

## Phys act - met muscle strengthening recommendations, for the State of Hawaii, for the Year(s) - 2011, 2013

Phys act - met muscle strengthening recommendations, by State, County, Island, Community, BRFSS Age Group, DOH Race-Ethnicity, Gender, Education Level, Employment Status (Grouped), Household Income, Poverty Level, Marital Status (Grouped), Married, Health Care Coverage, for the Year(s) - 2011, 2013

*The trend analysis report shows the values for the selected health variable in table and graph form. Due to the addition of cell phones to the survey and changes in the weighting methodology, results from 2011 and forward cannot be trended with data from prior years. Estimated Population: This number is a weighted representation of the population who responded to a particular question in the survey. For most questions the eligible population will be the entire adult population. For some secondary questions only a subset of the population was asked the question. For example, all survey participants were asked if they had diabetes, but only those who answered yes were asked if they use insulin. If a dimension value is unknown for a particular survey record, that record will not be included in the counts for that particular dimension.*

*Below are the indicators included in this report and the long description for each indicator.*

BRFSS Health Indicator	Health Ind Desc
Phys act - met muscle strengthening recommendations	Adults who reported doing enough physical activity to meet the strengthening recommendation

*Suggested citation:*

*Hawaii Health Data Warehouse; Hawaii State Department of Health, Behavioral Risk Factor Surveillance System, (report title and years), Report Created: 1/28/15*

*For documentation on other terms and coding in this report, please go to the following links*

[Click here to access BRFSS documentation](#)

[Click here to access DOH Race-Ethnicity coding](#)

[Click here to access The Hawai'i Data Guide](#)

[Click here to access Poverty Level Methodology](#)

**For questions about this report, please contact  
The Hawaii Health Data Warehouse**

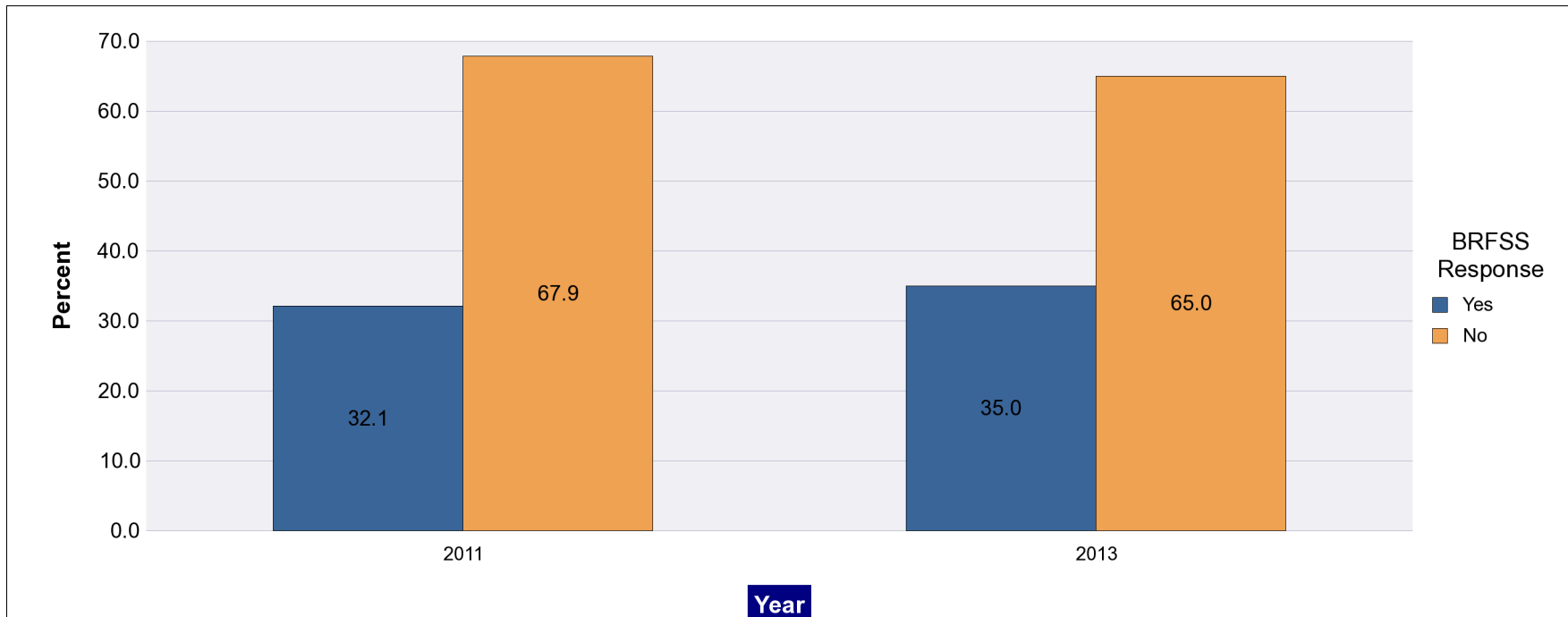
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## Phys act - met muscle strengthening recommendations, for the State of Hawaii, for the Year(s) - 2011, 2013

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Year	Yes			No			Estimated Population
	#	%	C.I.(95%)	#	%	C.I.(95%)	#
2011	323,500	32.1	30.5 - 33.8	683,100	67.9	66.2 - 69.5	1,006,600
2013	356,100	35.0	33.4 - 36.6	661,200	65.0	63.4 - 66.6	1,017,300



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**Year: 2013**

State	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Totals</b>	356,100	35.0	33.4 - 36.6	661,200	65.0	63.4 - 66.6	1,017,300

County	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Hawaii</b>	47,400	33.6	29.9 - 37.2	93,800	66.4	62.8 - 70.1	141,100
<b>Honolulu</b>	246,700	35.2	33.0 - 37.3	454,700	64.8	62.7 - 67.0	701,400
<b>Kauai</b>	15,700	32.7	28.3 - 37.2	32,300	67.3	62.8 - 71.7	47,900
<b>Maui</b>	39,700	35.4	31.7 - 39.1	72,500	64.6	60.9 - 68.3	112,200

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**Year: 2013**

Island	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	47,400	33.6	29.9 - 37.2	93,800	66.4	62.8 - 70.1	141,100
Kauai	15,700	32.7	28.3 - 37.2	32,300	67.3	62.8 - 71.7	47,900
Lanai	400	18.4	5.2 - 31.6	1,700	81.6	68.4 - 94.8	2,100
Maui	38,200	36.3	32.4 - 40.2	67,000	63.7	59.8 - 67.6	105,200
Molokai	1,200	23.4	11.6 - 35.2	3,800	76.6	64.8 - 88.4	4,900
Oahu	246,700	35.2	33.0 - 37.3	454,700	64.8	62.7 - 67.0	701,400

Community	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Aiea/ Pearl City	20,400	29.9	23.5 - 36.4	47,700	70.1	63.6 - 76.5	68,100
Ala Moana	11,900	39.1	30.3 - 47.9	18,600	60.9	52.1 - 69.7	30,500

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**Year: 2013**

Community	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hanalei/ Kapaa	7,200	36.8	29.8 - 43.7	12,400	63.2	56.3 - 70.2	19,600
Hilo	12,200	32.1	26.6 - 37.7	25,800	67.9	62.3 - 73.4	38,000
Kaaawa/ Kahaluu/ Kaneohe	15,300	30.1	23.0 - 37.1	35,700	69.9	62.9 - 77.0	51,000
Kahului	13,000	36.9	30.4 - 43.4	22,300	63.1	56.6 - 69.6	35,300
Kailua/ Waimanalo	16,900	31.5	24.5 - 38.5	36,700	68.5	61.5 - 75.5	53,600
Kaimuki/ Palolo/ Waikiki	17,200	28.8	22.0 - 35.6	42,400	71.2	64.4 - 78.0	59,600
Kona	13,000	36.3	28.2 - 44.4	22,800	63.7	55.6 - 71.8	35,800
Lahaina/ Wailuku	12,100	35.5	29.1 - 42.0	22,000	64.5	58.0 - 70.9	34,200
Lanai	400	18.4	5.2 - 31.6	1,700	81.6	68.4 - 94.8	2,100
Lihue-Waimea	8,500	29.9	24.1 - 35.8	19,900	70.1	64.2 - 75.9	28,300
Manoa/ Upper Makiki	16,900	34.1	27.1 - 41.2	32,700	65.9	58.8 - 72.9	49,600

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**Year: 2013**

Community	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Mililani/ Wahiawa	24,800	36.5	29.2 - 43.7	43,200	63.5	56.3 - 70.8	67,900
Molokai	1,200	23.4	11.6 - 35.2	3,800	76.6	64.8 - 88.4	4,900
Nanakuli/ Waianae	12,100	35.5	26.3 - 44.8	21,900	64.5	55.2 - 73.7	34,000
N.Hawaii	9,000	35.4	27.5 - 43.3	16,400	64.6	56.7 - 72.5	25,300
N.Shore/ Laie	7,700	34.9	22.3 - 47.5	14,300	65.1	52.5 - 77.7	21,900
Nuuanu/ Kalihi/ Moanalua	23,500	37.5	30.4 - 44.5	39,300	62.5	55.5 - 69.6	62,800
Puna/ Kau	13,200	31.4	24.0 - 38.8	28,800	68.6	61.2 - 76.0	42,000
Salt Lake/ Foster Village	12,900	43.2	32.5 - 53.9	17,000	56.8	46.1 - 67.5	30,000
Upcountry/ Hana	13,000	36.4	29.2 - 43.6	22,700	63.6	56.4 - 70.8	35,800
Waialae/ Kahala/ Hawaii Kai	15,600	37.7	30.1 - 45.2	25,800	62.3	54.8 - 69.9	41,400
Waipahu/ Kapolei/ Ewa	51,500	39.3	33.5 - 45.2	79,400	60.7	54.8 - 66.5	130,900

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**Year: 2013**

BRFSS Age Group	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
18-24	58,600	49.6	43.9 - 55.4	59,500	50.4	44.6 - 56.1	118,100
25-34	77,900	44.8	40.2 - 49.4	96,000	55.2	50.6 - 59.8	174,000
35-44	53,800	33.3	29.3 - 37.3	107,700	66.7	62.7 - 70.7	161,500
45-54	53,400	30.5	26.8 - 34.1	121,700	69.5	65.9 - 73.2	175,100
55-64	50,400	29.3	26.0 - 32.5	121,700	70.7	67.5 - 74.0	172,100
65-74	36,100	31.6	27.6 - 35.6	78,000	68.4	64.4 - 72.4	114,100
75+	23,200	24.6	20.6 - 28.6	71,200	75.4	71.4 - 79.4	94,400

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**Year: 2013**

DOH Race-Ethnicity	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Caucasian	128,000	38.7	36.0 - 41.4	202,800	61.3	58.6 - 64.0	330,800
Native Hawaiian	44,400	42.1	37.5 - 46.7	61,000	57.9	53.3 - 62.5	105,400
Chinese	18,300	28.7	21.7 - 35.7	45,500	71.3	64.3 - 78.3	63,800
Filipino	51,700	31.2	26.7 - 35.6	114,200	68.8	64.4 - 73.3	165,900
Japanese	58,500	27.2	24.0 - 30.4	156,300	72.8	69.6 - 76.0	214,800
Black	7,800	66.4	51.4 - 81.4	3,900	33.6	18.6 - 48.6	11,700
Native Alaskan/ American Indian	n/r	n/r	n/r	n/r	n/r	n/r	4,700
Other Asian	8,600	33.9	22.7 - 45.0	16,800	66.1	55.0 - 77.3	25,400
Other Pacific Islander	9,200	32.5	23.4 - 41.7	19,000	67.5	58.3 - 76.6	28,200
Other	15,000	44.9	33.5 - 56.3	18,300	55.1	43.7 - 66.5	33,300



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**Year: 2013**

Gender	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Male	213,100	42.1	39.7 - 44.6	292,500	57.9	55.4 - 60.3	505,600
Female	143,000	28.0	25.9 - 30.0	368,700	72.0	70.0 - 74.1	511,700

Education Level	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Never attended school/ Only Kindergarten to Grades 8	5,500	23.3	10.0 - 36.5	18,100	76.7	63.5 - 90.0	23,600
Grades 9 thru 11 (Some High School)	26,300	34.6	26.6 - 42.6	49,800	65.4	57.4 - 73.4	76,100
Grades 12 or GED (High School Grad)	95,900	32.6	29.5 - 35.7	198,600	67.4	64.3 - 70.5	294,500
College 1 to 3 years (Some College/ Tech)	120,300	35.5	32.5 - 38.5	218,600	64.5	61.5 - 67.5	338,900
College 4 years or more (College Grad)	107,900	38.1	35.8 - 40.5	175,000	61.9	59.5 - 64.2	282,900

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**Year: 2013**

Employment Status (Grouped)	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Employed</b>	225,500	36.0	33.9 - 38.1	401,400	64.0	61.9 - 66.1	626,900
<b>Unemployed</b>	20,100	32.1	25.4 - 38.8	42,400	67.9	61.2 - 74.6	62,500
<b>Retired/Unable to work</b>	67,400	28.8	26.0 - 31.7	166,300	71.2	68.3 - 74.0	233,700
<b>Student/Homemaker</b>	42,700	45.8	39.4 - 52.3	50,500	54.2	47.7 - 60.6	93,100

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**Year: 2013**

Household Income	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Less than \$10,000	13,500	29.3	22.7 - 35.9	32,600	70.7	64.1 - 77.3	46,000
\$10,000 to \$14,999	9,800	26.1	17.8 - 34.3	27,800	73.9	65.7 - 82.2	37,600
\$15,000 to \$19,999	18,300	28.7	22.8 - 34.6	45,300	71.3	65.4 - 77.2	63,500
\$20,000 to \$24,999	25,400	38.1	32.0 - 44.1	41,400	61.9	55.9 - 68.0	66,800
\$25,000 to \$34,999	36,200	33.0	28.1 - 38.0	73,400	67.0	62.0 - 71.9	109,600
\$35,000 to \$49,999	48,200	34.7	30.4 - 39.1	90,500	65.3	60.9 - 69.6	138,600
\$50,000 to \$74,999	52,900	37.0	32.7 - 41.3	90,200	63.0	58.7 - 67.3	143,100
\$75,000 or more	113,400	37.3	34.3 - 40.3	190,700	62.7	59.7 - 65.7	304,100

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**Year: 2013**

Poverty Level	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>0-130%</b>	30,700	26.7	21.5 - 31.9	84,100	73.3	68.1 - 78.5	114,700
<b>131-185%</b>	22,400	31.1	24.6 - 37.6	49,600	68.9	62.4 - 75.4	72,000
<b>186+%</b>	98,100	33.0	30.2 - 35.8	199,300	67.0	64.2 - 69.8	297,500

Marital Status (Grouped)	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Married</b>	176,800	32.9	30.8 - 35.1	360,100	67.1	64.9 - 69.2	536,900
<b>Unmarried Couple</b>	14,900	43.4	32.4 - 54.5	19,400	56.6	45.5 - 67.6	34,300
<b>Widowed</b>	18,100	27.2	21.7 - 32.7	48,400	72.8	67.3 - 78.3	66,400
<b>Other</b>	146,300	38.5	35.8 - 41.3	233,400	61.5	58.7 - 64.2	379,700

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**Year: 2013**

Married	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Yes</b>	181,500	32.9	30.8 - 35.0	370,100	67.1	65.0 - 69.2	551,500
<b>No</b>	174,000	37.5	35.0 - 40.1	289,400	62.5	59.9 - 65.0	463,400

Health Care Coverage	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Yes</b>	324,700	34.7	33.0 - 36.4	611,300	65.3	63.6 - 67.0	936,100
<b>No</b>	29,900	38.0	32.6 - 43.5	48,800	62.0	56.5 - 67.4	78,700

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**Year: 2011**

State	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Totals</b>	323,500	32.1	30.5 - 33.8	683,100	67.9	66.2 - 69.5	1,006,600

County	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Hawaii</b>	45,500	32.3	28.5 - 36.0	95,600	67.7	64.0 - 71.5	141,100
<b>Honolulu</b>	223,800	32.1	30.0 - 34.3	472,500	67.9	65.7 - 70.0	696,300
<b>Kauai</b>	15,900	32.5	26.8 - 38.2	33,000	67.5	61.8 - 73.2	48,900
<b>Maui</b>	36,000	31.8	28.1 - 35.5	77,300	68.2	64.5 - 71.9	113,400

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**Year: 2011**

Island	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hawaii	45,500	32.3	28.5 - 36.0	95,600	67.7	64.0 - 71.5	141,100
Kauai	15,900	32.5	26.8 - 38.2	33,000	67.5	61.8 - 73.2	48,900
Lanai	1,100	27.9	20.3 - 35.6	2,800	72.1	64.4 - 79.7	3,800
Maui	32,000	31.8	27.7 - 36.0	68,400	68.2	64.0 - 72.3	100,400
Molokai	3,000	32.5	23.4 - 41.7	6,200	67.5	58.3 - 76.6	9,100
Oahu	223,800	32.1	30.0 - 34.3	472,500	67.9	65.7 - 70.0	696,300

Community	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Aiea/ Pearl City	15,500	25.7	19.8 - 31.5	44,900	74.3	68.5 - 80.2	60,400
Ala Moana	9,600	32.6	23.4 - 41.8	19,800	67.4	58.2 - 76.6	29,400

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**Year: 2011**

Community	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Hanalei/ Kapaa	7,700	34.6	25.7 - 43.5	14,500	65.4	56.5 - 74.3	22,200
Hilo	11,500	28.8	22.3 - 35.2	28,500	71.2	64.8 - 77.7	40,000
Kaaawa/ Kahaluu/ Kaneohe	16,700	33.9	25.4 - 42.4	32,600	66.1	57.6 - 74.6	49,300
Kahului	11,700	32.7	25.6 - 39.8	24,100	67.3	60.2 - 74.4	35,800
Kailua/ Waimanalo	18,300	35.1	26.5 - 43.6	33,800	64.9	56.4 - 73.5	52,100
Kaimuki/ Palolo/ Waikiki	21,200	35.6	28.7 - 42.5	38,300	64.4	57.5 - 71.3	59,400
Kona	11,200	39.2	31.1 - 47.4	17,300	60.8	52.6 - 68.9	28,600
Lahaina/ Wailuku	8,300	25.5	19.1 - 31.9	24,200	74.5	68.1 - 80.9	32,400
Lanai	1,100	27.9	20.3 - 35.6	2,800	72.1	64.4 - 79.7	3,800
Lihue-Waimea	8,200	30.8	23.6 - 38.1	18,400	69.2	61.9 - 76.4	26,600
Manoa/ Upper Makiki	13,700	30.3	23.6 - 37.1	31,500	69.7	62.9 - 76.4	45,200



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**Year: 2011**

Community	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Mililani/ Wahiawa	21,400	32.8	25.7 - 40.0	43,700	67.2	60.0 - 74.3	65,100
Molokai	3,000	32.5	23.4 - 41.7	6,200	67.5	58.3 - 76.6	9,100
Nanakuli/ Waianae	8,700	28.8	19.1 - 38.5	21,500	71.2	61.5 - 80.9	30,300
N.Hawaii	9,200	30.2	22.4 - 38.1	21,200	69.8	61.9 - 77.6	30,400
N.Shore/ Laie	6,000	25.5	14.2 - 36.8	17,500	74.5	63.2 - 85.8	23,500
Nuuanu/ Kalihi/ Moanalua	21,400	32.3	24.6 - 40.0	44,800	67.7	60.0 - 75.4	66,200
Puna/ Kau	13,600	32.2	24.8 - 39.7	28,600	67.8	60.3 - 75.2	42,200
Salt Lake/ Foster Village	16,000	43.6	33.2 - 54.0	20,700	56.4	46.0 - 66.8	36,600
Upcountry/ Hana	12,000	37.3	29.9 - 44.8	20,200	62.7	55.2 - 70.1	32,200
Waialae/ Kahala/ Hawaii Kai	15,200	35.6	27.0 - 44.1	27,400	64.4	55.9 - 73.0	42,600
Waipahu/ Kapolei/ Ewa	40,200	29.5	24.1 - 35.0	96,000	70.5	65.0 - 75.9	136,200

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**Year: 2011**

BRFSS Age Group	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
18-24	48,700	41.3	34.1 - 48.4	69,300	58.7	51.6 - 65.9	118,000
25-34	71,700	38.7	34.0 - 43.4	113,500	61.3	56.6 - 66.0	185,200
35-44	57,200	33.6	29.3 - 37.8	113,300	66.4	62.2 - 70.7	170,600
45-54	51,100	29.5	25.9 - 33.1	122,000	70.5	66.9 - 74.1	173,100
55-64	39,700	25.1	22.4 - 27.7	118,700	74.9	72.3 - 77.6	158,400
65-74	29,500	30.4	26.8 - 34.0	67,300	69.6	66.0 - 73.2	96,800
75+	24,400	24.6	20.6 - 28.6	74,700	75.4	71.4 - 79.4	99,100

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**Year: 2011**

DOH Race-Ethnicity	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Caucasian	126,000	36.8	34.0 - 39.7	215,900	63.2	60.3 - 66.0	341,900
Native Hawaiian	39,800	37.7	32.7 - 42.7	65,700	62.3	57.3 - 67.3	105,500
Chinese	18,300	30.0	22.3 - 37.7	42,700	70.0	62.3 - 77.7	61,000
Filipino	53,300	29.9	25.3 - 34.4	125,200	70.1	65.6 - 74.7	178,500
Japanese	53,400	25.2	22.4 - 28.0	158,500	74.8	72.0 - 77.6	211,900
Black	6,500	47.3	30.0 - 64.7	7,200	52.7	35.3 - 70.0	13,700
Native Alaskan/ American Indian	n/r	n/r	n/r	n/r	n/r	n/r	3,800
Other Asian	6,400	24.5	16.3 - 32.7	19,800	75.5	67.3 - 83.7	26,200
Other Pacific Islander	5,800	24.5	11.5 - 37.5	17,900	75.5	62.5 - 88.5	23,700
Other	10,900	30.9	21.2 - 40.7	24,400	69.1	59.3 - 78.8	35,400

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**Year: 2011**

Gender	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Male	206,400	41.0	38.3 - 43.7	297,300	59.0	56.3 - 61.7	503,700
Female	117,100	23.3	21.5 - 25.1	385,800	76.7	74.9 - 78.5	502,900

Education Level	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Never attended school/ Only Kindergarten to Grades 8	2,100	10.1	2.4 - 17.8	19,200	89.9	82.2 - 97.6	21,300
Grades 9 thru 11 (Some High School)	24,200	32.0	23.3 - 40.6	51,500	68.0	59.4 - 76.7	75,700
Grades 12 or GED (High School Grad)	90,900	29.7	26.4 - 32.9	215,700	70.3	67.1 - 73.6	306,700
College 1 to 3 years (Some College/ Tech)	107,700	32.4	29.4 - 35.4	224,500	67.6	64.6 - 70.6	332,200
College 4 years or more (College Grad)	98,400	36.4	34.0 - 38.9	171,800	63.6	61.1 - 66.0	270,200

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**Year: 2011**

Employment Status (Grouped)	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Employed</b>	198,800	33.6	31.4 - 35.8	392,600	66.4	64.2 - 68.6	591,400
<b>Unemployed</b>	21,700	29.0	22.3 - 35.7	52,900	71.0	64.3 - 77.7	74,600
<b>Retired/Unable to work</b>	60,000	26.6	23.9 - 29.2	165,700	73.4	70.8 - 76.1	225,700
<b>Student/Homemaker</b>	43,000	37.6	31.2 - 44.0	71,400	62.4	56.0 - 68.8	114,400

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**Year: 2011**

Household Income	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Less than \$10,000	12,000	28.2	19.5 - 36.9	30,500	71.8	63.1 - 80.5	42,400
\$10,000 to \$14,999	8,000	22.7	15.4 - 30.0	27,200	77.3	70.0 - 84.6	35,200
\$15,000 to \$19,999	12,500	23.5	17.0 - 29.9	40,800	76.5	70.1 - 83.0	53,300
\$20,000 to \$24,999	18,700	25.2	19.5 - 30.9	55,500	74.8	69.1 - 80.5	74,200
\$25,000 to \$34,999	26,900	26.6	21.9 - 31.3	74,100	73.4	68.7 - 78.1	101,000
\$35,000 to \$49,999	46,400	34.1	29.4 - 38.7	89,900	65.9	61.3 - 70.6	136,300
\$50,000 to \$74,999	55,600	32.8	28.6 - 37.0	113,700	67.2	63.0 - 71.4	169,200
\$75,000 or more	114,200	38.6	35.4 - 41.7	182,000	61.4	58.3 - 64.6	296,200

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**Year: 2011**

Poverty Level	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>0-130%</b>	38,100	24.1	19.7 - 28.5	120,000	75.9	71.5 - 80.3	158,100
<b>131-185%</b>	32,000	28.6	23.5 - 33.8	79,700	71.4	66.2 - 76.5	111,700
<b>186+%</b>	150,400	34.1	31.7 - 36.5	290,800	65.9	63.5 - 68.3	441,300

Marital Status (Grouped)	Yes			No			Estimated Population
	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Married</b>	152,900	31.1	29.0 - 33.2	338,300	68.9	66.8 - 71.0	491,100
<b>Unmarried Couple</b>	14,800	33.1	23.9 - 42.4	30,000	66.9	57.6 - 76.1	44,800
<b>Widowed</b>	16,300	22.0	17.9 - 26.1	57,800	78.0	73.9 - 82.1	74,100
<b>Other</b>	139,500	35.2	32.1 - 38.3	257,000	64.8	61.7 - 67.9	396,600

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**Year: 2011**

<b>Married</b>	<b>Yes</b>			<b>No</b>			<b>Estimated Population</b>
	<b>#</b>	<b>%</b>	<b>C.I. (95%)</b>	<b>#</b>	<b>%</b>	<b>C.I. (95%)</b>	<b>#</b>
<b>Yes</b>	160,000	31.6	29.5 - 33.8	345,700	68.4	66.2 - 70.5	505,700
<b>No</b>	162,900	32.6	30.0 - 35.3	336,400	67.4	64.7 - 70.0	499,300

<b>Health Care Coverage</b>	<b>Yes</b>			<b>No</b>			<b>Estimated Population</b>
	<b>#</b>	<b>%</b>	<b>C.I. (95%)</b>	<b>#</b>	<b>%</b>	<b>C.I. (95%)</b>	<b>#</b>
<b>Yes</b>	291,200	32.0	30.2 - 33.7	619,200	68.0	66.3 - 69.8	910,400
<b>No</b>	31,500	33.6	27.4 - 39.8	62,300	66.4	60.2 - 72.6	93,800