

# Hawaii's Healthy People 2020

## Tracker:

### Navigating the Tracking System



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Hawaii Health Data Warehouse

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## How to Navigate the HP2020 Tracking System

Welcome to Hawaii's first and only HP2020 tracking system! We encourage you to take a few moments to learn how to navigate the site, so you can make the best use of the resources offered.

**The landing page:** You can get to our HP2020 landing page by clicking on "Health Reports & Data" and selecting "View by HP2020." You may also click on View by HP2020 in the navigation column on your left.

Expand All | Collapse All

- View by Category
- View by County
- View by Data Source
- View by Ethnicity
- View by HP2020
- Other Reports

### Healthy People 2020

**OVERVIEW**  
Health People provides science-based, 10-year national objectives for disease prevention and health promotion for all Americans. Healthy People 2020 is a comprehensive set of objectives and targets to be achieved by the year 2020. These allow communities to assess their health status and build an agenda for health improvement.

**OUR REPORTS**

- View by HP2020
- Access to Health Services
  - Adolescent Health
  - Arthritis, Osteoporosis, & Back Conditions
  - Cancer
  - Chronic Kidney Disease
  - Diabetes
  - Disability and Health
  - Early and Middle Childhood
  - Educational & Community Programs
  - Environmental Health
  - Family Planning
  - Food Safety
  - Global Health
  - Heart Disease and Stroke
  - HIV
  - Immunization and Infectious Diseases
  - Injury and Violence Prevention
  - Maternal, Infant, and Child Health
  - Mental Health and Mental Disorders
  - Nutrition and Weight Status
  - Older Adults
  - Oral Health
  - Physical Activity
  - Preparedness
  - Respiratory Diseases
  - Sexually Transmitted Diseases
  - Sleep Health
  - Substance Abuse
  - Tobacco Use
  - Vision
- Other Reports

Take some time to review our landing page. The landing page provides an overview of HP2020 and links to the rest of the HP2020 pages. You can use the landing page to download the full list of topic areas and HP2020 objectives. The 30 topic areas we've included in our initial launch are clearly listed in the left-hand navigation and can be accessed by clicking on the appropriate title. At the bottom of the landing page, you may download a copy of the HP2020 summary report.

**Topic area landing pages:** Clicking on any of the topic areas in the HP2020 landing page brings you to a topic area landing page. You may also reach a topic area landing page by clicking on the navigation bar in the left column that appears when you click on "View by HP2020."

**The Overview tab:** The Overview tab offers background information on the importance of the topic area. It also provides a link to related reports on the HHDW.org website, as well as a link to the topic area on the national HP2020 website.

**Diabetes**

► Overview    ► Objectives

**GOAL**  
Reduce the disease and economic burden of diabetes mellitus (DM) and improve the quality of life for all persons who have, or are at risk for, DM.

**OVERVIEW**  
DM occurs when the body cannot produce or respond appropriately to insulin. Insulin is a hormone that the body needs to absorb and use glucose (sugar) as fuel for the body's cells. Without a properly functioning insulin signaling system, blood glucose levels become elevated and other metabolic abnormalities occur, leading to the development of serious, disabling complications.

Many forms of diabetes exist. The 3 common types of DM are:

- Type 2 diabetes, which results from a combination of resistance to the action of insulin and insufficient insulin production.
- Type 1 diabetes, which results when the body loses its ability to produce insulin

**ADDITIONAL RESOURCES**  
[HP2020's National Objectives for Diabetes](#)  
[HHDW Reports on Diabetes](#)

**Family Planning**

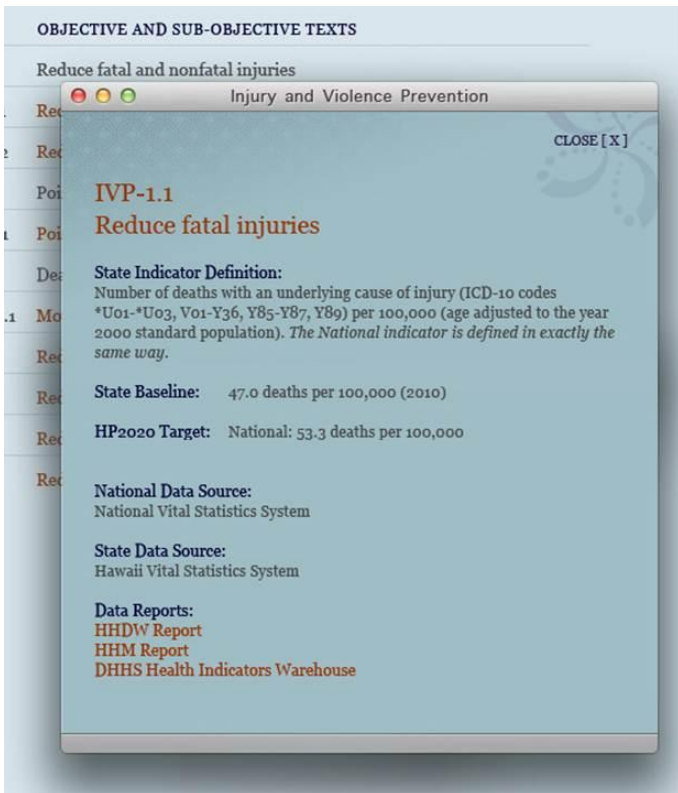
► Overview    ► Objectives

[Download all Family Planning Objectives](#)

OBJ. ID	OBJECTIVE AND SUB-OBJECTIVE TEXTS
FP-1	Intended pregnancy
FP-9	Abstinence ages 17 and under
FP-9.1	Female adolescents aged 15-17 years who have never had sex
FP-9.2	Male adolescents aged 15-17 years who have never had sex
FP-9.3	Female adolescents 15 years and under who have never had sex
FP-9.4	Male adolescents 15 years and under who have never had sex
FP-10	Use of condoms for pregnancy prevention and protection against disease
FP-10.3	Condom use among sexually active females 15-19 years

**The Objectives tab:** The Objectives tab presents all the indicators for that topic area for which we have state-specific data. This is a dynamic page that we plan to continually update with new indicators as we build them. To download the complete set of HP2020 objectives for that topic area, we provide a convenient link at the top of the page.

To look at Hawaii-specific data for any objective, just click on the orange text. For overarching objectives that have sub-objectives, the sub-objectives typically contain data. Clicking on an objective pulls up the pop-up window for that objective.



**An objective with data:** We provide you with a lot of information to understand the indicator we've built for a particular objective. First, we give you the indicator definition and explain how the indicator definition for our state data compares to the national indicator definition. Large differences in indicator definition suggest that comparing the national and state data may not be useful or informative. Except in very few cases, we've not linked state-level indicators with a HP2020 objective unless the data is closely comparable to the national data.

The pop-up also tells you the State of Hawaii baseline at the start of the decade, or as close as possible, and allows you to compare the state to the national target for that objective. We provide you information on what the state and national data sources for that objective are, and when different, we explain how close or different the data sources are in the data they produce.

To access more detailed data, see the selections available to you under the "Data Reports" section. An indicator may have a data report on HHDW.org, HHM.org, or both. In addition, we provide a link to the national data on the Department of Health and Human Services' (DHHS) Health Indicators Warehouse.

**The Reports:** Our HHDW.org and HHM reports look different, so we thought we'd give you a brief introduction. If you look at a HHDW report, the indicator definition and data source information is generally located on the first page. Scroll down through the report to find data aggregated at the state-level, by county, gender, Hawaii-specific race/ethnicity, and many other demographic variables. Data is available for many years and some reports include 3- and 5-year aggregates, which provide stable estimates when sample sizes are small. If you would like to return to the report later, you may save a PDF copy of the report for easy reference. Indicators in the HHM website are presented as visual images (e.g. dashboard indicators, arrows indicating improvement or decline, etc.) for ease of comparison and understanding. Current data is compared to national data when available, or to previous year state-level data. Where available, data is presented at the state as well as the county level.

We hope you enjoy the HP2020 tracking system for the State of Hawaii. Please visit often to look at new indicators, and review updated data for existing indicators. If you have comments, or would like to discuss any aspect of the report with us any further, please contact us at: [profiles@hhdw.org](mailto:profiles@hhdw.org)