particular question in the survey. For most questions the eligible population will be the entire adult population. For some secondary questions only a subset of the population was asked the question. For example, all survey participants were asked if they had diabetes, but only those who answered yes were asked if they use insulin. If a dimension value is unknown for a particular survey record, that record will not be included in the counts for that particular dimension.

Below are the indicators included in this report and the long description for each indicator.

BRFSS Health Indicator	Health Ind Desc
Phys act - met aerobic and muscle strengthening recommendations	Adults who reported doing enough physical activity to meet the aerobic and strengthening recommendations

Suggested citation:

Hawaii Health Data Warehouse; Hawaii State Department of Health, Behavioral Risk Factor Surveillance System, (report title and years), Report Created: 1/28/15

For documentation on other terms and coding in this report, please go to the following links

[Click here to access BRFSS documentation](#)

[Click here to access DOH Race-Ethnicity coding](#)

[Click here to access The Hawai'i Data Guide](#)

[Click here to access Poverty Level Methodology](#)

**For questions about this report, please contact
The Hawaii Health Data Warehouse**

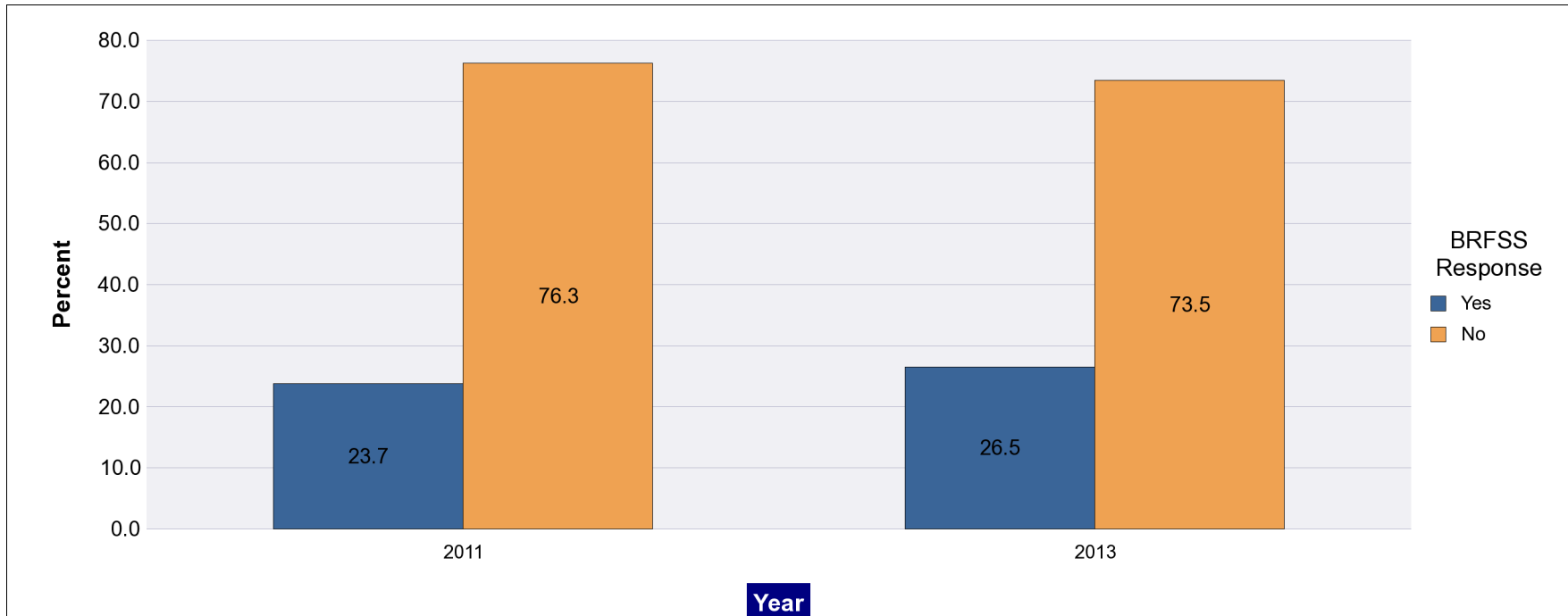
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Year	Yes			No			Estimated Population
	#	%	C.I.(95%)	#	%	C.I.(95%)	#
2011	236,300	23.7	22.2 - 25.3	758,800	76.3	74.7 - 77.8	995,100
2013	266,700	26.5	25.0 - 28.0	738,900	73.5	72.0 - 75.0	1,005,700



Phys act - met aerobic and muscle strengthening recommendations, by State, County, Island, Community, BRFSS Age Group, DOH Race-Ethnicity, Gender, Education Level, Employment Status (Grouped), Household Income, Poverty Level, Marital Status (Grouped), Married, Health Care Coverage, for the Year(s) - 2011, 2013

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Year: 2013

State	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Totals	266,700	26.5	25.0 - 28.0	738,900	73.5	72.0 - 75.0	1,005,700

County	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	36,300	26.0	22.7 - 29.3	103,400	74.0	70.7 - 77.3	139,700
Honolulu	182,200	26.3	24.3 - 28.2	511,600	73.7	71.8 - 75.7	693,800
Kauai	12,600	26.4	22.3 - 30.5	35,100	73.6	69.5 - 77.7	47,600
Maui	31,500	28.4	24.9 - 31.9	79,400	71.6	68.1 - 75.1	110,900

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Year: 2013

Island	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	36,300	26.0	22.7 - 29.3	103,400	74.0	70.7 - 77.3	139,700
Kauai	12,600	26.4	22.3 - 30.5	35,100	73.6	69.5 - 77.7	47,600
Lanai	300	15.9	3.3 - 28.4	1,700	84.1	71.6 - 96.7	2,100
Maui	30,100	28.9	25.2 - 32.7	73,800	71.1	67.3 - 74.8	103,900
Molokai	1,100	22.3	10.6 - 33.9	3,800	77.7	66.1 - 89.4	4,900
Oahu	182,200	26.3	24.3 - 28.2	511,600	73.7	71.8 - 75.7	693,800

Community	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Aiea/ Pearl City	15,400	22.7	16.8 - 28.6	52,300	77.3	71.4 - 83.2	67,700
Ala Moana	9,600	32.0	23.3 - 40.6	20,400	68.0	59.4 - 76.7	30,000

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Year: 2013

Community	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hanalei/ Kapaa	6,000	30.8	24.0 - 37.6	13,500	69.2	62.4 - 76.0	19,500
Hilo	9,400	24.8	19.7 - 30.0	28,500	75.2	70.0 - 80.3	37,900
Kaaawa/ Kahaluu/ Kaneohe	11,800	23.5	17.1 - 29.9	38,600	76.5	70.1 - 82.9	50,400
Kahului	10,500	30.2	23.9 - 36.5	24,400	69.8	63.5 - 76.1	34,900
Kailua/ Waimanalo	12,400	23.4	17.1 - 29.7	40,500	76.6	70.3 - 82.9	52,900
Kaimuki/ Palolo/ Waikiki	11,800	19.9	15.0 - 24.8	47,400	80.1	75.2 - 85.0	59,200
Kona	9,400	27.0	20.5 - 33.5	25,500	73.0	66.5 - 79.5	34,900
Lahaina/ Wailuku	8,800	26.3	20.4 - 32.2	24,700	73.7	67.8 - 79.6	33,500
Lanai	300	15.9	3.3 - 28.4	1,700	84.1	71.6 - 96.7	2,100
Lihue-Waimea	6,600	23.4	18.3 - 28.5	21,600	76.6	71.5 - 81.7	28,200
Manoa/ Upper Makiki	13,800	28.2	21.3 - 35.0	35,300	71.8	65.0 - 78.7	49,100

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Year: 2013

Community	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Mililani/ Wahiawa	18,300	27.0	20.5 - 33.5	49,400	73.0	66.5 - 79.5	67,700
Molokai	1,100	22.3	10.6 - 33.9	3,800	77.7	66.1 - 89.4	4,900
Nanakuli/ Waianae	8,200	24.5	16.3 - 32.7	25,200	75.5	67.3 - 83.7	33,400
N.Hawaii	7,700	30.6	22.9 - 38.2	17,400	69.4	61.8 - 77.1	25,100
N.Shore/ Laie	6,300	28.5	16.5 - 40.4	15,700	71.5	59.6 - 83.5	21,900
Nuuanu/ Kalihi/ Moanalua	15,000	24.2	18.1 - 30.2	47,300	75.8	69.8 - 81.9	62,300
Puna/ Kau	9,800	23.4	16.4 - 30.4	32,000	76.6	69.6 - 83.6	41,800
Salt Lake/ Foster Village	9,500	32.7	22.4 - 43.0	19,500	67.3	57.0 - 77.6	29,000
Upcountry/ Hana	10,700	30.2	23.2 - 37.2	24,700	69.8	62.8 - 76.8	35,500
Waialae/ Kahala/ Hawaii Kai	12,800	31.5	24.2 - 38.7	27,800	68.5	61.3 - 75.8	40,600
Waipahu/ Kapolei/ Ewa	37,400	28.9	23.5 - 34.3	92,100	71.1	65.7 - 76.5	129,500

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Year: 2013

BRFSS Age Group	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
18-24	41,600	35.4	29.8 - 40.9	76,000	64.6	59.1 - 70.2	117,600
25-34	57,600	33.2	28.9 - 37.4	116,100	66.8	62.6 - 71.1	173,700
35-44	41,000	25.6	21.9 - 29.2	119,300	74.4	70.8 - 78.1	160,200
45-54	40,700	23.3	20.0 - 26.5	134,000	76.7	73.5 - 80.0	174,700
55-64	39,000	22.8	19.8 - 25.7	132,100	77.2	74.3 - 80.2	171,100
65-74	29,700	26.1	22.3 - 29.9	83,900	73.9	70.1 - 77.7	113,500
75+	17,300	18.4	15.0 - 21.8	76,600	81.6	78.2 - 85.0	93,900

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Year: 2013

DOH Race-Ethnicity	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Caucasian	101,900	31.0	28.4 - 33.5	227,000	69.0	66.5 - 71.6	328,900
Native Hawaiian	33,000	31.5	27.2 - 35.8	71,900	68.5	64.2 - 72.8	104,900
Chinese	14,300	23.0	16.5 - 29.4	48,000	77.0	70.6 - 83.5	62,300
Filipino	32,900	20.2	16.4 - 23.9	130,300	79.8	76.1 - 83.6	163,200
Japanese	41,400	19.4	16.8 - 22.1	171,400	80.6	77.9 - 83.2	212,700
Black	5,400	46.2	29.2 - 63.1	6,300	53.8	36.9 - 70.8	11,700
Native Alaskan/ American Indian	n/r	n/r	n/r	n/r	n/r	n/r	4,700
Other Asian	7,400	29.6	18.5 - 40.7	17,600	70.4	59.3 - 81.5	25,000
Other Pacific Islander	7,600	27.4	18.4 - 36.4	20,100	72.6	63.6 - 81.6	27,700
Other	11,800	35.8	24.6 - 46.9	21,200	64.2	53.1 - 75.4	32,900

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Year: 2013

Gender	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Male	160,900	32.1	29.8 - 34.4	340,000	67.9	65.6 - 70.2	500,900
Female	105,900	21.0	19.2 - 22.8	398,900	79.0	77.2 - 80.8	504,800

Education Level	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Never attended school/ Only Kindergarten to Grades 8	3,600	15.7	3.4 - 28.1	19,500	84.3	71.9 - 96.6	23,200
Grades 9 thru 11 (Some High School)	17,700	23.5	16.5 - 30.5	57,600	76.5	69.5 - 83.5	75,300
Grades 12 or GED (High School Grad)	69,300	23.8	21.1 - 26.5	222,000	76.2	73.5 - 78.9	291,300
College 1 to 3 years (Some College/ Tech)	89,500	26.6	23.8 - 29.4	246,800	73.4	70.6 - 76.2	336,300
College 4 years or more (College Grad)	86,600	31.0	28.8 - 33.3	192,300	69.0	66.7 - 71.2	278,900

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Year: 2013

Employment Status (Grouped)	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Employed	165,700	26.7	24.9 - 28.6	454,300	73.3	71.4 - 75.1	620,100
Unemployed	16,400	26.6	20.2 - 33.0	45,400	73.4	67.0 - 79.8	61,800
Retired/Unable to work	52,800	22.9	20.3 - 25.6	177,500	77.1	74.4 - 79.7	230,300
Student/Homemaker	31,400	33.9	27.6 - 40.2	61,200	66.1	59.8 - 72.4	92,600

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Year: 2013

Household Income	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Less than \$10,000	10,800	23.9	17.5 - 30.3	34,400	76.1	69.7 - 82.5	45,200
\$10,000 to \$14,999	7,100	19.0	11.7 - 26.4	30,300	81.0	73.6 - 88.3	37,400
\$15,000 to \$19,999	11,700	18.5	13.9 - 23.0	51,800	81.5	77.0 - 86.1	63,500
\$20,000 to \$24,999	19,300	28.8	23.3 - 34.4	47,600	71.2	65.6 - 76.7	66,800
\$25,000 to \$34,999	27,700	25.6	20.9 - 30.4	80,400	74.4	69.6 - 79.1	108,200
\$35,000 to \$49,999	34,600	25.2	21.4 - 29.0	102,700	74.8	71.0 - 78.6	137,300
\$50,000 to \$74,999	39,600	27.8	23.7 - 31.9	102,700	72.2	68.1 - 76.3	142,300
\$75,000 or more	88,400	29.3	26.6 - 32.0	213,000	70.7	68.0 - 73.4	301,400

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Year: 2013

Poverty Level	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
0-130%	22,900	20.3	15.5 - 25.1	90,300	79.7	74.9 - 84.5	113,200
131-185%	15,000	20.9	15.7 - 26.1	56,800	79.1	73.9 - 84.3	71,800
186+%	79,000	26.8	24.2 - 29.3	216,200	73.2	70.7 - 75.8	295,200

Marital Status (Grouped)	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Married	137,300	26.0	24.0 - 28.0	391,700	74.0	72.0 - 76.0	528,900
Unmarried Couple	9,200	26.9	18.5 - 35.2	25,000	73.1	64.8 - 81.5	34,200
Widowed	12,200	18.6	13.8 - 23.3	53,300	81.4	76.7 - 86.2	65,400
Other	108,100	28.7	26.1 - 31.2	269,000	71.3	68.8 - 73.9	377,100

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Year: 2013

Married	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Yes	140,800	25.9	23.9 - 27.9	402,800	74.1	72.1 - 76.1	543,600
No	125,700	27.3	25.1 - 29.6	334,600	72.7	70.4 - 74.9	460,400

Health Care Coverage	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Yes	241,900	26.2	24.6 - 27.7	683,000	73.8	72.3 - 75.4	925,000
No	23,800	30.5	25.2 - 35.8	54,300	69.5	64.2 - 74.8	78,100

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Year: 2011

State	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Totals	236,300	23.7	22.2 - 25.3	758,800	76.3	74.7 - 77.8	995,100

County	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	32,500	23.3	19.9 - 26.6	107,200	76.7	73.4 - 80.1	139,700
Honolulu	161,200	23.4	21.4 - 25.4	526,900	76.6	74.6 - 78.6	688,100
Kauai	12,100	25.1	19.8 - 30.4	36,200	74.9	69.6 - 80.2	48,300
Maui	28,900	25.8	22.3 - 29.4	83,100	74.2	70.6 - 77.7	112,000

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Year: 2011

Island	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	32,500	23.3	19.9 - 26.6	107,200	76.7	73.4 - 80.1	139,700
Kauai	12,100	25.1	19.8 - 30.4	36,200	74.9	69.6 - 80.2	48,300
Lanai	800	20.8	13.8 - 27.7	3,000	79.2	72.3 - 86.2	3,800
Maui	25,900	26.1	22.2 - 30.0	73,200	73.9	70.0 - 77.8	99,100
Molokai	2,200	24.6	16.1 - 33.0	6,900	75.4	67.0 - 83.9	9,100
Oahu	161,200	23.4	21.4 - 25.4	526,900	76.6	74.6 - 78.6	688,100

Community	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Aiea/ Pearl City	9,600	15.9	11.5 - 20.4	50,400	84.1	79.6 - 88.5	60,000
Ala Moana	6,400	22.3	13.9 - 30.7	22,400	77.7	69.3 - 86.1	28,800

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Year: 2011

Community	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hanalei/ Kapaa	6,000	27.1	18.6 - 35.6	16,000	72.9	64.4 - 81.4	22,000
Hilo	7,100	18.1	12.6 - 23.5	32,200	81.9	76.5 - 87.4	39,300
Kaaawa/ Kahaluu/ Kaneohe	12,400	25.6	17.5 - 33.6	36,200	74.4	66.4 - 82.5	48,700
Kahului	10,400	29.5	22.4 - 36.5	24,900	70.5	63.5 - 77.6	35,200
Kailua/ Waimanalo	13,900	26.8	18.7 - 35.0	38,000	73.2	65.0 - 81.3	51,900
Kaimuki/ Palolo/ Waikiki	14,900	25.2	19.3 - 31.1	44,200	74.8	68.9 - 80.7	59,000
Kona	8,700	30.6	22.5 - 38.8	19,700	69.4	61.2 - 77.5	28,400
Lahaina/ Wailuku	6,700	20.8	14.7 - 26.8	25,500	79.2	73.2 - 85.3	32,200
Lanai	800	20.8	13.8 - 27.7	3,000	79.2	72.3 - 86.2	3,800
Lihue-Waimea	6,200	23.4	16.7 - 30.0	20,200	76.6	70.0 - 83.3	26,300
Manoa/ Upper Makiki	11,500	25.9	19.4 - 32.5	32,700	74.1	67.5 - 80.6	44,200

Phys act - met aerobic and muscle strengthening recommendations, by State, County, Island, Community, BRFSS Age Group, DOH Race-Ethnicity, Gender, Education Level, Employment Status (Grouped), Household Income, Poverty Level, Marital Status (Grouped), Married, Health Care Coverage, for the Year(s) - 2011, 2013

Note: Weighted numbers (#) rounded to nearest 100, percentages and 95% confidence intervals; Respondents aged 18 years and older; n/r (Not Reportable) - If the unweighted total responses for a dimension (row) is <50 or if the relative standard error is >0.3 that row will not be shown; n/a (Not Available) - Not asked of a subset of respondents

Year: 2011

Community	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Mililani/ Wahiawa	16,600	26.1	19.2 - 33.1	47,100	73.9	66.9 - 80.8	63,700
Molokai	2,200	24.6	16.1 - 33.0	6,900	75.4	67.0 - 83.9	9,100
Nanakuli/ Waianae	6,700	22.5	13.4 - 31.7	23,200	77.5	68.3 - 86.6	30,000
N.Hawaii	6,700	22.5	15.9 - 29.1	23,200	77.5	70.9 - 84.1	30,000
N.Shore/ Laie	4,700	20.2	9.7 - 30.8	18,500	79.8	69.2 - 90.3	23,200
Nuuanu/ Kalihi/ Moanalua	15,400	23.8	16.6 - 31.1	49,300	76.2	68.9 - 83.4	64,800
Puna/ Kau	10,000	23.7	17.3 - 30.2	32,100	76.3	69.8 - 82.7	42,000
Salt Lake/ Foster Village	10,500	28.9	19.1 - 38.7	25,800	71.1	61.3 - 80.9	36,200
Upcountry/ Hana	8,800	27.8	20.8 - 34.9	22,800	72.2	65.1 - 79.2	31,600
Waialae/ Kahala/ Hawaii Kai	11,900	28.3	20.0 - 36.5	30,200	71.7	63.5 - 80.0	42,100
Waipahu/ Kapolei/ Ewa	26,700	19.7	14.9 - 24.4	108,900	80.3	75.6 - 85.1	135,600

Phys act - met aerobic and muscle strengthening recommendations, by State, County, Island, Community, BRFSS Age Group, DOH Race-Ethnicity, Gender, Education Level, Employment Status (Grouped), Household Income, Poverty Level, Marital Status (Grouped), Married, Health Care Coverage, for the Year(s) - 2011, 2013

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Year: 2011

BRFSS Age Group	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
18-24	40,400	34.5	27.6 - 41.3	76,900	65.5	58.7 - 72.4	117,400
25-34	51,500	28.0	23.6 - 32.4	132,700	72.0	67.6 - 76.4	184,200
35-44	36,000	21.2	17.7 - 24.7	134,100	78.8	75.3 - 82.3	170,100
45-54	37,200	21.6	18.3 - 24.8	135,100	78.4	75.2 - 81.7	172,300
55-64	30,700	19.5	17.1 - 21.9	126,800	80.5	78.1 - 82.9	157,400
65-74	22,300	23.2	20.2 - 26.3	73,700	76.8	73.7 - 79.8	96,000
75+	18,100	18.8	15.1 - 22.5	78,100	81.2	77.5 - 84.9	96,200

Phys act - met aerobic and muscle strengthening recommendations, by State, County, Island, Community, BRFSS Age Group, DOH Race-Ethnicity, Gender, Education Level, Employment Status (Grouped), Household Income, Poverty Level, Marital Status (Grouped), Married, Health Care Coverage, for the Year(s) - 2011, 2013

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Year: 2011

DOH Race-Ethnicity	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Caucasian	99,600	29.4	26.6 - 32.1	239,800	70.6	67.9 - 73.4	339,500
Native Hawaiian	31,200	29.9	25.1 - 34.7	73,000	70.1	65.3 - 74.9	104,200
Chinese	10,800	17.9	11.9 - 23.9	49,300	82.1	76.1 - 88.1	60,100
Filipino	31,700	18.0	14.1 - 22.0	144,300	82.0	78.0 - 85.9	176,000
Japanese	37,900	18.2	15.7 - 20.7	170,900	81.8	79.3 - 84.3	208,900
Black	4,600	33.9	17.6 - 50.1	9,100	66.1	49.9 - 82.4	13,700
Native Alaskan/ American Indian	n/r	n/r	n/r	n/r	n/r	n/r	3,800
Other Asian	3,500	13.7	7.6 - 19.9	22,000	86.3	80.1 - 92.4	25,600
Other Pacific Islander	5,300	22.4	9.4 - 35.4	18,400	77.6	64.6 - 90.6	23,700
Other	9,300	26.4	17.0 - 35.7	25,900	73.6	64.3 - 83.0	35,200

Phys act - met aerobic and muscle strengthening recommendations, by State, County, Island, Community, BRFSS Age Group, DOH Race-Ethnicity, Gender, Education Level, Employment Status (Grouped), Household Income, Poverty Level, Marital Status (Grouped), Married, Health Care Coverage, for the Year(s) - 2011, 2013

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Year: 2011

Gender	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Male	150,800	30.2	27.7 - 32.8	347,800	69.8	67.2 - 72.3	498,600
Female	85,500	17.2	15.6 - 18.8	411,000	82.8	81.2 - 84.4	496,500

Education Level	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Never attended school/ Only Kindergarten to Grades 8	1,400	6.8	0.6 - 13.1	19,700	93.2	86.9 - 99.4	21,100
Grades 9 thru 11 (Some High School)	18,300	24.8	16.4 - 33.2	55,500	75.2	66.8 - 83.6	73,900
Grades 12 or GED (High School Grad)	63,600	21.0	18.1 - 23.9	238,700	79.0	76.1 - 81.9	302,300
College 1 to 3 years (Some College/ Tech)	81,100	24.6	21.9 - 27.4	248,300	75.4	72.6 - 78.1	329,400
College 4 years or more (College Grad)	71,700	26.8	24.5 - 29.0	196,200	73.2	71.0 - 75.5	268,000

Phys act - met aerobic and muscle strengthening recommendations, by State, County, Island, Community, BRFSS Age Group, DOH Race-Ethnicity, Gender, Education Level, Employment Status (Grouped), Household Income, Poverty Level, Marital Status (Grouped), Married, Health Care Coverage, for the Year(s) - 2011, 2013

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Year: 2011

Employment Status (Grouped)	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Employed	143,800	24.6	22.5 - 26.6	441,800	75.4	73.4 - 77.5	585,600
Unemployed	15,400	20.8	14.6 - 26.9	58,600	79.2	73.1 - 85.4	74,000
Retired/Unable to work	43,900	19.9	17.6 - 22.2	176,900	80.1	77.8 - 82.4	220,800
Student/Homemaker	33,100	29.0	23.0 - 35.1	81,000	71.0	64.9 - 77.0	114,200

Phys act - met aerobic and muscle strengthening recommendations, by State, County, Island, Community, BRFSS Age Group, DOH Race-Ethnicity, Gender, Education Level, Employment Status (Grouped), Household Income, Poverty Level, Marital Status (Grouped), Married, Health Care Coverage, for the Year(s) - 2011, 2013

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Year: 2011

Household Income	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Less than \$10,000	7,100	17.0	9.3 - 24.7	34,800	83.0	75.3 - 90.7	42,000
\$10,000 to \$14,999	5,200	15.1	8.4 - 21.7	29,400	84.9	78.3 - 91.6	34,700
\$15,000 to \$19,999	9,800	18.7	12.6 - 24.8	42,600	81.3	75.2 - 87.4	52,400
\$20,000 to \$24,999	13,600	18.6	13.7 - 23.4	59,900	81.4	76.6 - 86.3	73,500
\$25,000 to \$34,999	18,100	18.3	14.3 - 22.4	80,700	81.7	77.6 - 85.7	98,800
\$35,000 to \$49,999	34,700	25.7	21.2 - 30.2	100,400	74.3	69.8 - 78.8	135,100
\$50,000 to \$74,999	43,800	26.2	22.2 - 30.2	123,600	73.8	69.8 - 77.8	167,400
\$75,000 or more	85,200	28.9	26.1 - 31.8	209,500	71.1	68.2 - 73.9	294,700

Phys act - met aerobic and muscle strengthening recommendations, by State, County, Island, Community, BRFSS Age Group, DOH Race-Ethnicity, Gender, Education Level, Employment Status (Grouped), Household Income, Poverty Level, Marital Status (Grouped), Married, Health Care Coverage, for the Year(s) - 2011, 2013

Note: Weighted numbers (#) rounded to nearest 100, percentages and 95% confidence intervals; Respondents aged 18 years and older; n/r (Not Reportable) - If the unweighted total responses for a dimension (row) is <50 or if the relative standard error is >0.3 that row will not be shown; n/a (Not Available) - Not asked of a subset of respondents

Year: 2011

Poverty Level	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
0-130%	25,900	16.7	12.6 - 20.8	129,400	83.3	79.2 - 87.4	155,400
131-185%	24,400	22.1	17.2 - 27.0	86,200	77.9	73.0 - 82.8	110,600
186+%	112,900	25.9	23.7 - 28.1	323,400	74.1	71.9 - 76.3	436,300

Marital Status (Grouped)	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Married	114,000	23.4	21.5 - 25.4	372,500	76.6	74.6 - 78.5	486,500
Unmarried Couple	12,600	28.6	19.4 - 37.8	31,500	71.4	62.2 - 80.6	44,100
Widowed	11,900	16.5	13.0 - 20.1	60,000	83.5	79.9 - 87.0	71,900
Other	97,800	24.9	22.1 - 27.7	294,700	75.1	72.3 - 77.9	392,600

Phys act - met aerobic and muscle strengthening recommendations, by State, County, Island, Community, BRFSS Age Group, DOH Race-Ethnicity, Gender, Education Level, Employment Status (Grouped), Household Income, Poverty Level, Marital Status (Grouped), Married, Health Care Coverage, for the Year(s) - 2011, 2013

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Year: 2011

Married	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Yes	117,100	23.4	21.5 - 25.3	384,000	76.6	74.7 - 78.5	501,000
No	119,200	24.2	21.8 - 26.6	373,600	75.8	73.4 - 78.2	492,800

Health Care Coverage	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Yes	212,100	23.6	22.0 - 25.2	687,900	76.4	74.8 - 78.0	900,100
No	23,600	25.4	19.6 - 31.3	69,100	74.6	68.7 - 80.4	92,700