

## Physical Activity - Meet Recommendations, for the State of Hawaii, for State and County, for the Year 2011

*Note: Weighted numbers (#), percentages and 95% confidence intervals; n/r (Not Reportable) - Represents cell size restriction based on unweighted respondents; n/a (Not Available) - Not asked of a subset of respondents*

*The Leading Health Indicators were developed as part of the Healthy People 2010 initiative. The Leading Health Indicators (LHI) were selected to reflect the major public health concerns in the United States. Ten indicators were chosen based upon their ability to motivate action, the availability of data to measure their progress and their relevance as broad public health issues.*

*This report looks at Physical Activity for youths and adults:*

*Youths in grades 6-12 who engaged in physical activity for 60 minutes or more on 5 or more of the past 7 days. (Source: YRBS)*

*Adults who engaged in aerobic activity 150+ minutes (or vigorous equivalent) per week and strength activity > 2 times per week. (Source: BRFSS)*

*Note: Hawaii County High School data is not available in 2011.*

*Suggested citation:*

*Hawaii Health Data Warehouse; Hawaii State Department of Health, Behavioral Risk Factor Surveillance System (BRFSS), State of Hawaii, Hawaii School Health Survey: Youth Risk Behaviour Survey Module (YRBS), (report title and years), Report Created: 10/18/2013*

*For documentation on other terms and coding in this report, please go to the following links*

[Click here to access BRFSS documentation](#)

[Click here to access YRBS documentation](#)

[Click here to access DOH Race-Ethnicity coding](#)

[Click here to access The Hawai'i Data Guide](#)

[Click here to access Poverty Level Methodology](#)

**For questions about this report, please contact  
The Hawaii Health Data Warehouse**

[profiles@hhdw.org](mailto:profiles@hhdw.org)

**(855) 946-5899 x15**

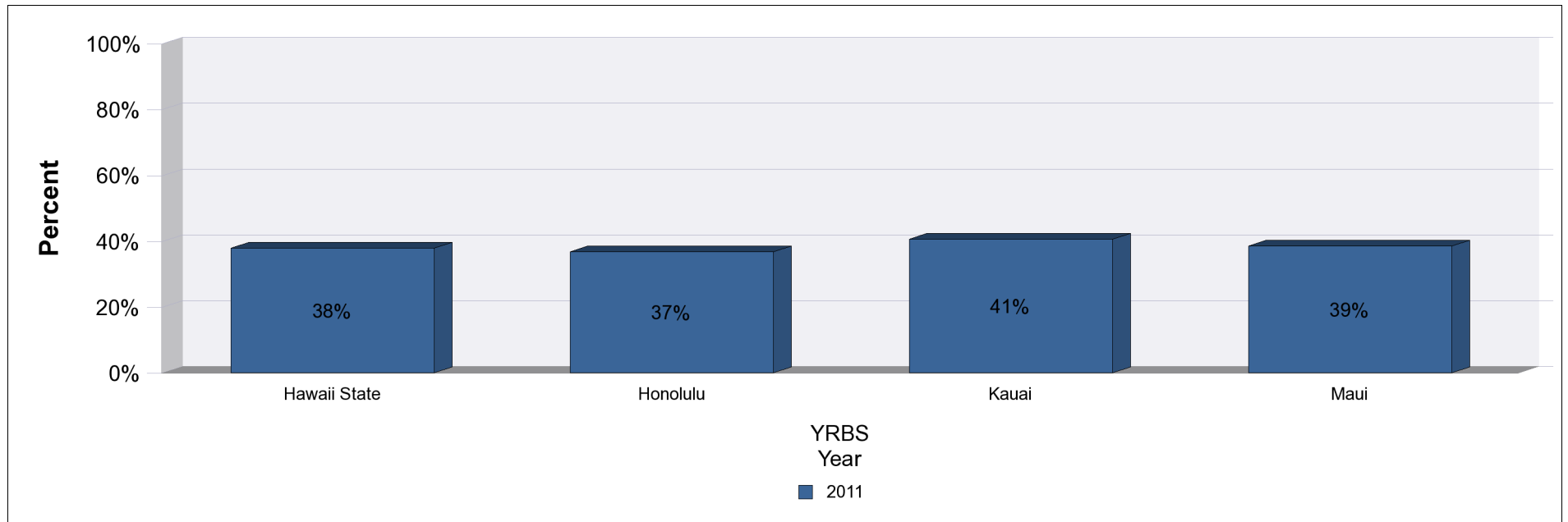
## Youths who Meet Recommendations for Physical Activity, for State and County, for Students in Grades 6-12, by School Type, Trend by Year 2011

*Note: Weighted numbers (#), percentages and 95% confidence intervals; Students in grades 6-12; n/r (Not Reportable) - Represents cell size restriction of unweighted respondents < 100; n/a (Not Available) - Not asked of a subset of respondents; Hawaii County High School data is not available in 2011.*

*Note: Meeting recommendations refers to youths in grades 6-12 who engaged in physical activity for 60 minutes or more on 5 or more of the past 7 days.*

### High School

Year	Hawaii State			Honolulu			Kauai			Maui		
	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#
2011	37.9	36.2 - 39.7	16,000	36.8	34.3 - 39.3	10,600	40.6	36.8 - 44.5	1,000	38.5	35.8 - 41.3	2,000



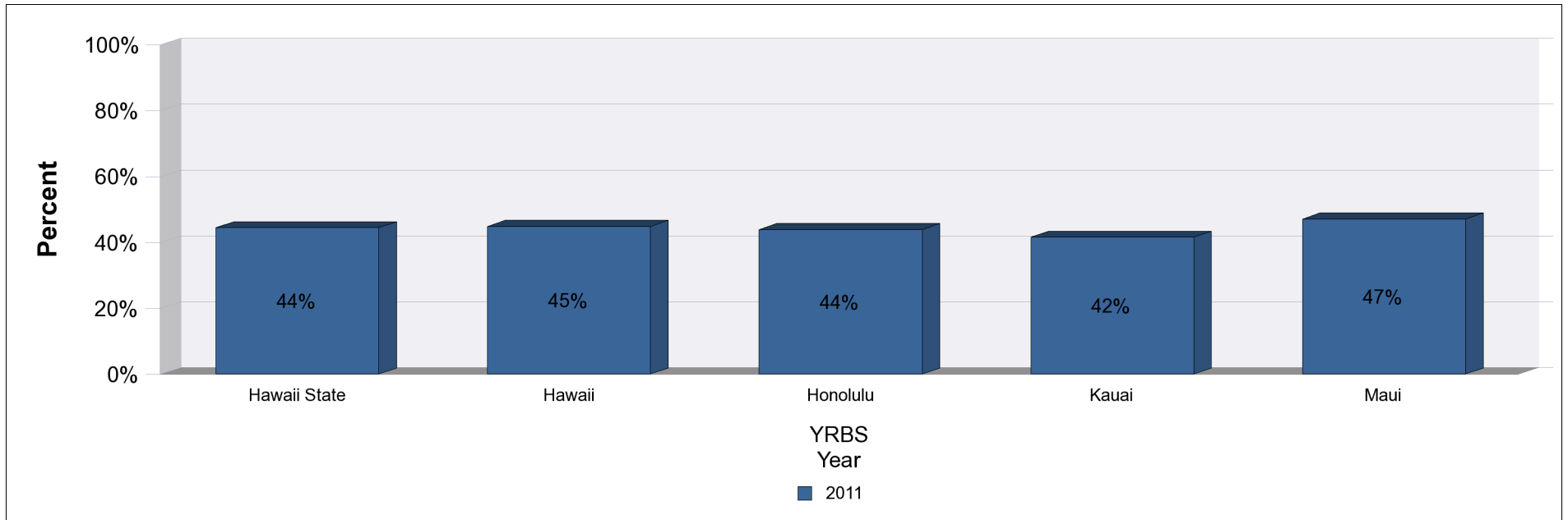
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### Middle School

Year	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#
2011	44.4	41.6 - 47.3	11,300	44.9	41.9 - 47.8	1,500	43.9	39.6 - 48.2	7,300	41.6	37.5 - 45.7	700	47.1	43.6 - 50.5	1,700



## Youths who Meet Recommendations for Physical Activity, for State and County, for Students in Grades 6-12, by School Type, Grade Level, Gender, for the Year 2011

*Note: Weighted numbers (#), percentages and 95% confidence intervals; Students in grades 6-12; n/r (Not Reportable) - Represents cell size restriction of unweighted respondents < 100; n/a (Not Available) - Not asked of a subset of respondents; Hawaii County High School data is not available in 2011.*

*Note: Meeting recommendations refers to youths in grades 6-12 who engaged in physical activity for 60 minutes or more on 5 or more of the past 7 days.*

### High School

**Year: 2011**

State	Hawaii State			Honolulu			Kauai			Maui		
	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#
Hawaii State	37.9	36.2 - 39.7	16,000	36.8	34.3 - 39.3	10,600	40.6	36.8 - 44.5	1,000	38.5	35.8 - 41.3	2,000

Grade Level	Hawaii State			Honolulu			Kauai			Maui		
	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#
9th Grade	41.2	36.8 - 45.6	4,800	41.1	34.9 - 47.2	3,300	38.6	30.1 - 47.1	200	36.7	31.3 - 42.1	500
10th Grade	41.6	38.8 - 44.4	4,500	40.7	37.4 - 44.1	3,000	44.8	35.9 - 53.7	300	40.2	35.8 - 44.6	500
11th Grade	36.0	31.2 - 40.8	3,700	34.1	27.7 - 40.6	2,400	40.5	35.8 - 45.2	200	41.0	33.9 - 48.0	500
12th Grade	31.7	28.2 - 35.2	2,900	29.6	24.8 - 34.4	1,800	39.7	31.4 - 48.1	200	37.2	30.6 - 43.8	400

## Youths who Meet Recommendations for Physical Activity, for State and County, for Students in Grades 6-12, by School Type, Grade Level, Gender, for the Year 2011

*Note: Weighted numbers (#), percentages and 95% confidence intervals; Students in grades 6-12; n/r (Not Reportable) - Represents cell size restriction of unweighted respondents < 100; n/a (Not Available) - Not asked of a subset of respondents; Hawaii County High School data is not available in 2011.*

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### High School

**Year: 2011**

Gender	Hawaii State			Honolulu			Kauai			Maui		
	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#
Male	49.0	46.2 - 51.8	10,000	46.7	42.8 - 50.6	6,600	51.8	46.2 - 57.4	600	48.6	43.3 - 53.8	1,200
Female	27.4	25.1 - 29.8	5,900	27.1	23.9 - 30.3	4,000	30.2	25.4 - 35.0	400	29.5	25.5 - 33.6	800

## Youths who Meet Recommendations for Physical Activity, for State and County, for Students in Grades 6-12, by School Type, Grade Level, Gender, for the Year 2011

*Note: Weighted numbers (#), percentages and 95% confidence intervals; Students in grades 6-12; n/r (Not Reportable) - Represents cell size restriction of unweighted respondents < 100; n/a (Not Available) - Not asked of a subset of respondents; Hawaii County High School data is not available in 2011.*

*Note: Meeting recommendations refers to youths in grades 6-12 who engaged in physical activity for 60 minutes or more on 5 or more of the past 7 days.*

### Middle School

**Year: 2011**

State	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#
Hawaii State	44.4	41.6 - 47.3	11,300	44.9	41.9 - 47.8	1,500	43.9	39.6 - 48.2	7,300	41.6	37.5 - 45.7	700	47.1	43.6 - 50.5	1,700

Grade Level	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#
6th Grade	44.5	40.5 - 48.5	2,400	46.3	41.4 - 51.2	400	44.8	38.4 - 51.1	1,300	41.6	35.0 - 48.1	200	42.3	37.0 - 47.5	500
7th Grade	46.4	43.7 - 49.0	4,600	48.2	43.1 - 53.3	600	45.9	42.2 - 49.5	3,200	44.9	38.7 - 51.0	200	48.4	42.5 - 54.4	600
8th Grade	42.5	37.1 - 47.9	4,100	40.2	34.8 - 45.6	500	41.7	33.9 - 49.6	2,800	37.9	29.6 - 46.2	200	50.1	43.6 - 56.6	600

## Youths who Meet Recommendations for Physical Activity, for State and County, for Students in Grades 6-12, by School Type, Grade Level, Gender, for the Year 2011

*Note: Weighted numbers (#), percentages and 95% confidence intervals; Students in grades 6-12; n/r (Not Reportable) - Represents cell size restriction of unweighted respondents < 100; n/a (Not Available) - Not asked of a subset of respondents; Hawaii County High School data is not available in 2011.*

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### Middle School

**Year: 2011**

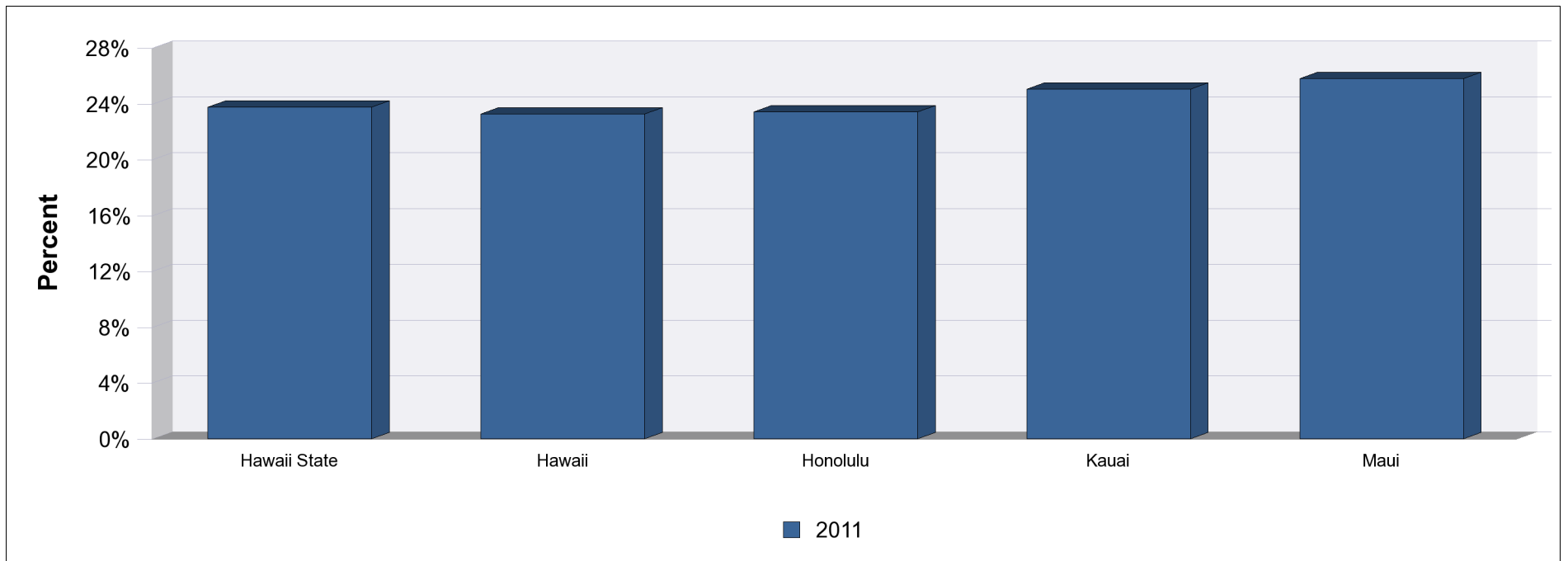
Gender	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#
Male	50.5	47.5 - 53.5	6,400	49.9	45.4 - 54.5	800	50.4	46.1 - 54.7	4,200	48.6	42.2 - 55.0	400	50.7	45.7 - 55.7	900
Female	38.4	35.0 - 41.8	4,900	39.7	35.2 - 44.2	700	37.4	32.2 - 42.6	3,100	35.7	31.4 - 40.1	300	43.7	39.0 - 48.5	800

## Adults who Meet Recommendations for Physical Activity, for State and County, for Adults, Trend by Year, for the Year 2011

*Note: Weighted numbers (#), percentages and 95% confidence intervals; Respondents aged 18 years and older;  
n/r (Not Reportable) - Represents cell size restriction of unweighted respondents < 50; n/a (Not Available) - Not asked of a subset of respondents*

*Note: Meeting recommendations refers to adults who engaged in aerobic activity 150+ minutes (or vigorous equivalent) per week and strength activity more than 2 times per week.*

Year	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#	%	C.I.(95%)	#
2011	23.8	22.2 - 25.3	234,700	23.3	19.9 - 26.6	32,500	23.4	21.4 - 25.4	161,200	25.1	19.8 - 30.4	12,100	25.8	22.3 - 29.4	28,900





## Adults who Meet Recommendations for Physical Activity, for State and County, by Gender, BRFSS Age Group, DOH Race-Ethnicity, Education Level, Employment Status, Marital Status, Household Income, Poverty Level, Healthcare Coverage, for the Year 2011

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**Year: 2011**

State	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Totals</b>	23.8	22.2 - 25.3	234,700	23.3	19.9 - 26.6	32,500	23.4	21.4 - 25.4	161,200	25.1	19.8 - 30.4	12,100	25.8	22.3 - 29.4	28,900

Gender	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Male</b>	30.3	27.7 - 32.8	149,300	29.0	23.4 - 34.7	20,100	30.6	27.2 - 33.9	105,500	26.5	18.3 - 34.7	6,200	31.4	25.7 - 37.1	17,500
<b>Female</b>	17.3	15.7 - 18.9	85,400	17.6	14.3 - 21.0	12,400	16.2	14.2 - 18.3	55,700	23.8	16.9 - 30.6	6,000	20.2	16.2 - 24.3	11,400

## Adults who Meet Recommendations for Physical Activity, for State and County, by Gender, BRFSS Age Group, DOH Race-Ethnicity, Education Level, Employment Status, Marital Status, Household Income, Poverty Level, Healthcare Coverage, for the Year 2011

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**Year: 2011**

BRFSS Age Group	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
18-24	34.4	27.5 - 41.3	40,000	n/r	n/r	n/r	32.1	23.6 - 40.6	27,100	n/r	n/r	n/r	n/r	n/r	n/r
25-34	28.3	23.8 - 32.7	51,500	27.3	16.2 - 38.4	6,500	29.7	24.0 - 35.3	38,700	n/r	n/r	n/r	21.4	11.9 - 30.9	4,400
35-44	21.0	17.5 - 24.5	35,300	23.2	15.1 - 31.3	4,800	20.6	16.2 - 25.0	24,800	n/r	n/r	n/r	23.8	15.5 - 32.0	4,900
45-54	21.7	18.4 - 24.9	37,200	14.6	10.1 - 19.0	3,800	22.6	18.1 - 27.1	25,900	24.7	14.1 - 35.3	2,400	23.9	17.4 - 30.5	5,100
55-64	19.5	17.1 - 21.9	30,600	22.6	16.9 - 28.2	6,200	18.6	15.4 - 21.9	18,600	24.7	16.2 - 33.1	2,300	17.3	13.2 - 21.3	3,400
65-74	23.1	20.1 - 26.1	22,100	26.6	19.8 - 33.4	3,900	20.4	16.6 - 24.2	13,400	31.3	21.8 - 40.8	1,600	30.5	22.5 - 38.5	3,200
75+	18.8	15.2 - 22.5	18,100	24.9	15.0 - 34.7	2,800	17.8	13.2 - 22.3	12,800	20.8	11.1 - 30.4	1,000	18.7	11.8 - 25.6	1,500

## Adults who Meet Recommendations for Physical Activity, for State and County, by Gender, BRFSS Age Group, DOH Race-Ethnicity, Education Level, Employment Status, Marital Status, Household Income, Poverty Level, Healthcare Coverage, for the Year 2011

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**Year: 2011**

DOH Race-Ethnicity	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Caucasian	29.5	26.7 - 32.2	99,100	27.1	21.8 - 32.4	17,300	29.7	25.8 - 33.7	60,500	29.3	21.8 - 36.8	6,100	31.5	25.9 - 37.1	15,200
Native Hawaiian	29.5	24.8 - 34.3	30,600	29.7	20.2 - 39.3	6,300	30.8	24.1 - 37.5	19,600	30.4	10.6 - 50.2	1,500	23.2	14.7 - 31.6	3,200
Chinese	18.1	12.0 - 24.1	10,800	n/r	n/r	n/r	18.4	11.8 - 25.0	9,900	n/r	n/r	n/r	n/r	n/r	n/r
Filipino	18.1	14.1 - 22.1	31,700	8.0	3.3 - 12.6	1,200	18.5	13.4 - 23.6	23,100	20.7	7.4 - 34.0	2,300	21.2	12.7 - 29.6	5,100
Japanese	18.2	15.7 - 20.8	37,900	21.8	13.9 - 29.7	5,100	17.8	14.8 - 20.7	28,800	14.7	7.9 - 21.5	1,100	19.5	12.4 - 26.6	3,000
Black	33.9	17.6 - 50.1	4,600	n/r	n/r	n/r	35.1	16.6 - 53.6	4,100	n/r	n/r	n/r	n/r	n/r	n/r
Native Alaskan/ American Indian	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r
Other Asian	13.8	7.7 - 20.0	3,500	n/r	n/r	n/r	11.2	5.0 - 17.3	2,500	n/r	n/r	n/r	n/r	n/r	n/r
Other Pacific Islander	22.5	9.2 - 35.7	5,200	n/r	n/r	n/r	25.4	10.0 - 40.7	5,000	n/r	n/r	n/r	n/r	n/r	n/r
Other	25.7	16.3 - 35.1	9,000	n/r	n/r	n/r	29.8	16.7 - 42.9	6,800	n/r	n/r	n/r	n/r	n/r	n/r

## Adults who Meet Recommendations for Physical Activity, for State and County, by Gender, BRFSS Age Group, DOH Race-Ethnicity, Education Level, Employment Status, Marital Status, Household Income, Poverty Level, Healthcare Coverage, for the Year 2011

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**Year: 2011**

Education Level	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
Never attended school/ Only Kindergarten to Grades 8	6.9	0.6 - 13.3	1,400	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r
Grades 9 thru 11 (Some High School)	24.3	15.8 - 32.8	17,700	16.2	4.8 - 27.5	2,000	25.7	14.5 - 37.0	13,200	n/r	n/r	n/r	23.2	6.2 - 40.1	1,700
Grades 12 or GED (High School Grad)	21.0	18.1 - 23.9	63,400	18.0	12.3 - 23.7	7,400	20.4	16.6 - 24.2	42,500	21.4	12.0 - 30.8	3,500	27.9	21.4 - 34.4	10,000
College 1 to 3 years (Some College/ Tech)	24.6	21.9 - 27.4	80,400	24.1	18.1 - 30.1	13,300	24.2	20.6 - 27.8	52,200	29.2	19.6 - 38.8	5,000	25.9	19.3 - 32.4	9,900
College 4 years or more (College Grad)	26.9	24.7 - 29.2	71,700	32.5	27.1 - 38.0	9,200	26.2	23.4 - 29.0	53,000	24.0	17.9 - 30.0	2,700	27.8	22.4 - 33.2	6,800

## Adults who Meet Recommendations for Physical Activity, for State and County, by Gender, BRFSS Age Group, DOH Race-Ethnicity, Education Level, Employment Status, Marital Status, Household Income, Poverty Level, Healthcare Coverage, for the Year 2011

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**Year: 2011**

Employment Status	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Employed for wages</b>	23.7	21.5 - 26.0	115,700	22.0	16.8 - 27.2	12,600	24.5	21.7 - 27.3	85,900	18.9	12.3 - 25.5	4,400	22.6	17.7 - 27.5	12,800
<b>Self-Employed</b>	28.8	23.7 - 33.9	26,800	33.9	24.3 - 43.5	6,900	24.3	16.9 - 31.7	12,500	39.8	22.4 - 57.2	2,600	32.4	21.7 - 43.1	4,900
<b>Not Employed</b>	21.0	14.8 - 27.2	15,400	17.6	5.6 - 29.7	2,800	21.8	13.1 - 30.5	9,700	n/r	n/r	n/r	20.7	8.2 - 33.2	1,900
<b>Retired</b>	22.0	19.5 - 24.6	40,600	25.1	19.6 - 30.7	6,500	20.6	17.4 - 23.9	26,900	23.2	16.5 - 29.9	2,200	27.2	21.5 - 32.9	4,900
<b>Unable to work</b>	8.7	4.6 - 12.8	3,100	6.0	0.0 - 12.0	400	7.1	2.3 - 11.9	1,700	n/r	n/r	n/r	13.6	3.0 - 24.1	500
<b>Student</b>	37.2	26.9 - 47.4	21,500	n/r	n/r	n/r	38.0	25.2 - 50.9	16,200	n/r	n/r	n/r	n/r	n/r	n/r
<b>Homemaker</b>	20.6	15.1 - 26.2	11,600	30.3	12.4 - 48.3	1,700	18.5	12.2 - 24.9	8,200	n/r	n/r	n/r	27.2	13.4 - 41.1	1,100

## Adults who Meet Recommendations for Physical Activity, for State and County, by Gender, BRFSS Age Group, DOH Race-Ethnicity, Education Level, Employment Status, Marital Status, Household Income, Poverty Level, Healthcare Coverage, for the Year 2011

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**Year: 2011**

Employment Status (Grouped)	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Employed</b>	24.5	22.5 - 26.6	142,500	25.1	20.5 - 29.8	19,400	24.5	21.9 - 27.1	98,400	23.5	16.7 - 30.2	7,000	24.6	20.1 - 29.1	17,600
<b>Unemployed</b>	21.0	14.8 - 27.2	15,400	17.6	5.6 - 29.7	2,800	21.8	13.1 - 30.5	9,700	n/r	n/r	n/r	20.7	8.2 - 33.2	1,900
<b>Retired/Unable to work</b>	19.9	17.6 - 22.1	43,700	21.4	16.6 - 26.2	6,900	18.5	15.6 - 21.4	28,600	24.1	16.6 - 31.7	2,800	25.1	19.9 - 30.2	5,300
<b>Student/Homemaker</b>	29.0	23.0 - 35.1	33,100	23.7	11.6 - 35.7	3,300	28.1	20.7 - 35.5	24,500	n/r	n/r	n/r	41.0	24.8 - 57.2	3,900

## Adults who Meet Recommendations for Physical Activity, for State and County, by Gender, BRFSS Age Group, DOH Race-Ethnicity, Education Level, Employment Status, Marital Status, Household Income, Poverty Level, Healthcare Coverage, for the Year 2011

*Note: Weighted numbers (#), percentages and 95% confidence intervals; Respondents aged 18 years and older;  
n/r (Not Reportable) - Represents cell size restriction of unweighted respondents < 50; n/a (Not Available) - Not asked of a subset of respondents*

*Note: Meeting recommendations refers to adults who engaged in aerobic activity 150+ minutes (or vigorous equivalent) per week and strength activity more than 2 times per week.*

**Year: 2011**

Marital Status	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Married</b>	23.4	21.4 - 25.3	113,300	24.6	20.5 - 28.7	15,700	23.7	21.1 - 26.2	80,900	20.2	14.9 - 25.5	4,900	21.5	17.5 - 25.4	11,700
<b>Unmarried Couple</b>	28.8	19.5 - 38.0	12,600	16.9	5.7 - 28.1	1,600	28.9	15.0 - 42.9	7,100	n/r	n/r	n/r	31.1	13.5 - 48.7	2,300
<b>Separated</b>	21.1	10.3 - 32.0	2,900	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r	n/r
<b>Divorced</b>	19.9	16.3 - 23.5	17,500	17.2	10.1 - 24.3	2,600	19.4	14.5 - 24.3	10,800	14.6	6.5 - 22.7	700	27.2	18.6 - 35.9	3,400
<b>Widowed</b>	16.6	13.0 - 20.1	11,900	21.3	10.7 - 31.8	2,200	15.1	10.8 - 19.5	7,500	23.9	11.9 - 35.8	1,000	15.5	8.2 - 22.8	1,100
<b>Never Married</b>	26.9	23.2 - 30.5	76,500	26.8	18.0 - 35.5	10,000	25.7	21.2 - 30.3	53,100	29.9	16.0 - 43.7	3,400	34.1	24.9 - 43.4	9,900

## Adults who Meet Recommendations for Physical Activity, for State and County, by Gender, BRFSS Age Group, DOH Race-Ethnicity, Education Level, Employment Status, Marital Status, Household Income, Poverty Level, Healthcare Coverage, for the Year 2011

*Note: Weighted numbers (#), percentages and 95% confidence intervals; Respondents aged 18 years and older;  
n/r (Not Reportable) - Represents cell size restriction of unweighted respondents < 50; n/a (Not Available) - Not asked of a subset of respondents*

*Note: Meeting recommendations refers to adults who engaged in aerobic activity 150+ minutes (or vigorous equivalent) per week and strength activity more than 2 times per week.*

**Year: 2011**

Household Income	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Less than \$10,000</b>	17.4	9.6 - 25.3	7,100	11.5	4.4 - 18.6	900	18.1	6.8 - 29.4	4,800	n/r	n/r	n/r	18.9	6.8 - 30.9	800
<b>\$10,000 to \$14,999</b>	15.1	8.4 - 21.7	5,200	20.3	8.4 - 32.2	2,000	11.5	1.9 - 21.2	2,200	n/r	n/r	n/r	25.5	7.2 - 43.8	900
<b>\$15,000 to \$19,999</b>	18.7	12.6 - 24.8	9,800	20.8	6.9 - 34.7	2,300	18.2	9.5 - 26.9	5,400	n/r	n/r	n/r	15.0	5.5 - 24.4	1,300
<b>\$20,000 to \$24,999</b>	18.2	13.4 - 23.1	13,200	21.1	11.1 - 31.1	3,400	14.4	8.1 - 20.8	6,000	17.3	3.6 - 31.0	900	29.8	15.2 - 44.4	2,900
<b>\$25,000 to \$34,999</b>	18.3	14.3 - 22.4	18,100	17.1	10.7 - 23.5	3,000	18.3	12.5 - 24.0	11,200	17.7	5.4 - 30.1	800	19.9	10.6 - 29.2	3,100
<b>\$35,000 to \$49,999</b>	25.7	21.1 - 30.2	34,500	23.5	13.8 - 33.1	5,200	27.4	21.2 - 33.6	24,100	24.4	9.4 - 39.5	1,900	20.0	12.0 - 28.1	3,200
<b>\$50,000 to \$74,999</b>	26.4	22.4 - 30.4	43,800	32.6	22.8 - 42.4	5,900	24.4	19.3 - 29.4	29,800	28.7	16.4 - 40.9	2,500	33.0	23.6 - 42.3	5,700
<b>\$75,000 or more</b>	28.8	26.0 - 31.7	84,600	33.2	25.5 - 41.0	8,300	28.0	24.6 - 31.4	65,300	27.0	18.4 - 35.5	2,600	32.8	25.8 - 39.7	8,500



**Adults who Meet Recommendations for Physical Activity, for State and County, by Gender, BRFSS Age Group, DOH Race-Ethnicity, Education Level, Employment Status, Marital Status, Household Income, Poverty Level, Healthcare Coverage, for the Year 2011**

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*Note: Meeting recommendations refers to adults who engaged in aerobic activity 150+ minutes (or vigorous equivalent) per week and strength activity more than 2 times per week.*

**Year: 2011**

Poverty Level	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>0-130%</b>	16.7	12.6 - 20.8	25,900	18.5	11.1 - 26.0	6,300	15.4	9.4 - 21.3	14,200	16.2	2.6 - 29.8	1,300	19.9	12.3 - 27.6	4,100
<b>131-185%</b>	22.1	17.2 - 27.0	24,400	21.9	12.9 - 30.9	5,000	20.3	13.5 - 27.1	14,000	34.0	17.1 - 50.9	2,000	26.4	16.5 - 36.3	3,500
<b>186+%</b>	25.9	23.7 - 28.1	112,900	28.6	23.6 - 33.7	14,300	24.8	22.0 - 27.6	80,300	24.4	18.4 - 30.4	4,900	31.2	26.2 - 36.2	13,400

Health Care Coverage	Hawaii State			Hawaii			Honolulu			Kauai			Maui		
	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#	%	C.I. (95%)	#
<b>Yes</b>	23.6	22.0 - 25.2	211,000	23.0	19.6 - 26.4	28,500	23.3	21.2 - 25.3	146,600	24.1	18.8 - 29.4	10,700	26.0	22.3 - 29.7	25,200
<b>No</b>	25.5	19.6 - 31.4	23,200	27.2	14.2 - 40.2	4,000	24.6	16.5 - 32.6	14,000	n/r	n/r	n/r	24.7	13.0 - 36.3	3,700