

Content Map

Behavioral Risk Factor Surveillance System (BRFSS)

This content map displays all 333 BRFSS indicators in HHDW.org, organized into the nine main categories and subcategories from the indicator selection page.



1. DEMOGRAPHICS
a. Age, Sex and Race/ethnicity <ul style="list-style-type: none"> BRFSS age group Sex Census race DOH race ethnicity Program race ethnicity Hispanic or Latino
b. Employment and Income <ul style="list-style-type: none"> Employment status Household income Household income expanded (2021+) Poverty level (2014+)
c. Geography <ul style="list-style-type: none"> County Island Community Primary care service area School complex
d. Sexual Identity and Orientation <ul style="list-style-type: none"> Sexual orientation Sexual orientation by sex Sexual or gender minority (2014+) Transgender (2014+)
e. Other <ul style="list-style-type: none"> Education level Marital status Housing - stand alone or multiunit Internet - used, past 30 days
2. ACCESS TO HEALTH CARE
a. Caregiving <ul style="list-style-type: none"> Caregiving - helped someone, past 30 days Caregiving - managed household tasks, past 30 days Caregiving - managed personal care, past 30 days Caregiving - main health problem of person receiving care (cat) Caregiving - person receiving care has dementia Caregiving - age of person receiving care (cat) Caregiving - relationship to person receiving care (cat) Caregiving - average hours per week providing assistance (cat) Caregiving - length of time providing care (cat) Caregiving - most needed support service not receiving (cat) Caregiving - expect to provide care, next two years
b. Insurance and Health Care Access <ul style="list-style-type: none"> Health Insurance - have coverage (2021+) Health Insurance - have coverage (18-64, 2021+) Health insurance - have coverage (2011-2020) Health insurance - have coverage (18-64) (2011-2020) Health insurance - type (2017-2020, cat) Health insurance - have Medicaid (2017-2020) Health care access - have a personal HCP (2021+) Health care access - have personal doctor (2011-2020) Health care access - have a personal HCP (2021+, cat) Health care access - have personal doctor (2011-2020, cat) Health care access - no doctor visit due to cost, past 12 months HCP referred to community based services HCP arranged home health services Advance health care directive

3. CHRONIC DISEASES AND CONDITIONS
a. Arthritis <ul style="list-style-type: none"> Arthritis - prevalence Arthritis - limits activities Arthritis - affects work Arthritis - severe pain, past 30 days Arthritis - moderate or severe pain, past 30 days Arthritis - pain level, past 30 days (cat) Arthritis - self-management class, ever Arthritis - HCP suggested physical activity Arthritis - any physical activity Arthritis - fair or poor health Arthritis - with heart disease
b. Asthma <ul style="list-style-type: none"> Asthma - current prevalence Asthma - lifetime prevalence Asthma - adult asthma status (cat) Asthma - had flu vaccination, past 12 months (18-64) Asthma - had flu vaccination, past 12 months (65+)
c. Cancer <ul style="list-style-type: none"> Cancer - diagnosed with any type of cancer Cancer - diagnosed with cancer, not skin Cancer - diagnosed with non-melanoma skin cancer Cancer - diagnosed with skin cancer Cancer - number of different types (cat) Cancer - specific type (cat) Cancer - grouped type (cat) Cancer - age when diagnosed (cat) Cancer - 5 year survivor Cancer - treatment status (cat) Cancer - current cancer or treatment pain Cancer - pain status, amg those with pain (cat) Cancer - pain under control, amg those with pain Cancer - main doctor is cancer specialist Cancer - doctor who provides most health care (cat) Cancer - participated in a clinical trial Cancer - insurance paid for treatment Cancer - ever denied insurance Cancer - received written summary of all cancer treatments Cancer - follow up care instructions Cancer - received written follow up care instructions Cancer - survivorship care plan Cancer - survivors with an advance directive
d. Diabetes <ul style="list-style-type: none"> Diabetes - prevalence Diabetes - prediabetes prevalence Diabetes - prevalence (cat) Diabetes - blood sugar or diabetes test, past 3 years (35-70 and BMI>=25) (2022+) Diabetes - blood sugar or diabetes test, past 3 years (35-70, BMI 25+) Diabetes - diagnosed past 12 mo (18-84) Diabetes - age when told (cat) Diabetes - self-management plan, ever Diabetes - self-management plan (cat)
e. Heart Disease <ul style="list-style-type: none"> Coronary heart disease (CHD) prevalence Heart attack prevalence CHD or heart attack prevalence Stroke prevalence

3. CHRONIC DISEASES AND CONDITIONS (CONT.)
f. High Blood Pressure and Cholesterol <ul style="list-style-type: none"> HBP - high blood pressure prevalence HBP - taking medicine for high blood pressure HBP - advised to take BP at home HBP - self-management plan HBP - self-management plan (cat) Cholesterol - adults with high cholesterol Cholesterol - taking medicine for high blood cholesterol
g. Other Chronic Conditions <ul style="list-style-type: none"> Kidney disease - prevalence Kidney disease - with high blood pressure COPD - prevalence COPD - prevalence (45+) Chronic conditions - 1 or more Chronic conditions - 2 or more Chronic conditions - 3 or more Chronic conditions - 4 or more Chronic conditions - count (cat)
4. GENERAL HEALTH AND DISABILITY
a. Body Mass Index (BMI) <ul style="list-style-type: none"> BMI - status (cat) BMI - status (choose any one category) BMI - status expanded (cat) BMI - overweight or obese
b. Disability <ul style="list-style-type: none"> Adults with at least one disability Adults with a visual disability Adults with an auditory disability Adults with an ambulatory disability Adults with an independent living disability Adults with a cognitive disability Adults with a self-care disability
c. Health Status <ul style="list-style-type: none"> Health - general health status (cat) Health - general health status (choose any one category) Health - two level status (cat) Health - poor hltb prevented activities, past 30 days (cat) Health - number of days physical bad, past 30 days (cat) Health - physical bad 6+ of past 30 days Health - physical bad 14+ of past 30 days Phys/mnt hltb bad past 30 days (cat)
5. HEALTH BEHAVIORS
a. Family Planning <ul style="list-style-type: none"> Family planning - any, last intercourse Family planning - method used (cat) Family planning - reason none used (cat)
b. Injury <ul style="list-style-type: none"> Fell - in the past 12 months (45+) Fell - injured, past 12 months (45+) Fell - treatment received, past 12 months (45+, cat) Spinal cord injury - ever had Spinal cord injury - disability status (cat) Traumatic brain injury - ever had Traumatic brain injury - disability status (cat)

5. HEALTH BEHAVIORS (CONT.)
b. Injury (cont.) <ul style="list-style-type: none"> Seat belt - always wear seat belt Seat belt - always wear seat belt (back seat) Seat belt - know Hawaii seat belt law Seat belt - seen or heard seat belt back seat msg
c. Intimate Partner Violence (IPV) <ul style="list-style-type: none"> IPV - unwanted sex, ever IPV - physical abuse, ever IPV - physical injuries, past 12 months
d. Nutrition <ul style="list-style-type: none"> Daily frequency of total fruit consumption (cat) Daily frequency of total vegetable consumption (2017+, cat) Daily frequency of total fruit and vegetable consumption (2017+, cat) Soda - consumption per day (cat) Soda - consumption per week (cat) Sweetened drinks - consumption per day (cat) Sweetened drinks - consumption per week (cat) SSB - consumption per day (cat) SSB - consumption per week (cat)
e. Nutrition - Food Security <ul style="list-style-type: none"> Food security - food stamps or SNAP benefits Food security - can't afford balanced meals Food security - food didn't last Food security - received free food Food security - ate less, lack of money, past 12 months Food security - didn't eat, lack of money, past 12 months Food security - household adults cut or skipped meals, lack of money Food security - household adults cut or skipped meals, lack of money (freq, cat)
f. Physical Activity <ul style="list-style-type: none"> Physical activity - leisure time Physical activity - met muscle strengthening recommendations Physical activity - met aerobic and strengthening recommendations Physical activity - 150+ aerobic minutes per week Physical activity - 300+ aerobic minutes per week Physical activity - in neighborhood 1+ days, past 30 days Physical activity - in neighborhood 15+ days, past 30 days Physical activity - in neighborhood, past 30 days (cat) Physical activity - in neighborhood, past 30 days (choose any one category) Physical activity - neighborhood supports Physical activity - can swim Physical activity - ocean-based recreation Physical activity - swimming Physical activity - snorkeling Physical activity - surfing Physical activity - boogie board or body surfing Physical activity - paddle boarding Physical activity - free diving
g. Sexual Violence <ul style="list-style-type: none"> Sexual violence - attempted unwanted sex Sexual violence - unwanted sex Sexual violence - unwanted sex or attempted unwanted sex Sexual violence - relationship to unwanted/ attempted sex perpetrator (cat)
h. Sleep <ul style="list-style-type: none"> Sleep - 7+ hours, avg Sleep - average number of hours (cat)

cat = the variable type is categorical

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6. MENTAL HEALTH STATUS
a. Adverse Childhood Experiences (ACE) <ul style="list-style-type: none"> ACE - emotional abuse ACE - physical abuse ACE - sexual abuse ACE - domestic violence in household ACE - problem drinking or drug use in household ACE - mental illness in household ACE - parental separation or divorce ACE - incarcerated household member ACE - count (cat) ACE - problem drinking in household ACE - problem drug use in household ACE - ever forced to have sex ACE - ever touched sexually ACE - ever forced to touch someone sexually
b. Cognitive Decline <ul style="list-style-type: none"> Increased confusion or memory loss (45+) Increased confusion or memory loss - interfered with daily activities (45+) Increased confusion or memory loss - interfered with social activities (45+) Increased confusion or memory loss - need assistance daily activities (45+) Increased confusion, memory loss - get help for daily activities (45+) Increased confusion or memory loss - discussed with health care prof (45+)
c. Mental Health <ul style="list-style-type: none"> Depressive disorder Health - mental bad past 30 days (cat) Health - mental bad 6+ of past 30 days Health - mental bad 14+ of past 30 days
7. SCREENING AND PREVENTIVE SERVICES
a. Blood Cholesterol <ul style="list-style-type: none"> Cholesterol - time since last check (cat) Cholesterol - check in the last 5 yrs
b. Cancer Screening - General <ul style="list-style-type: none"> Colorectal screening - meets new guidelines (45-75) Colorectal screening - blood stool test in past year (50-75) CT or CAT scan - within the past yr (current/former smokers 50-80) Sunburn - at least one in past 12 months Sunburn - in past 12 months (cat) Sunburn - painful, 1+ times, in past 12 months Sunburn - painful, in past 12 months (cat) Cancer - family history Cancer - genetic counseling advised Cancer - genetic counseling among at risk
c. Cancer Screening - Sex-Specific <ul style="list-style-type: none"> Mammogram - last test (50-74, cat) Mammogram - within the past 2 yrs (50-74) Mammogram - had test (40+) Cervical cancer screening (21-65) Pap test - ever had (21-65) Pap test - within the past 3 yrs (21-65) HPV test - within the past 5 years (women 30-65) Prostate cancer risk - discussed with HCP (50-70) PSA test - discussed with health care professional (40+) PSA test - recommended by health care professional (40+) PSA test - main reason for last test (40+, cat) PSA test - last test (40+, cat) PSA test within past 2 yrs (40+)

7. SCREENING AND PREVENTIVE SERVICES (CONT.)
d. HIV Screening <ul style="list-style-type: none"> HIV - ever been tested (18-64) HIV - test within past 2 years (18-64) HIV - high risk situations (18-64)
e. Immunization and Preventive Health <ul style="list-style-type: none"> Preventive services - last checkup (cat) Preventive services - checkup within the past year Core preventive services - men (65+) (2020+) Core preventive services - women (65+) (2020+) Flu - had shot or spray in past 12 mos Flu - had shot or spray in past 12 mos (18-64) Flu - had shot or spray in past 12 mos (65+) Flu - place where immunization was received (cat) Pneumonia - ever had shot (65+) HPV - at least one vaccine (18-26) HPV - number of shots received (18-26, cat) HPV - number of shots received (18-49, cat) HPV - at least one vaccine (18-49) Hep B - received at least one vaccine Hep B - number of vaccines received (cat) Hep B - high risk of exposure Hep B - 3+ vaccines among at risk Shingles - ever received vaccine (50+) Tetanus - shot in past 10 years
f. Oral Health <ul style="list-style-type: none"> Oral health - visited dentist in the past year Oral health - last time visited dentist (cat) Oral health - number of teeth removed (cat) Oral health - at least one tooth removed Oral health - at least six teeth removed Oral health - all permanent teeth removed (45+) Oral health - all permanent teeth removed (65+)
8. SOCIAL DETERMINANTS OF HEALTH
a. Social Determinants of Health <ul style="list-style-type: none"> Housing insecurity, past 12 months Lack of reliable transportation, past 12 months
9. SUBSTANCE USE
a. Alcohol Use <ul style="list-style-type: none"> Alcohol - current drinking Alcohol - binge drinking Alcohol - heavy drinking Alcohol - heavy or binge drinking Alcohol - max number of drinks (cat) Alcohol - drinking and driving Alcohol - drink drive past 30 days (cat)
b. Marijuana <ul style="list-style-type: none"> Marijuana - current use Marijuana - frequent use Marijuana - how consumed - smoked Marijuana - how consumed - ate or drank Marijuana - how consumed - vaporized Marijuana - how consumed - dabbed Marijuana - method of use (cat) Marijuana - reason for use (cat)

9. SUBSTANCE USE (CONT.)
c. Prescription Medication <ul style="list-style-type: none"> Prescription meds - pain meds, past year Prescription meds - duration, among those who took meds (cat) Prescription meds - time since last use (cat) Prescription meds - pain meds left over, past year Prescription meds - disposition of left over pain meds (cat)
d. Tobacco Use - Prevalence <ul style="list-style-type: none"> Any tobacco - current use Cigarettes - current smoker Cigarettes - 3 level smoking status (cat) Cigarettes - 4 level smoking status (cat) Cigarettes - ever smoked 100+ cigarettes in life Cigarettes - usually smoke menthol E-cigarettes - ever use E-cigarettes - current use E-cigarettes - usually use menthol Cigarettes/e-cigarettes - current use Cigars - current use Cigars - 3 level smoking status (cat) Smokeless tobacco - current use Smokeless tobacco - 3 levels (cat) Cigarettes - among adults with depression Cigarettes - among adults with poor mental health Cigarettes - among heavy drinkers Cigarettes - among binge drinkers Cigarettes - among heavy or binge drinkers Cigarettes - among Native Hawaiians Cigarettes - among LGBT Cigarettes - among adults with LT HS education Cigarettes - among adults with low income Cigarettes - among the unemployed
e. Tobacco Use - Cessation and Second Hand Smoke (SHS) <ul style="list-style-type: none"> Cessation - stopped for day or more Cessation - how long since last smoked (cat) Cessation - stopped 6m to 1yr ago Cessation - asked by HCP about cigarette and tobacco use Cessation - advised by HCP to quit cigarette and tobacco use Cessation - used a proven method, past 12 months Cessation - used one-on-one counseling, past 12 months Cessation - used a program or support group, past 12 months Cessation - used a quitline, past 12 months Cessation - used patch, gum, or meds, past 12 months Cessation - without help, past 12 months Quitline - awareness SHS - in car with someone smoking, past 7 days (ns) SHS - someone smoked in home, past 7 days (ns) SHS - exposed in home or car, past 7 days (ns) SHS - rules inside home (cat)

cat = the variable type is categorical

Updated: March 2025
Page 2/2

Explore BRFSS data:
The BRFSS home page provides general information, data release notes, trend reports and fact sheets:
bit.ly/BRFSS_HHDW

The BRFSS indicator selection page allows you to explore each indicator and build your own queries:
bit.ly/BRFSS_Selection

For more information on an indicator, see the BRFSS Indicator Index:
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