2019 SURVEY RESULTS
HAWAII YOUTH RISK BEHAVIORS

HAWAII SCHOOL HEALTH SURVEY

The Hawaii School Health Survey is a joint project of the Hawaii Departments of Education (DOE) and Health (DOH) and the University of Hawaii’s Curriculum Research & Development Group. It is largely funded by the DOH Substance Abuse Block Grant. This publication was supported by Cooperative Agreement number NU87PS004309, funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.

The results are representative of the 42,880 regular public high school students across the state of Hawaii and the 29,050 Honolulu County public high school students.

For more information on the Youth Risk Behavior Survey and state and national results visit www.cdc.gov/HealthyYouth/yrbs/index.htm.

HAWAII COUNTY PUBLIC HIGH SCHOOL REPORT

HONOLULU COUNTY

Of Honolulu County high school students who had an adult outside of school they could talk to about things that were important to them in the past 12 months.

67%

of Honolulu County high school students had an adult outside of school they could talk to about things that were important to them.

WEIGHT & NUTRITION

HONOLULU COUNTY HAWAII STATE U.S.

Had obesity (> 95 percentile BMI for age & sex) 13.3 17.3 14.2 16.4 15.5

Had overweight (≥ 85 but < 95 percentile BMI for age & sex) 14.0 14.6 14.2 14.4 16.1

Tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; smoking cigarettes; or skipping meals in the past 30 days 20.3 21.2 21.1 21.5 NA

Ate fruit or drank 100% fruit juices two or more times per day in the past 7 days 7.2 10.0 7.5 9.5 6.3

Did not eat fruit or drink 100% fruit juices in the past 7 days 13.0 14.1 13.1 13.6 11.9

Did not drink 100% fruit juices in the past 7 days 35.4 44.8 35.9 43.9 30.8

Ate vegetables three or more times in the past 7 days 11.6 12.7 11.8 13.0 14.0

Did not eat vegetables in the past 7 days 8.0 10.6 8.4 10.0 7.9

Drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days (not diet) 10.4 10.7 11.0 10.6 15.1

Did not drink a can, bottle, or glass of soda or pop in the past 7 days (not diet) 38.3 39.7 37.3 38.8 31.7

Drank a can, bottle, or glass of a juice drink one or more times per day in the past 7 days (not 100% fruit juice) 9.0 10.3 10.2 10.7 NA

Did not drink a can, bottle, or glass of a juice drink in the past 7 days (not 100% fruit juice) ∆ At breakfast on all 7 days in the past 7 days 35.5 37.3 34.2 35.9 NA

Did not eat breakfast in the past 7 days 14.3 16.0 14.1 16.0 16.7

Went hungry most of the time or almost always because they did not have enough food in their home in the past 30 days 6.0 6.7 6.7 6.6 NA

SOCIO-DEMOGRAPHICS

HONOLULU COUNTY HAWAII STATE U.S.

Females 50.4 48.1 50.6 48.0 49.4

Males 49.5 51.9 49.4 50.2 50.6

Gay, lesbian, or bisexual 11.5 10.1 11.2 10.3 11.2

Transgender * 3.1 1.8 3.1 1.7 NA

Race/Ethnicity (best description)

Native Hawaiian ∆ 9.4 3.7 10.0 6.4 26.1

Other Asian/Pacific Islander 20.4 21.7 23.8 25.6 NA

Hispanic/Latino * † 16.6 28.6 13.0 21.0 NA

Filipino 38.3 39.7 37.3 38.8 31.7

NA 13.8 14.3 15.3 14.8 51.2

Not asked 11.1 0.3 9.9 0.4 NA

Multiple races * 10.2 9.3 8.3 10.5 11.3

Honolulu County high school students felt sad or hopeless almost every day for two or more weeks in a row in the past 12 months.

1 in 3

Hawaii state and county results, including by sex, grade level, and race/ethnicity, can be obtained from www.hhdw.org.

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1/15/21

Statistically significant differences (p < 0.05) are displayed in bold. The following symbols are used to denote the specific comparisons that are statistically significant.

• Hawaii state 2017 and 2019

◊ Honolulu County and Hawaii state 2019

† Honolulu County 2017 and 2019

△ Hawaii state and U.S. 2019

NA Not asked
PROTECTIVE FACTORS

HONOLULU COUNTY  HAWAI’I STATE  U.S.


were sunburned one or more times

12.0  13.3  11.7  12.4  15.5

injury, poisoning, or overdose that

12 months

Made a plan about how they

suicide in the past 12 months •

From feeling hopeless, angry, or anxious)

reported having felt sad, empty,

they needed (among students who

•

never or rarely got the kind of help

tobacco, alcohol, or drug use in

family about the dangers of

parents or another adult in their

family)

parents or other adults in their

school they could talk to about things

they could talk to if they had a problem •

Had an adult outside of school they
could talk to about things that were important to them •

Described their grades in school as mostly A’s or B’s in the past

12 months •

Thought they probably or

definitely would complete a post

high school program such as a vocational training program,
military service, community college, or four-year college •

Mental Health & Suicide

HONOLULU COUNTY  HAWAI’I STATE  U.S.


purposely hurt themselves without

wanting to die in the past 12 months (such as cutting or burning) •

28.6  34.3  29.5  34.7  36.7

Felt sad or hopeless almost every

day for two or more weeks in a row so that they stopped doing

some usual activities in the past 12 months •

45.5  51.4  55.2  55.5  55.5

Never or rarely got the kind of help

they needed (among students who

reported having felt sad, empty,

hopeless, angry, or anxious) •

55.9  55.2  55.3  55.5  55.5

Seriously considered attempting

suicide in the past 12 months •

15.1  15.9  16.0  16.7  18.8

Made a plan about how they

would attempt suicide in the past 12 months •

13.3  13.8  13.8  14.6  15.7

Attempted suicide in the past 12 months •

9.5  9.9  10.0  10.5  8.9

Suicide attempt resulted in an

injury, poisoning, or overdose that

to have been treated by a doctor or

in the past 12 months •

2.1  2.9  2.4  3.2  2.5

INJURIES & VIOLENCE

HONOLULU COUNTY  HAWAI’I STATE  U.S.


Rode in a car driven by someone, incide

12 months •

18.8  19.1  20.6  21.5  NA

INJURIES & VIOLENCE cont.

HONOLULU COUNTY  HAWAI’I STATE  U.S.


Had sexual intercourse with four or

more persons (lifetime) •

14.3  17.6  27.4  27.7  27.5  27.8

Ever took prescription pain

medication (even a few sips) •

4.7  5.4  5.6  6.0  6.0

Drank alcohol or used drugs before

last sexual intercourse (among students who were currently sexually active) •

22.0  19.6  22.8  20.7  21.2

SEXUAL BEHAVIORS

HONOLULU COUNTY  HAWAI’I STATE  U.S.


ever had sexual intercourse •

25.5  27.7  34.7  34.9  34.9

Had sexual intercourse for the first

time before age 13 years •

2.8  2.9  2.4  2.9  2.9

Had sexual intercourse with four or

more persons (lifetime) •

5.8  5.6  6.0  6.0  6.0

Had sexual intercourse with at least

one person in the past 3 months (students who were currently sexually active) •

17.2  14.3  19.2  17.6  27.4

Used a condom during last sexual

intervene (among students who were currently sexually active) •

38.6  44.1  42.7  45.5  54.3

Drank alcohol or used drugs before

last sexual intercourse (among students who were currently sexually active) •

22.0  19.6  22.8  20.7  21.2

28% of Honolulu County high school students used an electronic vapor product in the past 30 days.